

Office of the  
Public Relations Officer  
Media Coordinator  
Jamia Millia Islamia

January 30, 2019

Press Release

**Expert from AIIMS delivered Lecture at JMI on Addiction Problem Among Youth**

University Counselling & Guidance Centre, Jamia Millia Islamia today organised a lecture on “Addiction Problem Among Youth”. Dr. Gauri Shankar Kaloiya of AIIMS was the speaker for this important session. Several teachers, administrative staff and around 100 students attended the program.

Speaking on the issue of growing drug abuse among adolescent and youth Dr Kaloiya said family members have a great role to play to control this problem. Usually parents and other elder members of the family do not realise their responsibilities. Adolescents try to follow the bad habits of the elder members of the family like smoking, drinking or other addiction. Youngsters see them as role models and try to emulate and become addicts. Growing gap between the parents and their children due to work engagements and more association of the children with the peers are also causing increased drug addiction.

Students who participated in the lecture asked a number of questions related to drug abuse to the speaker.

Prof. Naved Iqbal, Director, University Counselling & Guidance Centre, JMI said that the Centre is committed to create awareness about drug abuse or any other issues related to youth. The Centre organised the lecture in view of increasing problem of drug addiction in the society particularly in universities and colleges. Counselling sessions are also organized at the Centre regularly for the needy students in the university.

**Ahmad Azeem**  
PRO- Media Coordinator



  
**University Counseling & Guidance Centre,**  
Jamia Millia Islamia  
organizes a Lecture on  
**ADDICTION PROBLEM**  
**AMONG YOUTH**

**Termination/Exit**

- ◆ Relapse is highly unlikely
- ◆ New lifestyle is stable
- ◆ Precontemplating about returning to drug use







University Counseling & Guidance Centre,  
Jamia Millia Islamia  
Lecture on  
**STRESS MANAGEMENT**  
YOUR

Mir Anis





University of Jammu Training & Guidance Centre,  
Jammu  
PROBLEMS IN THE CITY

A woman wearing a dark green jacket and a black hijab stands on the far left of the group.

A man in a blue jacket and a grey scarf stands in the back row, second from the left.

A man wearing a blue and yellow striped sweater stands in the back row, third from the left.

A man in a beige sweater stands in the back row, fourth from the left.

A man in a blue blazer stands in the back row, fifth from the left.

A man in a grey blazer stands in the back row, sixth from the left.

A man in a maroon sweater stands in the back row, seventh from the left.

A woman in a white and black patterned jacket stands in the back row, eighth from the left.

A woman in a red top and white shawl stands in the back row, ninth from the left.

A woman in a black patterned dress with a red shawl stands in the back row, tenth from the left.

A man in a brown jacket stands in the back row, eleventh from the left.

A woman in a pink top and a blue patterned skirt stands on the far right of the group.

A man in a blue and black jacket is kneeling in the front row, first from the left.

A man in a black and yellow jacket is kneeling in the front row, second from the left.

A man in a red and black striped sweater is kneeling in the front row, third from the left.

A man in a brown and black plaid shirt is kneeling in the front row, fourth from the left.

A woman in a grey hoodie with 'USA-HI CALIFORNIA' is kneeling in the front row, fifth from the left.

A woman in a white hoodie is kneeling in the front row, sixth from the left.





University of Jeddah, Jeddah, Saudi Arabia  
Counseling & Guidance Centre, UoJ  
PROBLEM SOLVING CENTRE

Mir An

USA-H  
CALIFORNIA