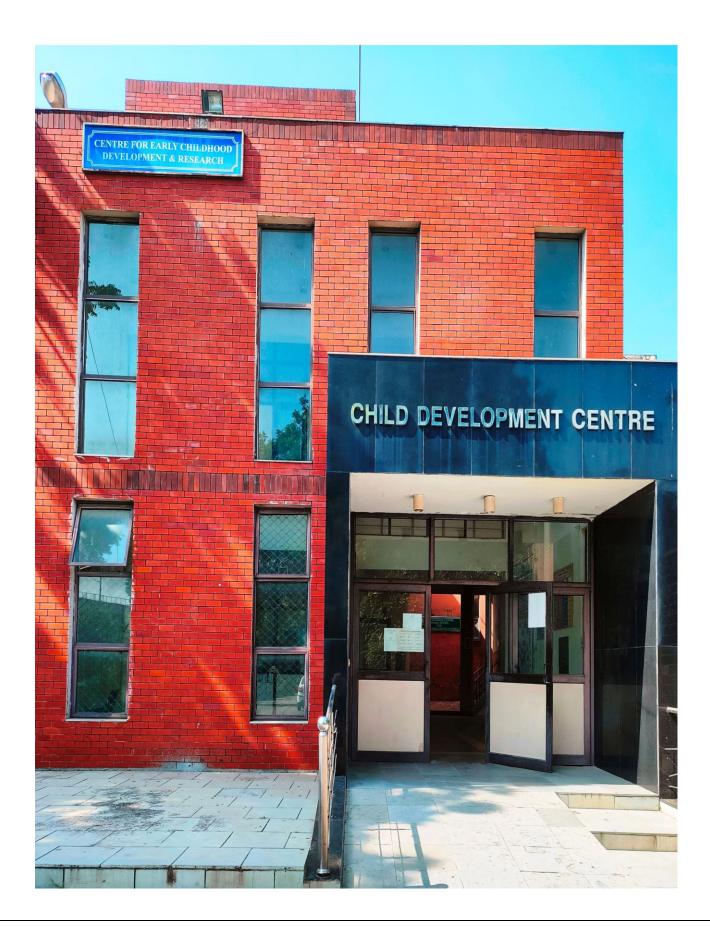


Under the Aegis Dr. Zakir Husain Memorial Welfare Society, JMI





Prof. Mazhar Asif (Vice Chancellor, J.M.I) President of Dr. Zakir Husain Memorial Welfare Society



Prof. Md. Mahtab Alam Rizvi Registrar J.M.I



Professor Sara Begum General Secretary of Dr. Zakir Husain Memorial Welfare Society



Mr. Naseem Ahmad Project Director, Child Guidance Centre Dr. Zakir Husain Memorial Welfare Society

# Message From The Project Director's Desk...

#### "We believe that disability is not inability—and together, we are building a world that embraces every child's potential!"

Since its inception, the Child Guidance Centre, under the aegis of Dr. Zakir Husain Memorial Welfare Society, has remained committed to fostering an inclusive and compassionate society. In line with the Rights of Persons with Disabilities Act, 2016, we strive to uphold the dignity, rights, and equal opportunities for all children with special needs. Our vision is to create an empowering environment where every child—regardless of ability—can thrive with confidence, independence, and self-respect.

We are devoted to the holistic development—physical, mental, emotional, and social—of children with disabilities. Through a multidisciplinary approach involving special education, physiotherapy, speech and occupational therapy, vocational training, and psychological counseling, we aim to nurture their unique potential and ensure their active participation in society.

We believe that inclusive education, accessibility, skill development, and social acceptance are not just goals but fundamental rights. Our school regularly organizes awareness programs, community outreach, workshops, and cultural events that integrate special children into mainstream society, reducing stigma and promoting equality.

Children enrolled at our institution are registered with national bodies like the National Institute for the Empowerment of Persons with Intellectual Disabilities (NIEPID), enabling them to access government schemes, UDID cards, and other entitlements.

Looking ahead, we are committed to:

- Strengthening early intervention and inclusive learning frameworks.
- Expanding facilities for children with autism, hearing impairment, and visual impairment.
- Building partnerships for assistive technology and adaptive learning tools.
- Ensuring 100% access to disability certification and welfare schemes.
- Promoting the employability of young adults with disabilities through life skills and vocational training.
- ✤ Advocating for policy implementation and rights awareness as per RPwD 2016.

