

March 13, 2024

Press Release

JMI's CSSEIP organises Lecture on "Our Role in Creating a Healthy Society"

The Centre for the Study of Social Exclusion and Inclusive Policy (CSSEIP), Jamia Millia Islamia (JMI) organised a thought-provoking lecture on the topic of "Our Role in Creating a Healthy Society" March 11, 2024 in the library of Centre. The lecture was delivered by esteemed speaker, Dr. Ziauddin Ahmad, Chairman Al-Hikmah Foundation, New Delhi. The programme was chaired by Professor Tanuja, Hony. Director, CSSEIP, JMI.

The program started with a welcome address given by Mr. Abu Faizan and the speaker Dr. Ziauddin Ahmad was felicitated with a sapling presented by Prof. Tanuja, Hony Director, CSSEIP, JMI. Dr. Arvind Kumar, Assistant Professor, CSSEIP, JMI, meticulously moderated the session, ensuring a seamless flow of ideas and perspectives. His expertise added depth to the discussion, enriching the overall experience for participants.

Dr. Ahmad in his lecture shed light on the crucial role that individuals and communities play in fostering healthy lifestyles, encompassing physical, mental, and social well-being.

Dr. Ziauddin Ahmad, a prominent figure known for his contributions to education and social development, brought valuable insights to the forefront, emphasizing the significance of proactive engagement in promoting health and wellness. In addition to addressing the role of individuals in creating a healthy lifestyle, his insights underscore the pivotal role of education and knowledge in shaping individuals and communities, fostering personal growth, and contributing to the betterment of society. His emphasis on the importance of education aligns with the broader understanding of education as a transformative force that empowers individuals, enriches societies, and paves the way for a brighter future.

Prof. Tanuja in her address following the lecture, emphasized on the importance of psychological health and the interconnectedness of mental, physical, and social well-being, aligning with the principles of the biopsychosocial model and the holistic approach to health and wellness.

The lecture provided a platform for attendees to delve into the multifaceted aspects of healthy living, addressing pertinent issues and exploring actionable strategies for creating a positive impact on personal and collective well-being. Dr. Ahmad's expertise

and engaging discourse captivated the audience, fostering a stimulating environment for meaningful dialogue and reflection.

The event garnered enthusiastic participation from students, faculty members, and members of the community, underscoring the relevance and timeline of the topic. The insightful discourse served as a catalyst for inspiring proactive initiatives and fostering a culture of holistic well-being within the JMI community and beyond.

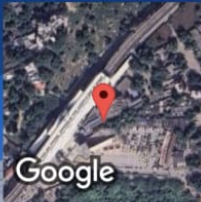
CSSEIP, JMI remains committed to facilitating meaningful dialogues and initiatives that contribute to social progress and inclusive development. The session ended with Vote of Thanks given by Dr. Masroor, Guest Faculty, CSSEIP, JMI.

Public Relations Office
Jamia Millia Islamia





 GPS Map Camera



Google

New Delhi, Delhi, India

Noam Chomsky, Maulana Mohammad Ali Jauhar Marg, Okhla, Friends Colony, H77P+5JR, Okhla Village, Okhla, New Delhi, Delhi 110025, India
Lat 28.563085°
Long 77.286643°
11/03/24 12:30 PM GMT +05:30



 GPS Map Camera



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Lat 28.563017°
Long 77.286512°
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CENTRE FOR THE STUDY OF SOCIAL EXCLUSION AND INCLUSIVE POLICY, JMI SUBJECT ASSOCIATION

ORGANISES
EXTENSION LECTURE

OUR ROLE IN CREATING HEALTHY SOCIETY

صحت مند معاشرے کی تشکیل
میں ہمارا کردار



**SPEAKER: DR ZIAUDDIN
AHMAD
CHAIRMAN, ALHIKMAH
FOUNDATION, NEW DELHI**

**DATE: 11TH MARCH 2024,
TIME: 11:30 AM
VENUE: LIBRARY, CSSEIP, GATE NO.19,
JMI**

**CHAIR: PROF. TANUJA, HONY DIRECTOR,
CSSEIP, JMI
STUDENT ADVISOR: DR ARVIND KUMAR, CSSEIP**

CO-ORDINATOR: DR BADRE AFSHAN, CSSEIP, JMI
