

**Centre for Physiotherapy and Rehabilitation Sciences, Jamia Millia Islamia  
Celebrates World Physiotherapy Week**

New Delhi, September 9, 2025

Centre for Physiotherapy and Rehabilitation Sciences (CPRS), Jamia Millia Islamia (JMI), celebrated World Physiotherapy Week from 3<sup>rd</sup> September 2025 to 8<sup>th</sup> September 2025, with a series of academic, sports, and community outreach activities focusing on the theme of “Healthy Ageing: Preventing Falls and Frailty in Older Adults.”

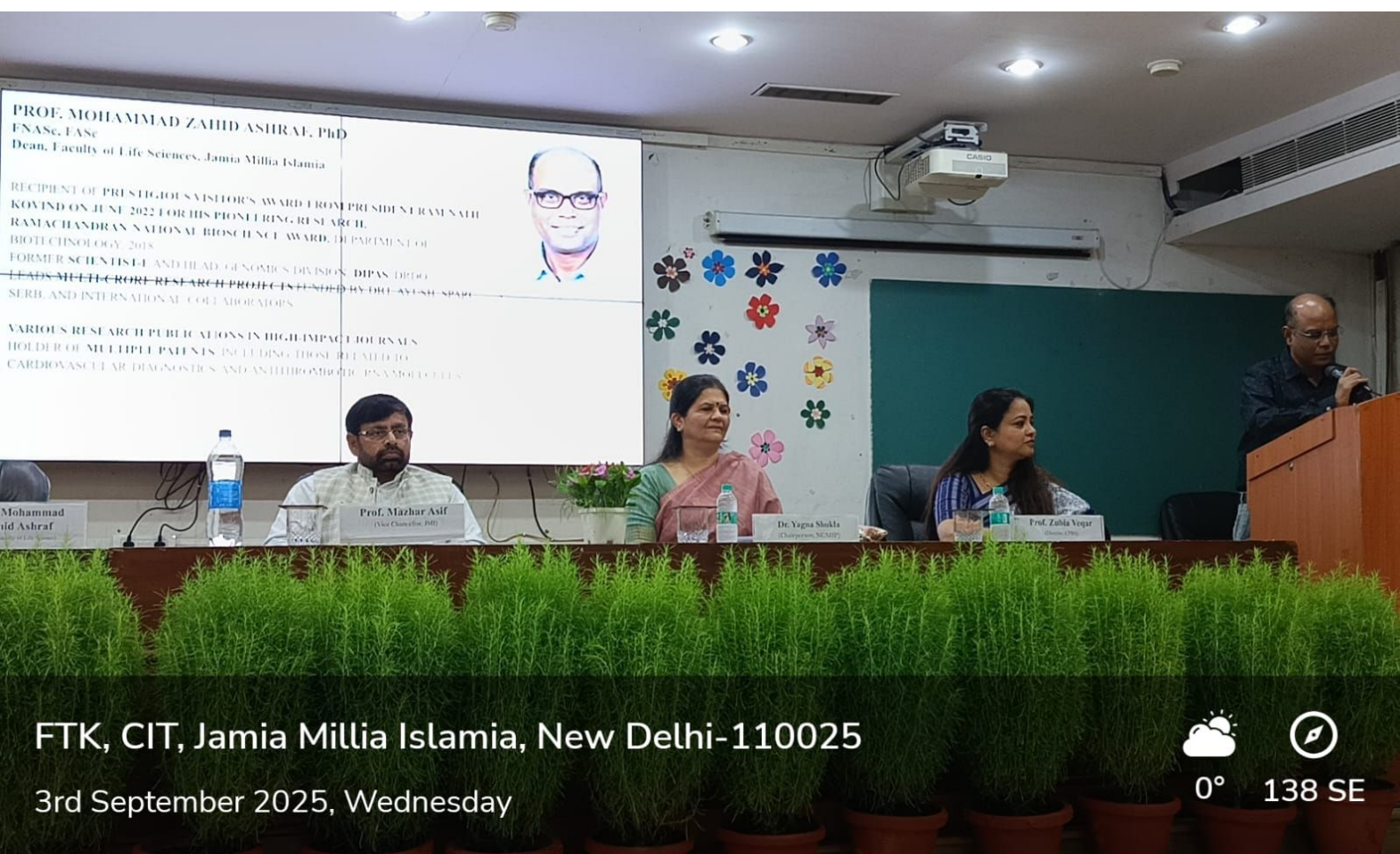
The week-long programme included seminars, sports events, physiotherapy camps, and cultural activities. As a part of the programme a seminar on “Healthy Ageing: Preventing Falls and Frailty in Older Adults” was held on 3<sup>rd</sup> September 2025 at the Centre for Information and Technology (CIT). The event was inaugurated by Prof. Mazhar Asif, Vice Chancellor of JMI, along with Prof. Dr. Yagna Shukla, Chairperson, National Commission for Allied and Healthcare Professions (NCAHP), and Prof. Zahid Ashraf, Dean, Faculty of Life Sciences. Distinguished speakers from AIIMS, New Delhi — Dr. Richa Mallick, Dr. Pooja Vijay Shevale, and Dr. Shivani Shailaja — delivered lectures on frailty management, physiotherapy interventions, and nutrition in ageing. Sports day was organised on 4<sup>th</sup> September 2025 to encourage physical activity and team spirit. Events included relay race, 400-metre race, 100-metre race, push-ups, volleyball, tug of war and many more. Students and faculty enthusiastically participated, highlighting the importance of exercise in maintaining strength and coordination.