At the Child Guidance Centre, we believe that disability is not inability—and together, we are building a world that embraces every child's potential.

CHILD GUIDANCE CENTER DR. ZAKIR HUSAIN MEMORIAL WELFARE SOCIETY, Jamia Millia Islamia, New Delhi – 110025

# **Contents**

- ♦ Introduction
  - ♦ Our Vision
    - ♦ Our Aim
  - ♦ Objectives
- Programs & Courses
  - ♦ Activities & Events
- Services We Provide
- ◆ Established Special Service Centre
  - Annual Report 2024-25
    - Meet Our Team
      - ♦ Contact Us

# Introduction

Child Guidance Centre has been running under the aegis of Dr. Zakir Husain Memorial Welfare Society since its establishment in 2003. The school for special children is located in the Jamia Senior Secondary School campus having the present strength of 70 students. This Special School caters to the needs of children with 'different' abilities and helps them to be more confident and live a life of normalcy, instilling a sense of social acceptance.

The students are assessed based on their I.Q. levels and are divided among various categories and each category is catered by specialized and trained experts in the field of special education, physiotherapy, psychological assessment, speech therapy, counseling, occupational therapy and educational assessment.

The different groups for assessment purposes are:

#### 1. Mild Retardation Group:

(I.Q. 50-69)

These children are educable. Different strategies, methods are adopted to teach these children.

Physical strengths are developed by special coaches and yoga teachers.

#### 2. Moderate Retardation Group: (I.Q. 35-49)

These children are trainable as they are not educable.

We provide them pre vocational training, like: crafts (jute bag, paper bags, pen holder making), painting, cooking etc.

#### Vision

"Dream is not what you see in sleep. It is something that does not let you sleep."

Realizing the above immortal lines by Dr. A.P.J Abdul Kalam, our vision is to help all the special children to realize their dreams to live a perfectly cheerful life at par with any independent individual, to enjoy all the blessings of nature and to be self-reliant with their heads held high.

# The UDID card is issued by the Department of Empowerment of Persons with Disabilities (DEPwD) under the Ministry of Social Justice and Empowerment, Govt. of India. State medical boards and local authorities help with disability assessment and card issuance.

Under the Rights of Persons with Disabilities (RPwD) Act, 2016, a Child Guidance Centre (CGC) or special school aims to ensure inclusive and equitable support for children with disabilities. The main aims and objectives aligned with the Act include:

#### Aims:

#### 1. Early Identification and Intervention

Detect and address developmental delays and disabilities at an early stage.

#### 2. Holistic Development

Promote cognitive, emotional, social, and physical development.

#### 3. Inclusive Education

Prepare children for integration into mainstream or inclusive settings where possible.

# **Objectives:**

#### 1. Assessment & Diagnosis

Provide psychological, educational, and therapeutic assessments.

#### 2. Individualized Education Plans (IEPs)

Develop customized learning programs based on each child's needs.

#### 3. Multidisciplinary Support

Offer services like special education, speech therapy, occupational therapy, counseling, and behavior management.

#### 4. Empowerment of Parents and Caregivers

Educate and involve families in the intervention process.

#### 5. Rights Protection

Ensure all services uphold the rights, dignity, and equality of children with disabilities as per **RPwD Act**.

#### 6. Capacity Building and Awareness

Train staff, parents, and the community to support children with disabilities effectively.

#### 7. Transition Planning

Support smooth transitions to inclusive education, vocational training, or independent living.

## **Programs/Courses**

## For non-educable group / Trainable Group:

#### 1. Good Manners:

Greet others Listen to teachers Don't disturb others etc.

#### 2. Self Help Skill:

Brushing Washing hands Dressing / undressing etc.

#### 3. Pre- Vocational Activities:

To follow commands To take care of belongings etc.

#### For Educable Group:

#### 1. Language Development:

Expressive and receptive language

#### 2. Reading Skills:

Naming the picture Recite the poem Reading simple words Reading complex words Reading sentences Reading paragraphs Identifying the numbers etc.

#### 3. Pre- writing Skills:

Free hand coloring Clay modeling Paper tearing and pasting Paper folding etc.

#### 4. Writing skills:

Write alphabets in English and Hindi Write numbers Write two/ three letter words Write simple sentences

#### 5. Pre- Mathematical skills:

Identify the shapes, size and numbers Concept of more / less, day/night etc.

