

Office of the Chief Public Relations Officer  
Jamia Millia Islamia

Press Release

**Ansari Health Centre, Jamia Millia Islamia conducts a series of awareness camps, lectures and consultations as part of '*Swasth Naari, Sashakt Parivaar Abhiyan*'**

New Delhi, September 30, 2025

The Dr M.A. Ansari Health Centre at Jamia Millia Islamia (JMI) conducted several activities on 29th and 30th September, 2025 as part of the on-going initiative under the aegis of 'Swasth Naari, Sashakt Parivaar Abhiyan'. The 'Swasth Nari, Sashakt Parivar Abhiyaan' is a national health campaign in India, inaugurated by the Hon'ble Prime Minister Shri Narendra Modi, aimed at enhancing the health and nutrition of women and children. This extensive initiative encompasses reaching out to the public through broad health camps aimed at both preventive and curative care, emphasizing the early identification of non-communicable diseases such as cancer and anemia. Additionally, it promotes the health of mothers, children, and adolescents through services that include immunization and nutritional counselling.

A 'Blood Donation Camp' was held on September 30, 2025 at the Dr. M. A. Ansari Health Centre. Additionally, a public awareness lecture focusing on the 'Prevention of Cancers among Women' was presented by Dr. Charu Lata, a Gynecologist from Apollo Hospital and Dr. M A Ansari Health Centre, on the same day at 3 PM. A counselling session focused on Menstrual Hygiene Awareness was conducted, during which the Counsellor from the ICTC-Delhi State Aids Control Society (NACO) delivered an awareness lecture and demonstration for the women students on September 30, 2025, at 3:30 PM. A combined 'Awareness Lecture' and demonstration was conducted on the prevention of STDs and AIDS to raise awareness among female students, facilitated by the Counsellor from NACO. The paramedical personnel at the Ansari Health Centre conducted screenings for diabetes and hypertension among the women participating in the program.

Earlier, on the 29th of September, a demonstration was held regarding the free use of the Sanitary Pad Vending Machine. An Eye Check-up Camp was held for female students, during which Dr. Nidhi Sharma, an ophthalmic surgeon, conducted examinations.

A Homoeopathic Consultation camp, Unani Consultation camp, ENT Consultation camp, Gynaecology Consultation, Anemia Screening, and Blood Group Testing Camp were conducted on the 29th of September for female students and staff.

A camp for Anemia Screening and Blood Group Testing took place on the 30th of September, starting at 10 am, specifically for female students and employees. Iron tablets were provided to those who required them.

On the 29<sup>th</sup> and 30<sup>th</sup> of September 2025, female students and staff members were also vaccinated for Hepatitis B and Tetanus.

Prof. Saima Saeed  
Chief Public Relations Officer



GPS Map Camera

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1/38, Jamia Millia Islamia, Jamia Nagar, Okhla, New  
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