

**Office of the  
Public Relations Officer-  
Media Coordinator  
Jamia Millia Islamia**

November 27, 2018

Press Release

**Three day self defence training program for girl students of JMI**

Three day self defence training workshop for girl students of JMI started today at the M.A.K. Pataudi Sports Complex. This workshop has been organised by the Office of Public Relations Officer-Media Coordinator, JMI in association with hindi daily Nav Bharat Times(NBT) and Delhi Police. Registrar JMI Mr. A. P Siddiqui(IPS) was the chief guest and Mr. Chinmoy Biswal(IPS), Deputy Commissioner of Police(DCP) South East District, New Delhi was special guest of the inaugural function. Prof. Iqtidar M. Khan, Director( Games &Sports), JMI, Mr. Jagdish Yadav,ACP, N.F.C and other police officers were also present during the inaugural function.

Marshal arts trained officers of Delhi Police are giving self-defence training under the Sashakti Scheme of Delhi Police to the girl students of JMI to empower them to ensure women safety.

Registrar, JMI Mr. A.P. Siddiqui while interacting with the girls told them that this training will not make them an expert to deal with all types of adverse situations but it will definitely increase their self confidence, physical and mental strength to face a particular situation.

During the three day workshop various techniques will be taught to the girls and important tips will be given to them on how to increase their stamina. Tips on how to defend and protect themselves in a particular situation will also be given during the workshop.

**Ahmad Azeem**  
PRO-Media Coordinator



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SELF DEFENCE PROGRAMME  
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## SELF DEFENCE PROGRAMME

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**NBT**  
नवभारत टाइम्स

Man in a green jacket and blue jeans, sitting on the far left of the stage.

Man in a khaki police uniform, sitting second from the left.

Man in a blue suit and red tie, sitting in the middle of the group.

Man in a white shirt and khaki pants, sitting second from the right.

Man in a khaki police uniform with a cap, sitting on the far right of the stage.





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