#### 6. Mathematical skills:

Addition Subtraction Simple multiplication & division etc.

#### **Activities and Events**

Apart from academics, regular events, sports activities, painting competitions, picnics and plethora of other celebrations make these children live every moment of their life. Regular goody-bag picnics at India Gate are organized which are a fun-filled event for these children. Celebrations of Gandhi Jayanti, Independence-cum-Republic Days along with festivals like Christmas rejuvenate these souls.

#### Various activities at CGC are:

1- Yoga and Exercises to keep the students physically fit.

#### 2- Teaching through Audio-Visual aids through T.V, C.D. and Music System

#### 3- Play activities (Indoor-cum-outdoor):

Child Guidance Centre has always endeavored to initiate activities in diverse fields that foster and strengthen the abilities of special children. One such endeavor is the Inter School Sports Meet.

Sports meets are always a healthy athlete program. It is a comprehensive physical therapy in which a therapist assesses flexibility of hamstring, calf, shoulder rotator and hip flexor muscles, single leg stance and functional reach. These competitions provide information to the children's families and coaches about the importance as well as methods to improve flexibility, functional strength and balance in sports performance and activities of daily living.

#### The Athletic and Sports meet is designed to:

- 1. Assess flexibility, and improve functional strength and balance.
- 2. Educated participants, families and coaches about the importance of flexibility strength and balance.
- 3. Provide an opportunity for participants to learn about physical therapy.

## List of Games:

S. No.	Game	S. No.	Game
1.	Banana Race	9.	Bucketing the Ball
2.	Balloon Race	10.	Hoping Race
3.	Musical Chair	11.	Badminton
4.	Flat Race	12.	Cricket
5.	Frog Race	13.	Tunnel Race
6.	Walk Race	14.	Relay Race
7.	Bocce	15.	Joining the Race
8.	50 Mtr. Race	16.	Obstacle Race

- 4. Painting competitions provide a platform to portray thoughts and ideas on canvas. The masterpieces by these special children are a perfect amalgamation of various colors of life.
- 5. Vocational training program (bag making, pen holder, cooking etc) to highlight the creativity embedded deep inside the soul.
- 6. Picnic: To provide the most enjoyable and beneficial time in the life of children with special needs and helping them to bring into the social mainstream under conditions in which they are accepted, respected and given a chance to become more productive citizens, "Society For Child Development- Ministry of Social Justice and Empowerment" has been organizing an annual Goody Bag Picnic for the past eleven years. We are happy to see students having a wonderful time, making friends, sharing food, playing games and winning prizes.
- 7. Joy of Giving Week: The Joy of giving week is India's "Festival of Giving" launched in 2009. The festival is celebrated every year in the week including Gandhi Jayanti, i.e. 2nd to 8th October and brings Indians together all across the country and abroad to celebrate the pleasure of "GIVING". Joy of Giving Week brings smiles on the faces of hundreds of underprivileged children as celebrities spend quality time with them. It is a "Festival of Philanthropy" celebrated every year by engaging people through "acts of giving" money, time, resources and skills, spanning corporate, N.G.O. s, schools, colleges and the general public.
- 8. Festival celebrations and Cultural activities

A host of festivals are celebrated on school campus to make the children aware of the concepts of freedom and independence; to share the joy of Christmas and the glamour of Diwali; to enjoy the delicacies of Eid and to walk on the paths trodden by great leaders.

# Services offered

#### Child Guidance Center offers a host of services like:

- ◆ I.Q. Assessment: Students are assessed by a trained psychologist and are enrolled either under the Mild or the Moderate category depending upon the status of mental retardation.
- Behavior Modification Programs: Several behavioral issues of special children are addressed by classroom and home-based programs.
- Special Education: Academic classes for these children are conducted by special educators who are qualified and trained professionals. They mold the curriculum and lesson plan according to the IQ level of each individual for a better understanding.
- Speech therapy: Several sessions for speech therapy are provided by special instruments that help the students to develop their vocal skills.
- Counseling sessions: Several sessions of counseling are conducted to analyze the overall physical, mental and behavioral development of the students.
- Physiotherapy: Various physio activities are conducted to improve the fine motor skills of students who suffer from muscle, bones and nerves disorders.
- Vocational Training Program: Vocational training is provided to children above 18 years to make them self-dependent and reliant.
- Play therapy: Play therapy enables the students to identify shapes, colors and helps them to count and understand and implement basic logical operations. This therapy is provided at initial stages when students are not able to academically themselves Sustain.

