

Press Release

Jamia Millia Islamia in collaboration with the Medanta Foundation successfully organizes an interactive workshop on Breast Health Awareness and Self-Breast Examination

New Delhi, 23rd September, 2025

The University Cultural Committee, Office of the Dean Students' Welfare (DSW), Jamia Millia Islamia, in collaboration with the Medanta Foundation, successfully organised an interactive workshop on Breast Health Awareness and Self-Breast Examination (SBE) under the national campaign Swasth Nari Sashakt Parivar Abhiyaan. The workshop, titled "Aao Jaano Seekho", was designed to empower young women with essential knowledge and practical skills for the early detection of breast cancer.

Drawing attention to the GLOBOCAN 2022 report, which recorded nearly 192,000 new breast cancer cases in India with an age-standardised incidence rate of 26.6 per 100,000 women, the workshop underscored the urgent need for awareness, early detection, and preventive healthcare practices.

The event was organised under the guidance of Prof. Neelofer Afzal, Dean Students' Welfare. The programme began with inaugural remarks highlighting the importance of collective participation in building a culture of preventive healthcare. This was followed by the felicitation of Ms. Kausar Kidwai, CSR Head and AVP, Medanta Group, and Dr. Neeti Yadav, Senior Medical Officer, Breast and Onco-Surgery, by Prof. Neelofer Afzal.

A team from the Medanta Foundation led the interactive sessions, delivering valuable insights on breast health and the importance of timely diagnosis. Adding a hands-on component, demonstration of Self-Breast Examination using medical simulators was unique to the session.

Participants actively engaged in the practice session, gaining confidence in identifying simulated abnormalities.

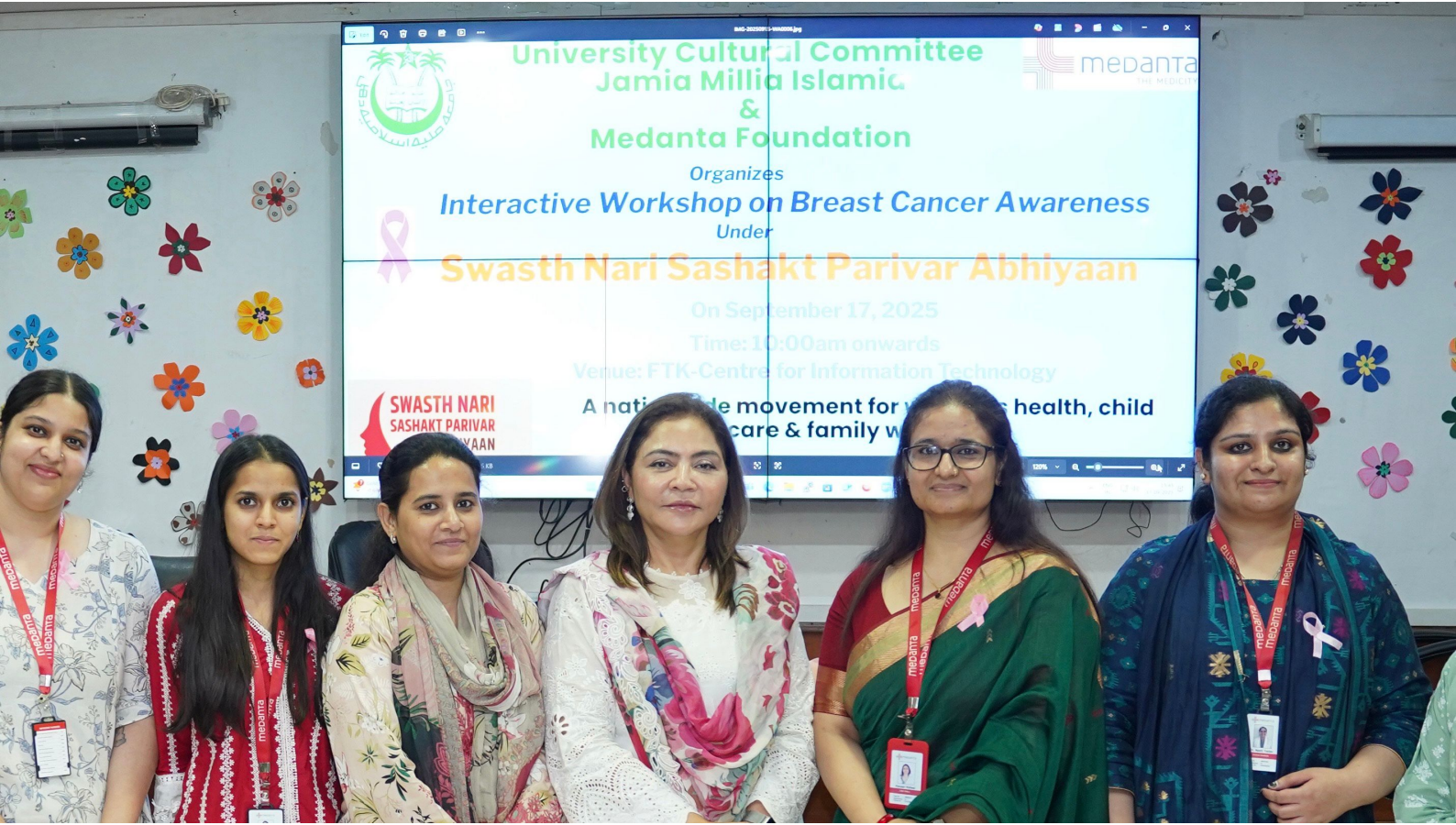
The workshop was conducted in two sessions —forenoon session at 10:00 AM and afternoon session at 2:00 PM — and witnessed the enthusiastic participation of more than 250 female students and staff members. Each session concluded with an interactive Question & Answer round, allowing participants to clarify doubts and engage in meaningful dialogue with the experts.

