

Press Release

Malaviya Mission Teacher Training Centre, Jamia Millia Islamia concludes its 6-Days Short Term Programme on Physiotherapy Education

New Delhi, March 5, 2026

The Malaviya Mission Teacher Training Centre, in collaboration with Centre for Physiotherapy and Rehabilitation Sciences, Jamia Millia Islamia successfully organized a 6 days Short-Term Programme (STP) on *Physiotherapy Education* from 18th to 24th February 2026. The programme aimed to strengthen academic capacity, enhance clinical competence, and promote research excellence among faculty members, and clinicians across the country. The Malaviya Mission Teacher Training Centre (MMTTC), Jamia Millia Islamia, since its inception is dedicated to enhancing faculty competencies through structured programs aligned with national higher education priorities. This time they successfully partnered with the Centre for Physiotherapy and Rehabilitation Sciences (CPRS), a premier academic and research Centre committed to excellence in physiotherapy education, research, and rehabilitation practice.

The Faculty Development Programme was coordinated under the joint leadership of Prof. Kulwinder Kaur, Honorary Director of the Malaviya Mission Teacher Training Centre (MMTTC) and the Centre for Comparative Religions and Civilizations and Prof. Zubia Veqar, Director, Centre for Physiotherapy and Rehabilitation Sciences (CPRS) along with extensive contributions by Dr. Saurabh Sharma, Associate Professor, CPRS. Their collective academic leadership, research expertise, and administrative guidance ensured the effective conceptualization, organization, and successful execution of the Faculty Development Programme, reflecting a shared commitment to academic excellence and professional advancement.

The programme began with the welcome address by Prof. Kulwinder Kaur, Honorary Director, MMTTC who introduced and thanked the Prof. Zubia Veqar, Hony. Director, Centre for Physiotherapy and Rehabilitation Sciences (CPRS) and Dr. Saurabh Sharma, Centre for Physiotherapy and Rehabilitation Sciences (CPRS), for accepting her invite to jointly coordinate the programme. Prof. Kaur, shared a profile of the participants and thanked them for choosing MMTTC, JMI to undertake this programme.

Over the span of six days, the programme saw enthusiastic participation from 123 participants representing across 10 Indian states, ranging from central and state institutions to deemed and private universities. The programme brought together

eminent academicians, public health experts, and medical professionals from leading institutions across the country.

The programme commenced with a formal inaugural session in which the organising committee welcomed distinguished speakers and participants from diverse academic and clinical backgrounds. The programme commenced with Dr Senthil Kumaran's lecture on Physiotherapy curriculum NCAHP perspective, emphasizing dynamic progress of the profession at large, followed by Dr. Supriya Awasthi discussing outcome-based and competency-focused education. The day continued with a practical session on EndNote and GraphPad in the afternoon by Dr. Tanya Ralli followed by a session by Mr. Vishav Sharma, explaining the publishing industry and strategies for publishing in high-impact journals. On Thursday, 19 February 2026, Mr. J.K.L Prasad an executive from ADInstrumentation covered exercise physiology testing followed by an insightful session by Dr. Shazia Veqar Siddiqui, who addressed depression, anxiety, and quality of life in the geriatric population. For the afternoon sessions Dr. Piyush Jain presented advances in Blood Flow Restriction Therapy a topic of much interest currently, and Prof. S. Raisuddin a well reputed toxicologist and academician elaborated on research design, ethics, proposal writing, and funding opportunities. The proceedings on Friday, 20 February 2026 began with a session exploring biostatistical considerations and use of SPSS, Systematic Reviews and Meta-Analysis led by Dr. Geeta Menon from Indian Council for Medical Research followed by Prof. Azra Abidi, Head of Department of Sociology, Jamia Millia Islamia who discussed the sociological context of clinical practice a topic of high contextual relevance. In the afternoon Dr. Gaurang Baxi from Centre for Health and Applied Knowledge and Research Autonomy, Nashik continued the program with a session on principles of assessment in health professions education. On Saturday, 21 February 2026 we had the pleasure of hosting Dr Abhinav Yadav Director of Clinical Services, Virginia, USA to deliver a demonstration-based session on latest developments in kinesiology taping applications. This was taken forward by Prof. Narsimman Swaminathan, from Oman who delivered a lecture on innovative teaching-learning strategies for physiotherapists. Further Dr. Apurv P. Shimpi highlighted the future of clinical assessments including workplace-based assessments and entrustable professional activities, and Dr. Vincent Paramanandam a post doc researcher at the University of Melbourne known for bringing accolades to the field delivered insights into palliative physiotherapy to conclude the day. The fifth day of the programme focused on advancing clinical knowledge and analytical competencies in physiotherapy, the morning session on 22 February featured a lecture on Advances in Cardiorespiratory Physiotherapy delivered by Dr. Maria Prakash Jiandani a stalwart in the profession and professor at Seth GS Medical College, Parel, followed by an engaging session on Pelvic Floor Dysfunction by Dr. Dhara. In addition, a mandatory MCQ assessment conducted at on 22nd February to evaluate participants' understanding of the concepts covered. The afternoon sessions continued with Role of AI in Health Sciences by Prof. Sarfaraz Masood, from Jamia Millia Islamia highlighting emerging technological integration in physiotherapy education and practice. The day concluded with EMG and NCV Analysis and its

Interpretation by Prof Nehal Shah, providing practical insights into electrophysiological assessment and clinical interpretation.