#### <u>A Special Service Centre has been established at the Child Guidance Centre, now</u> <u>open to students from other institutions and residents of neighboring localities.</u>

S. No.	Game	Days	Timing
1.	Speech Therapy	Monday to Friday	10:00 a.m to 04.00 p.m
2.	Occupational Therapy	Monday to Friday	10:00 a.m to 04.00 p.m
3.	Physiotherapy.	Monday to Friday	10:00 a.m to 04.00 p.m
4.	Educational assessment.	Monday to Friday	10:00 a.m to 04.00 p.m
5.	Remedial Classes.	Monday to Friday	10:00 a.m to 04.00 p.m
6.	Psychological Assessment.	Monday to Friday	10:00 a.m to 04.00 p.m
7.	Behavioral Therapy.	Monday to Friday	10:00 a.m to 04.00 p.m
8.	Parents Counseling.	Monday to Friday	10:00 a.m to 04.00 p.m



# **CHILD GUIDANCE CENTRE**

# DR. ZAKIR HUSAIN MEMORIAL WELFARE SOCIETY

# Annual Report on Events and Festivals from April 2024 to March 2025

# Eid Celebration (22.04.2024)

The children were eagerly waiting for the Eid party ever since the date of Eid party was announced at the Child Guidance Centre. Children with special needs wore their Eid clothes on the occasion of Eid, brought various delicious dishes prepared at home and enjoyed them. Project Director Mr. Naseem Ahmed and all the staff enjoyed the Eid party with the children





# <u>Mother's Day</u> (13.05.2024)

Child Guidance Centre (CGC), under the aegis of the Dr. Zakir Husain Memorial Welfare Society, celebrates Mother's Day on 12<sup>th</sup> May every year. The event was enthusiastically celebrated on 13<sup>th</sup> May 2024 at 10:30 AM on the school premises under the guidance of Project Director Mr. Naseem Ahmed.

During the celebration, mothers of special children attended the event at the school. Project Director elaborated on the importance of the occasion and its significance in our society.

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# World Environment Day (05.06.2024)

World Environment Day was celebrated on 05<sup>th</sup> June 2024 at the Child Guidance Centre (CGC) under the aegis of the Dr. Zakir Husain Memorial Welfare Society, with the theme "Our Land, Our Future. We are Generation Restoration." The event commenced at 11:00 AM in the school premises' lawn, supervised by Project Director Mr. Naseem Ahmad.

During the ceremony, Principals from Jamia Schools planted saplings together with special children in the CGC lawn. The Project Director elaborated on the significance of the occasion and highlighted the adverse effects of deforestation on our environment.



# International Yoga Day (21.06.2024)

International Yoga Day was celebrated on 21<sup>st</sup> June 2024 at the Child Guidance Centre (CGC) under the aegis of the Dr. Zakir Husain Memorial Welfare Society, with the theme *"Yoga for Self and Society."* The program commenced at 11:00 AM within the school premises, under the guidance of Project Director Mr. Naseem Ahmed.

On this occasion, Project Director Mr. Naseem Ahmed led a yoga session for the staff and elucidated the significance of yoga practice.



# Dental Camp (24.07.2024)

A dental camp was successfully conducted on 24.07.2024 at Child Guidance Centre, under the supervision of Prof. Sara Begum, General Secretary of ZHMWS, at 10:00 a.m. The camp was organized by the Faculty of Dentistry (Jamia Millia Islamia) in which a total of 125 people including students, their families, teaching and non-teaching staff were provided free dental check-up and treatment and were also provided treatment cards. The aim of the camp was to promote oral health and hygiene among disabled children and in the community.

The session concluded at 1:00 PM with a vote of thanks to the dentists by Mr. Naseem Ahmed, Project Director of the Child Guidance Centre.







# Independence Day (15.08.2024)

On August 14, 2024, the Child Guidance Centre (CGC) J.M.I, under the Dr. Zakir Husain Memorial Welfare Society, celebrated India's 78<sup>th</sup> Independence Day with great enthusiasm. The event, led by Prof. Sara Begum (General Secretary of ZHMWS), was a heartfelt tribute to our nation's freedom.