On 6<sup>th</sup> September a Free Physiotherapy Camp was organised at Hope Project Charitable Trust, Basti Hazrat Nizamuddin, New Delhi. The camp aimed to bridge healthcare gaps by providing free physiotherapy consultations to the underprivileged community. Supported by an exemplary team of faculty, physiotherapists, and volunteers from final-year BPT and MPT programmes, the camp successfully catered to 138 patients, offering treatments for musculoskeletal and mobility issues.

A Free Physiotherapy Health Camp was also organised at the CPRS Clinic, JMI on the 4<sup>th</sup>, 6<sup>th</sup> and 8<sup>th</sup> of September 2025. Over the course of three days of the camp, a total of 110 patients availed free physiotherapy consultations, detailed clinical assessments, and personalised treatment advice. The camp was supervised by dedicated faculty members. The last day of the Physiotherapy Week on 8<sup>th</sup> September 2025 observed the photography competition where the students participated actively showcasing their photography skills. The judges of the competition included – Mr. William Chang.

The week-long celebrations concluded with a Valedictory Session graced by distinguished guests: Prof. Neelofer Afzal, Dean of Student Welfare and Professor, Department of Electronics & Communication Engineering, Prof. Mohammad Zahid Ashraf, Dean, Faculty of Life Sciences, Jamia Millia Islamia. Dr. Nihal Ashraf, Physiotherapist and Career Coach and Mr. J.K.L. Prasad, Business Development Manager, AD instruments delivered talks. The position holders in academics and winners of the various sports competitions were also awarded. The celebrations concluded on a positive note, promoting health, active living, and community engagement.

Prof. Saima Saeed  
Chief Public Relations Officer




FTK, CIT, Jamia Millia Islamia, New Delhi-110025

3rd September 2025, Wednesday





 GPS Map Camera

**New Delhi, Delhi, India**

H75m+mmq, Ghaffar Manzil Colony, Jamia Nagar, Okhla, New Delhi, Delhi 110025, India

Lat 28.559387° Long 77.284426°

03/09/2025 10:18 AM GMT +05:30





Centre for Physiotherapy and Rehabilitation Sciences,  
Jamia Millia Islamia, New Delhi-110025

8th September 2025, Monday

   
0° 127 SE





Centre for Physiotherapy and Rehabilitation Sciences,  
Jamia Millia Islamia, New Delhi-110025

8th September 2025, Monday



0° 139 SE



Centre for Physiotherapy and Rehabilitation Sciences

Jamia Millia Islamia, New Delhi



Organises

# PHOTOGRAPHY COMPETITION

on the occasion of Teacher's Day & World Physiotherapy Day

Date 8 September 2025

Venue: Centre For Physiotherapy & Rehabilitation Science

Supported By :

ADINSTRUMENTS

GailON

Teamnihalashraf

Centre for Physiotherapy and Rehabilitation Sciences,  
Jamia Millia Islamia, New Delhi-110025

8th September 2025, Monday



0°



111 E



## DR. ANAM ASEEM

Assistant Professor, DDU Kaushal Kendra, Jamia Millia Islamia

- Education
- BPT (Physiotherapy) – Jamia Millia Islamia
- MPT (Neurology) – Jamia Millia Islamia
- Ph.D. (Subsidiary) – Jamia Millia Islamia
- Key Research Areas
- 19+ Research Publications in neuroscience, cognition, and physiology
- Presented at National & International conferences
- Expertise in neurophysiology, EEG, ERP (P300), and neurocognition
- Recipient of Research Associate Fellowship under Cognitive Science Initiative

