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Office of the Chief Public Relations Officer
Jamia Millia Islamia

Press Release

Report on BRICS Sustainable Lifestyle Week 2026 at the Begum Hazrat Mahal Girls' Hostel, Jamia Millia Islamia

New Delhi, November 9, 2026

Theme: One Week, Seven Actions, One Planet Under: Mission LiFE (Lifestyle for Environment)

The Begum Hazrat Mahal Girls' Hostel, Jamia Millia Islamia, today celebrated the BRICS Sustainable Lifestyle Week 2026 under the aegis of Mission LiFE, with the objective of creating awareness about sustainable living and encouraging environmentally responsible practices among students. The celebrations featured a series of engaging and awareness-oriented activities aimed at promoting the seven key actions of sustainable living.

The residents of the hostel were administered the Sustainability Pledge, wherein they pledged to adopt eco-friendly habits and make conscious choices towards protecting the environment. This was followed by a Plantation Drive, which encouraged students to reuse plastic bottles creatively by converting them into DIY planters. Saplings were provided free of cost, reinforcing the message of recycling, reusing and nurturing greenery.

A major highlight of the programme was the Debate Competition, in which the residents enthusiastically participated and presented their arguments on themes inspired by the BRICS Sustainable Lifestyle Week. The topics included adopting healthy lifestyles, saying no to single-use plastics, saving energy and water, adopting sustainable food systems, reducing e-waste and minimising waste. The competition provided a platform for students to express their views, exchange ideas and demonstrate their understanding of environmental sustainability.

The winners of the debate competition were announced by Dr. Meena Osmany, Officiating Provost, who appreciated the participants for their enthusiasm, confidence and thoughtful perspectives on environmental issues.

The programme concluded with the closing remarks by Dr. Farah Jamal Ansari, Non-Resident Warden, who highlighted the importance of incorporating sustainable practices into everyday life. She encouraged students to take individual responsibility for environmental conservation and to become active contributors towards building a greener and healthier planet.

The event was organised under the guidance of Prof. Sheema Aleem, Provost, with the support of the organising team comprising Dr. Meena Osmany, Dr. Farah Jamal Ansari, Dr. Hina Afreen and Dr. Iram along with the office staff and all committee members of Begum Hazrat Mahal Girls' Hostel.

The programme concluded on an inspiring note, reaffirming the collective commitment of the hostel community towards environmental sustainability. It successfully conveyed the message that small individual actions can lead to significant positive changes for the planet.

The event truly echoed its inspiring slogan: "Bring your bottle. Bring your voice. Grow the change."

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