Our Chief Guest, Mr. Munna Khalid, a Gold Medallist in the Para-Olympics held in Uganda, achieved remarkable success at the Uganda Para Badminton International Championship 2024. He won Gold in Singles, Silver in Doubles, and Bronze in Mixed Doubles. During the event, our special students from CGC, along with Prof. Sara Begum and Mr. Khalid, proudly hoisted the National Flag. The event also featured special guests including Mrs. Mumtaz, Mr. Iqbal, Mr. Musharraf Adil Siddiqui, and Mr. Firoz Khan, a Social Activist. The celebration continued with inspiring speeches from educators highlighting the significance of the day. Festivities included a range of activities, such as creative performances, patriotic songs, captivating group dances, and an engaging quiz.

The event concluded at 12:00 p.m. with a unifying rendition of the National Anthem. The atmosphere was filled with joy and camaraderie, and it ended gracefully with a heartfelt note of appreciation and thanks from Project Director Mr. Naseem Ahmad.







# <u>Raksha Bandhan</u> (19.08.2024)

The Child Guidance Centre (CGC), under the aegis of the Dr. Zakir Husain Memorial Welfare Society, celebrated Raksha Bandhan on August 19, 2024. The event took place at the Child Guidance Centre, guided by Mr. Naseem Ahmad, Project Director of CGC. Teachers explained the significance and purpose of Raksha Bandhan, and children with special needs participated in the celebration by tying Rakhis to each other. The children engaged enthusiastically and enjoyed the event. The program concluded at 11:30 a.m. with a vote of thanks by Mr. Naseem Ahmad.





# <u>Swachhta Pakhwada</u> (11 & 12.09.2024)

On September 11<sup>th</sup> &12<sup>th</sup> 2024, the Child Guidance Centre at JMI celebrated Swachhta Pakhwada with the theme "*Promoting Awareness about a Garbage-Free India,*" under the guidance of General Secretary Prof. Sara Begum. Project Director Mr. Naseem Ahmad provided an overview of the event, which aimed to educate students about the health risks associated with garbage pollution and emphasized the importance of cleanliness both at home and in the community. The discussions focused on personal responsibility in maintaining a clean environment, effective waste management, and the significant reduction of plastic use. A lot of emphasis was placed on avoiding plastic to help reduce environmental impact. The event underscored the centre's commitment to supporting the Swachhta Pakhwada and fostering a cleaner, more sustainable community. As part of the initiative, students actively participated in cleaning the school premises, and a cleaning workshop was also organized to further engage and educate participants.













# <u>Gandhi Jayanti</u> (01.10.2024)

Gandhi Jyanti was celebrated on 01<sup>st</sup> October 2024 at the Child Guidance Center under the aegis of Dr. Zakir Hussain Memorial Welfare Foundation, in which children dressed as Gandhi presented patriotic songs and poems based on Bapu's message of truth and non-violence. Which shows his deep understanding of his theory. Initiatives like this play an important role in inculcating Gandhi's values in the younger generation and ensuring that his legacy continues to inspire positive change in society.







# World Mental Health Day (10.10.2024)

Child Guidance Centre (CGC) under the aegis of Dr. Zakir Husain Memorial Welfare Society celebrated World Mental Health Day in Child Guidance Centre on 10<sup>th</sup> October 2024 under the supervision of **Prof. Sara Begum General Secretary of ZHMWS**. The theme for 2024 is "Mental Health at Work". Mental illness can cause disturbances in thinking, behaviour, energy, and emotions, making it difficult to cope with the demands of everyday life. The day celebrated behind the Child Guidance Center lawn Teachers explained the importance and rule of the activities to the participant, Children with Special Needs participated in various activities like: **100 meter race, T-shirts race, Frog race, and Toffee race, Pick the Balloon and Ball throw.** Children participated enthusiastically and enjoyed the event. An activity for parent's Ulta Pulta, where each parent of the child has to perform certain instruction given. All the teachers

All our activities were a timely reminder for the need for sporting activities in life. The programme concluded at 11:30 a.m by the vote of thanks by Mr. Naseem Ahmad (Director of CGC)







# **Global Hand-Washing Day and Cane Day** (15.10.2024)

The Child Guidance Center (CGC) enthusiastically celebrated both Global Hand-washing Day and Cane Day. On October 15, 2024, special needs students participated in hand-washing demonstrations, poster competitions, and interactive sessions to promote hygiene. Project Director, Mr. Naseem Ahmad, emphasized the importance of regular hand-washing in maintaining health and preventing illness.