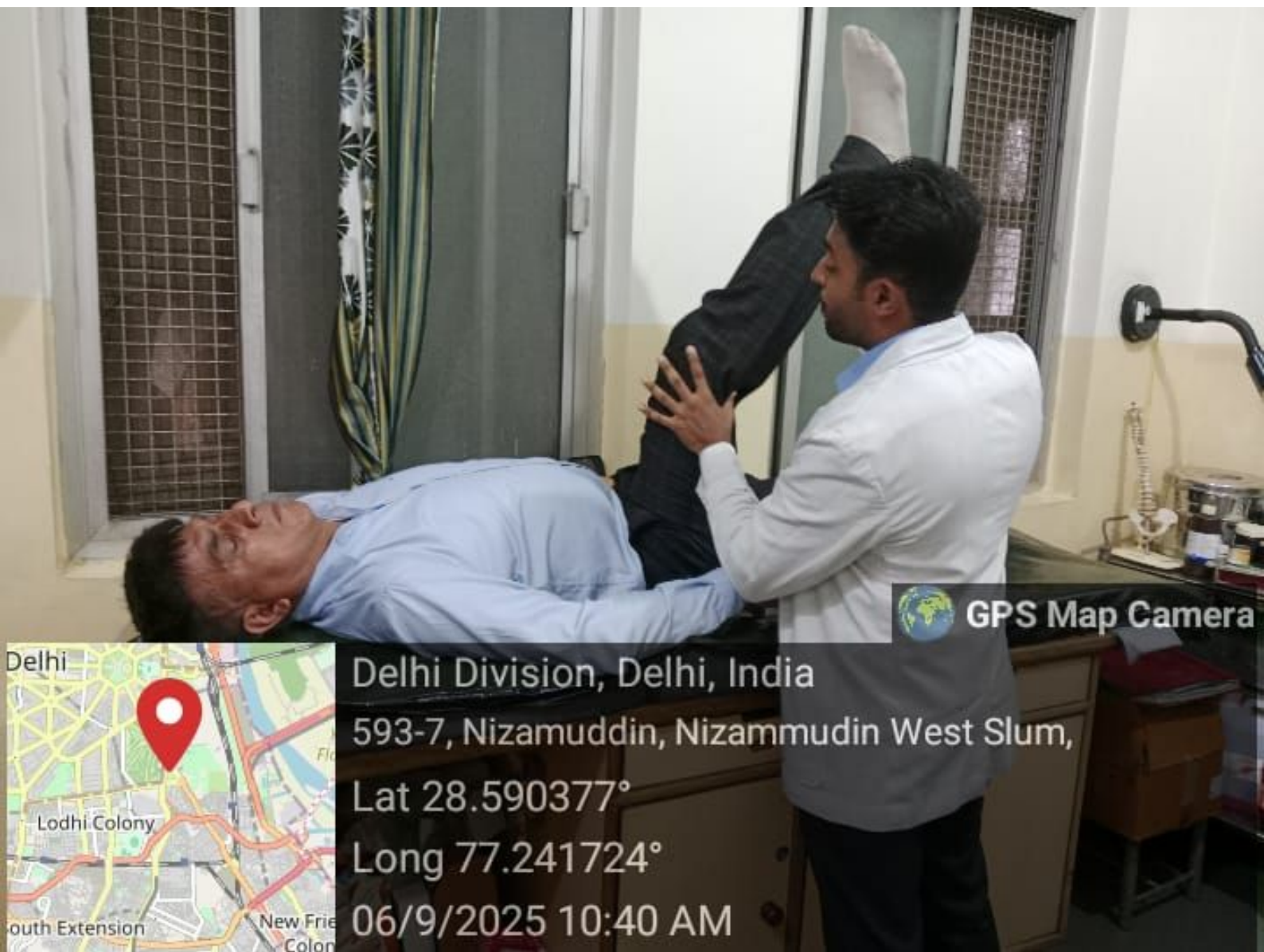


Centre for Physiotherapy and Rehabilitation Sciences,  
Jamia Millia Islamia, New Delhi-110025

8th September 2025, Monday

0° 96 E





GPS Map Camera



Delhi Division, Delhi, India

593-7, Nizamuddin, Nizammudin West Slum,

Lat 28.590377°

Long 77.241724°

06/9/2025 10:40 AM



CPRS Clinic, Jamia Millia Islamia, New Delhi-110025

4th September 2025, Thursday



0°



24 NE





Delhi Division, Delhi, India

593-7, Nizamuddin, Nizammudin West Slum,

Lat 28.590377°

Long 77.241724°

06/9/2025 12:14 PM









Sports complex, Jamia Millia Islamia, New  
Delhi-110025

4th September 2025, Thursday



0°



273 W



**First prize winner- photograph by Mansi  
Yadav**





**Second prize winner-  
photograph by Khushi**

**Saxena**