The program concluded with participants taking a collective pledge to perform monthly self-breast examinations, encourage peers and family members to do the same, and spread awareness about the significance of early detection.

The event ended with a vote of thanks delivered by Dr. Adila Parveen, Assistant Dean Students' Welfare, who expressed gratitude to the Medanta Foundation team, distinguished guests, and participants for making the workshop a meaningful success.

Through this initiative, JMI reaffirmed the commitment to promoting preventive healthcare, breaking stigma, and empowering communities towards healthier futures.

Prof. Saima Saeed
Chief Public Relations Officer





















**University Cultural Committee
Jamia Millia Islamia
&
Medanta Foundation**



Organizes

Interactive Workshop on Breast Cancer Awareness

Under



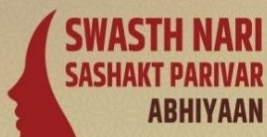
Swasth Nari Sashakt Parivar Abhiyaan

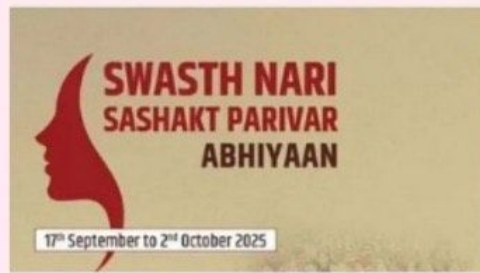
On September 17, 2025

Time: 10:00am onwards

Venue: FTK-Centre for Information Technology

**A nationwide movement for women's health, child
care & family well-being**





AAO JAANO SEEKHO

University Cultural Committee,
Office of Dean Students' Welfare,
Jamia Millia Islamia
in collaboration with Medanta Foundation



organises an interactive workshop on breast
health awareness!

Date: 17th Sep, 2025

Time: 2:00 pm onwards

**Venue: FTK-Centre for information and
Technology, JMI campus**

PFA registration link. All participants are requested to fill the link
before the work shop.

<https://tinyurl.com/bdfkqvpu>