CGC also observed Cane Day, focusing on increasing the independence of visually impaired students. Special Educators conducted sessions on white cane techniques, teaching students how to navigate safely, avoid obstacles, and improve spatial awareness. The activities included cane demonstrations, obstacle courses, and sensory integration exercises.

"Our goal is to empower visually impaired students with the essential skills for independent living," said the Director. Students shared their experiences, expressing newfound confidence in their mobility. Both events were highly successful, with active participation from students, special educators, and staff.







# International Day of Persons with Disabilities (03.12.2024)

The Child Guidance Centre (CGC), under the aegis of the Dr. Zakir Husain Memorial Welfare Society, celebrated the International Day of Persons with Disabilities (IDPD) on 03rd December 2024, at 11:00 a.m, on its premises. The event was supervised by Prof. Sara Begum, General Secretary of the Dr. Zakir Husain Memorial Welfare Society. The theme of IDPD 2024 was "Promoting Leadership of Persons with Disabilities for an Inclusive and Sustainable Future."

The program commenced with the recitation of Tilawat-e-Quran, after which Prof. Sara Begum warmly welcomed Prof. Mazhar Asif, Vice Chancellor of JMI; Prof. Mohammad Mehtab Alam Rizvi, Registrar; Prof. Naveed Jamal, Chief Proctor; and Prof. Rehan Khan Suri.

On this occasion, Prof. Veera Gupta, Prof. Bharti, and Assistant Professor Iram were the Guests of Honour. Each was presented with a potted plant as a token of appreciation and formally introduced to the audience. The Vice Chancellor of JMI delivered a motivating speech, encouraging the special children and emphasizing that they are equally capable and can achieve great success.

The children of the Child Guidance Centre performed a play titled Hunar, followed by a fancy dress program and a bag-pack race, which added joy and vibrancy to the celebration. This program was sponsored by Shikhar Organization. A highlight of the event was the inauguration of the Occupational Therapy and Physiotherapy Department by the Vice Chancellor of Jamia Millia Islamia.

The session concluded at 1:00 PM with a vote of thanks delivered by Mr. Naseem Ahmed, Project Director of the Child Guidance Centre.

















## <u>Christmas Day Celebration</u> (24.12.2024)

The Child Guidance Centre under the aegis Dr. Zakir Husain Memorial Welfare Society celebrated Christmas Day on 24<sup>th</sup> December 2024, with a heartwarming and vibrant program, bringing joy and excitement to all those in attendance. Under the supervision of Professor Sara Begum, the celebration featured a variety of activities showcasing the talents and creativity of the students. The event began with an engaging dance performance by the students, spreading the holy day spirit through lively movements and festive music. The students then took to the stage for a heartfelt sing-along, performing Christmas carols and songs that filled the air with the warmth of the season. The performances not only highlighted the artistic abilities of the children but also emphasized the values of togetherness and community.

In a memorable highlight of the program, Project Director Naseem Ahmad delivered a speech reflecting on the true meaning of Christmas—focusing on the themes of kindness, compassion, and the importance of giving. "Christmas is a time for love and sharing, and today we come together to celebrate the joy of the season," said Mr. Naseem Ahmad, inspiring the audience with a message of hope and unity.

Professor Sara Begum, who provided guidance throughout the event, expressed her pride in the students' efforts and accomplishments. "This celebration is a testament to the hard work and dedication of our students," she remarked. "It is wonderful to see how the spirit of Christmas has inspired creativity and camaraderie among them." The Christmas Day celebration at the Child Guidance Centre was not only an opportunity for students to showcase their talents but also a reminder of the importance of community and the shared values that bring people together during the holiday season.

The event concluded with refreshments and joyful conversations, leaving everyone in high spirits and reflecting on the meaningful connections forged throughout the year.





## Republic Day 2025

The Child Guidance Centre (CGC), under the aegis of the Dr. Zakir Husain Memorial Welfare Society (DZHMWS), celebrated India's Republic Day on 24<sup>th</sup> January 2025 at 11:00 AM in the school premises. The event was organized under the supervision of Prof. Sara Begum, General Secretary of DZHMWS, and Mr. Naseem Ahmad, Project Director of the Child Guidance Centre. On this occasion, Prof. Sara Begum and the Chief Guest, Mr. Naved Jamal, Chief Proctor of Jamia Millia Islamia, hoisted the National Flag while the National Anthem was played. The anthem was also performed in sign language, symbolizing inclusivity.