The last day of the program was dedicated to participant for evaluation through seminar presentations by Prof. Nikita Sonowal and Prof Suvarna Ganvir and a test comprising of multiple choice questions. Post-presentation academic sessions included Gait Analysis and its Interpretation by Mr. Siddharth Hans, followed by Quality Assurance in Physiotherapy by Dr. Ruchi Varshney, National Head of the Women Cell of Indian Association of Physiotherapists, emphasizing standards, accountability, and best practices in physiotherapy education and clinical services.

Over the course of the programme, participants engaged in a series of expert-led sessions covering key domains of physiotherapy education and practice. Prof Kulwinder Kaur and Prof Zubia Veqar interacted with the participants at conclusion to take feedback and ensure academic relevance, content delivery, and overall organization was met as per standards. The responses reflected high levels of satisfaction, with participants appreciating the comprehensive coverage of contemporary topics, practical demonstrations, and interactive sessions. Many highlighted the programme's relevance to teaching, clinical practice, and research, noting that it significantly enhanced their professional competencies and encouraged interdisciplinary learning. With this the program came to a successful conclusion through organised and constructive efforts of the entire team.

Prof. Saima Saeed
Chief Public Relations Officer

zoom Workplace

Participants

Find a participant

- AM Admin, MMTTC (Co-host, me)
- AM Admin, MMTTC (Host)
- Dr Senthil Kumar D (Co-host)
- ZV Zubia Veqar (Co-host)
- DS dr shama (Co-host)
- P Prof. Kulwinder Kaur, Director M... (Co-host)
- RK Raj Kumar
- SN Shishir Nigam
- JA 37 Ankit Kumar (PT)
- AR Ahmar Raza
- ankita malgudi
- A Ankush
- C Camy Bhagat
- Chirag Parmar
- Deepshikha Singh

Invite Mute all

zoom Workplace Meeting Siddharth Hans's screen

Zubia Veqar Admin, MMTTC Dr Saurabh Sha... Himani Siddharth Hans

Spatio-temporal parameters

Stance (% gait cycle)

69 % 31 %

56 % 44 %

Gait cycle variability = 0.0 %

Parameter	Right	Left	Reference Value
Single Limb Support	44%	31%	40%
Step Length	66 cm	74 cm	64 cm to 77 cm

22.9°

177.0°

90.8°

Participants

Find a participant

- AM Admin, MMTTC (Co-host, me)
- AM Admin, MMTTC (Host)
- Siddharth Hans (Co-host)
- ZV Zubia Veqar (Co-host)
- DN Dr Neha Gupta
- RV Rishika Yadav
- AB Aarushi ehatt
- AR Ahmar Raza
- A AMISHA
- AS Ankita Samuel
- AS Ankush Sharma
- AI Ashi's iPhone
- C Camy Bhagat
- CHAITALI SHAH
- CA CHHAVI ARORA SEHGAL

Invite Mute all

zoom Workplace

Participants

Q Find a participant

- AM Admin, MMTC (Co-host, me)
- AM Admin, MMTC (Host)
- DS Dr Saurabh Sharma
- KS Kavita Sudhakar
- BB Barnali Bhattacharjee
- DS Dr Shama
- DS dr shubham
- D Dr Divya
- J Joyal
- NC Neelam Chauhan
- P priyanshi
- SK Samardeep Kaur
- SM Shreya Mishra
- AB Aarushi Bhatt
- AG Aayushi Gupta

Invite Mute all

zoom Workplace Meeting Sana Rehman's screen

The Indian Association Of Physiotherapists | The Indian Association of Physiotherapist | www.physiotherapyindia.org

World Physiotherapy

Core Domains of Quality in Physiotherapy

Defining Quality in Physiotherapy Practice

- Patient rights and safety
- Ethical practice and governance
- Clinical effectiveness and documentation
- Informed consent, confidentiality
- Facility standards and infection control
- Continuous education and quality improvement

Participants

Q Find a participant

- AM Admin, MMTC (Co-host, me)
- AM Admin, MMTC (Host)
- SR Sana Rehman
- DR Dr Ruchi Varshney PT (Co-host)
- DS Dr Shama
- AB Aarushi Bhatt
- A Abhi Soni
- AR Ahmar Raza
- A AMISHA
- AS Ankita Samuel
- AS Ankush Sharma
- BN Baldev Negi
- BB Barnali Bhattacharjee
- C Camy Bhagat
- CHAITALI SHAH

Invite Mute all