The event was attended by the "Children with Special Needs" enrolled in the Child Guidance Centre. A march-past by the students, holding the National Flag, marked the beginning of the celebration. Prof. Sara Begum and Mr. Naved Jamal delivered inspiring speeches, emphasizing the significance of Republic Day.

A paper-tearing and pasting activity, creatively representing the National Flag, was conducted, followed by soulful patriotic songs and a beautifully choreographed group dance performed by the students. Refreshments were distributed to all the attendees.

The programme concluded at 12:30 PM with the National Anthem and a vote of thanks delivered by Mr. Naseem Ahmad, Project Director Child Guidance Centre.





#### Establishment of psychological lab with advanced technology On 10.02.2025

Child Guidance Centre, JMI, The establishment of the psychological lab with advanced technology at the Child Guidance Centre brings numerous benefits for CWSN children, including:

- 1) Precise Assessments Advanced electronic devices ensure accurate diagnosis of cognitive and developmental challenges.
- 2) Targeted Interventions Personalized therapy and support plans based on data-driven insights.
- 3) Enhanced Cognitive Development Strengthening skills like memory, attention, problemsolving, and critical thinking.
- 4) Improved Learning Outcomes Technology-assisted strategies help children grasp concepts more effectively.
- 5) Early Detection & Support Identifies learning and behavioural challenges at an early stage for timely intervention.
- 6) Increased Engagement Interactive tools make therapy sessions more engaging and effective.
- 7) Parental Guidance Provides valuable insights to parents for better home support strategies. This initiative, made possible by the dedicated efforts of our General Secretary, marks a major step forward in special education and child development.





## Workshop on Earthquake Safety On 18.02.2025

On 18th February 2025, students of the senior section at the Child Guidance Centre, JMI, participated in a special earthquake safety training session. The Project Director and teachers guided the students on essential precautions, including staying calm, taking cover under sturdy furniture, avoiding elevators, and following emergency exit routes. A mock drill was also conducted for hands-on practice. Such training ensures that our students are well-prepared for emergencies.



## Picnic at (Sundar Nursery) (20.02.2025)

The Child Guidance Centre (CGC), under the Dr. Zakir Husain Memorial Welfare Society, organized a delightful picnic at **Sunder Nursery** on 20<sup>th</sup> February 2025. Held under the direction of **Prof. Sara Begum (General Secretary)** and led by **Project Director Mr. Naseem Ahmed**, the event was conducted in collaboration with Shikhar Organization, offering children a joyful outdoor learning experience.

Students enthusiastically participated in fun games, singing performances, and interactive activities, creating a lively and cheerful atmosphere. Parents also joined in, making the event more inclusive and memorable. The CGC staff ensured smooth coordination, with Mr. Naseem Ahmed overseeing the entire program.

Such initiatives play a vital role in enhancing the social, emotional, and cognitive development of children, especially those with special needs. The Child Guidance Centre remains committed to providing enriching experiences for its students.











### World Hearing Day Celebration (03.03.2025)

The Child Guidance Centre, under the aegis of Dr. Zakir Husain Memorial Welfare Society (ZHMWS), celebrated World Hearing Day on March 3<sup>rd</sup>, 2025, to raise awareness about hearing disabilities and promote inclusive education.

The event began with an insightful session by a **speech therapist**, who educated parents and teachers on the importance of **early intervention**, **speech therapy**, **and the use of hearing aids** for children with hearing impairments. Following this, Project Director Naseem Ahmad addressed the gathering, emphasizing the need for **inclusivity and accessible learning opportunities** for hearing-impaired individuals.

A major highlight of the event was the National Anthem (*Jana Gana Mana*) performed in sign language, showcasing the power of non-verbal communication and the importance of sign language in bridging the communication gap. To encourage creative expression, a poster-making competition was organized, where students designed impactful posters to spread awareness about hearing impairment. The winners were felicitated with certificates and prizes for their contributions.

The event concluded with a vote of thanks, leaving everyone inspired to support and empower hearing-impaired individuals for a more inclusive society.













# **Child Guidance Centre**



## <u>Neurodiversity Celebration Week & World Down Syndrome Day</u> (20.03.2025)

The Child Guidance Centre under the aegis Dr. Zakir Husain Memorial Welfare Society, JMI celebrated **Neurodiversity Celebration Week** and **World Down Syndrome Day on 20<sup>th</sup> March 2025**. The Child Guidance Centre at Jamia Millia Islamia (JMI), proudly commemorated Neurodiversity Celebration Week alongside World Down Syndrome Day with an impactful event aimed at promoting awareness, acceptance, and inclusion for individuals with diverse neurological conditions. The program featured interactive brain activities to engage participants, fostering an appreciation for different cognitive abilities. Innovative assistive devices were also introduced, showcasing technological advancements designed to empower individuals with special needs, promoting independence and accessibility. A comprehensive awareness session on Down syndrome provided valuable insights, emphasizing empathy, understanding, and the importance of creating an inclusive society.

The event brought together a team of dedicated professionals, including an occupational therapist, speech therapist, psychologist, physiotherapist, and special educator, who contributed their expertise to ensure a holistic approach to supporting children with special needs. The program concluded with a heartfelt Vote of Thanks delivered by Project Director Naseem Ahmad, who expressed gratitude to all participants and reiterated the Centre's unwavering commitment to empowering children with special needs. The event was organized under the guidance and inspiration of General Secretary, Professor Sara Begum, whose visionary leadership continues to drive the Centre's mission of fostering an inclusive and supportive environment for all children.



















## Roza Iftar Programme (26.03.2025)

The Roza Iftar Programme was organized on Wednesday, 26th March 2025, at the Child Guidance Centre, Jamia Millia Islamia (JMI) during the blessed month of Ramadan. The event marked the 25th fast (roza) and served as a heartwarming occasion of spiritual reflection, social harmony, and compassion.

The Child Guidance Centre, functioning under the aegis of Dr. Zakir Husain Memorial Welfare Society (DZHMWS), hosted the event with immense dedication and care. The programme was held under the direction of Professor Sara Begum, General Secretary of DZHMWS, and under the guidance of Mr. Naseem Ahmad, Project Director of CGC.

This special Iftar gathering was **organized in association with Human Welfare Foundation** and **sponsored by Ideal Relief Trust**, whose collaborative spirit and support played a vital role in the success of the event.

The programme was thoughtfully arranged for around 100 participants, which included: Special children of CGC, their parents, teaching and non-teaching staff of CGC. Esteemed guests Mr. Shariq Sir and Mr. Abdul Kareem Sir from Human Welfare Foundation also attended the event and shared their reflections, adding grace and encouragement to the evening.

The Iftar began at **6:30 PM**, in accordance with the Maghrib prayer. Participants broke their fast with dates and water, followed by a delicious and nourishing meal.

The programme highlighted the core values of **Ramadan – empathy, generosity, and unity** – and was a true example of community care and inclusive celebration. The involvement of all stakeholders made the event deeply meaningful.













#### Autism Awareness Month (09.04.2025)

The Child Guidance Centre, under the aegis of Dr. Zakir Husain Memorial Welfare Society (ZHMWS), observed Autism Awareness Month with a meaningful programme on 9th April 2025. The event aimed to foster awareness, empathy, and inclusion for children with Autism Spectrum Disorder (ASD). The day featured the screening of an educational short film to help parents identify early signs of autism, followed by an expert session with a psychologist, speech therapist, and special educator, who shared practical insights for supportive care.

A vibrant community rally brought together children with disabilities, their families, teachers, and therapists—spreading the message of inclusion through placards and informative pamphlets. Led by the visionary Professor Sara Begum and coordinated by Mr. Naseem Ahmad, Project Director, the event highlighted the power of community in building a more understanding and inclusive world for every child.

The programme concluded with a formal vote of thanks by Mr. Naseem Ahmad, who expressed heartfelt gratitude to the professional experts, staff, and families whose collaboration made the event a success.















## Meet Our Team

S. No.	Name	Designation
01.	Mr. Naseem Ahmad	Director
02.	Mr. Zahid Khan	Office In-charge
03.	Miss. KM Mariya	Special Educator
04.	Mrs. Farha Rahat	Special Educator
05.	Dr. Sahar Saeed	Psychologist
06.	Mrs. Salma Siddiqui	Speech Therapist
07.	Mr. Mohd. Gulfam	Care Taker
08.	Mrs. Gaura Devi	Peon
09.	Mrs. Noor Jahan	Helper
10.	Mr. Ramesh	Sweeper

## **Contact Us:**

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