

Presently: Professor & Head, Dept of Psychology Jamia Millia Islamia, New Delhi

## PUBLICATIONS

### BOOKS:

1. **Aleem S**, Bano S & Shahnawaz M G (2017): Health and Wellbeing Among Children and Youth in India, Excel India, ISBN: 978-93-86256-62-1
2. **Aleem S**, Suri S & Osmany M (2017): Interdisciplinary Perspectives on Health and Wellbeing, Excel India: ISBN: 978-93-86256-63-8
3. **Aleem S** (2016): Contours of Young Muslim Girls in India, LG Publishers, ISBN: 978-93-83723-17-1
4. **Aleem S** & Iqbal N (2016): Positive Vistas on Health and Wellbeing, Excel India, ISBN: 978-93-85777-34-9
5. Iqbal N & **Aleem S** (2016): Psychological Issues and Interventions in Health and Wellbeing, Excel India, ISBN: 978-93-85777-33-2
6. **Aleem S** & Iqbal N (2014): Perspectives on Health and Wellbeing in India, New Delhi, Excel, ISBN: 978-93-83842-93-3
7. **Aleem S** (2012): Theories of Personality, New Delhi, Pearson, ISBN: 978-81-317-7121-1

### PAPERS PUBLISHED IN JOURNALS

1. Juneja.A & **Aleem.S** (2023): The Impact of Parenting Style on Pediatric Dental Behavior and Anxiety in the Dental Operator, Journal of Dentistry for Children, 90(3), 158-163.
2. Goyal.H & **Aleem.S** (2023): Confirmatory Factor Analysis (CFA) And Psychometric Validation of Healthy Lifestyle and Personal Control Questionnaire in India, Indian Journal of Community Medicine,48, 430-435
3. Mujeeb.N and **Aleem.S** (2023): "Redefining Happiness and Well-being in the Present Life of the Post-Pandemic Era": An interpretative phenomenological analysis, International Journal of Novel Research and Development, 8(10)
4. Khan.S & **Aleem.S** (2022): Hidden Cost of Caring: Exploring Compassion Fatigue Among Mental Health Professionals Amid Covid-19 Crisis, International Journal of Food and Nutritional Science, ISSN;2319-1775
5. Walia.T,**Aleem.S** & Mujeeb.N (2022): Beyond The Physical Symptoms Of The Virus - A Phenomenological Analysis Of Vicarious Discrimination Faced By North-Easterns During COVID-19 Outbreak, International Journal of Food and Nutritional Science, ISSN;2319-1775
6. Parashar D & **Aleem S** (2022): Life Orientation, Life Satisfaction and Wellbeing among School Teachers during COVID Pandemic, Indian Journal of Positive Psychology, 13 (3), 216-221
7. Khan A, **Aleem S** & Walia T (2021): Happiness and Wellbeing among Generation X,

- Generation Y and Generation Z in Indian context, A Survey Study. *Indian Journal of Positive Psychology*, 12(1) 70-76
8. Thalanchery S, Khan S & Aleem S (2021): Parental Self Efficacy, Partner Support, Parent Support on Post-Partum Depression among First Time Mothers, *Juni Khayal Journal*, 11, 12
  9. Goyal H, Khan S, Aleem S & Verma R (2021): Meaning in Life as a Protective Factor for Psychological Distress during COVID 19 Outbreak in India, *Shodh Sanchar Bulletin*, 11, 41, 132-137
  10. Iqbal N, Radulescu A, Bains A & Aleem S (2019): An Interpretive Phenomenological Analysis of a Religious Conversion. *Journal of Religion and Health*, 58 (2)426-443
  11. Bains A & Aleem S (2019): Development of Facebook Identity Scale. *International Journal of Social Science Review*, 7.4.
  12. Bains A, Aleem S & Bhatnagar M (2019): A Transitional Journey: Exploring the Experiences of Transsexuals. *Research Review Journal*. 4.1.
  13. Bains A & Aleem S (2019): Tool Development of Uses and Gratification Scale, *International Journal of Social Science Review*, 7.3.
  14. Siddiqi N, Bains A, Mushtaq A & Aleem S (2018): Analysing Threads of Sexism in New Age Humour-A Content Analysis of Internet Memes, *Indian Journal of Social Research*, 59 (3) 355-367
  15. Kalia D & Aleem S (2017): Development of a Screening Tool to Identify Cyber Victims, *International Journal of Social Sciences Review*, 5 (4) 718-721
  16. Kalia D & Aleem S (2017): Cybervictimisation Among Adolescents: Examining the Role of Routine Activity Theory. *Journal of Psychosocial Research*. Vol 12, No 1 pp 223-232
  17. Aleem S (2016): Bullying Behaviour Among School Students- A Review, *Indian Journal of Health and Wellbeing*, Vol 7, Issue 10, October 2016, ISSN: P-2229-5356
  18. Kalia D & Aleem S (2016): Compulsive Hoarding and Caregiver Burden: A Review. *Delhi Psychiatry Journal*, Vol 19 No 1, April, pp 13-22
  19. Iqbal, N., Ahmad, M., Aleem, S. & Parveen, S. (2015). Expressed Emotion and Sensitivity to Criticism in Schizophrenic and Mood Disorder Patients. *The International Journal of Humanities & Social Studies*, 3(4), 108-115.
  20. Iqbal, N., Singh, A., & Aleem, S. (2015). Effect Of Dynamic Meditation on Mental Health. *Journal of Religion and Health*. DOI 10.1007/s10943-015-0082-x
  21. Iqbal, N., M. Ahmad, Wani, R.Y., Aleem, S. & Majeed, A.A. (2015). Anxiety, Depression and Psychological Wellbeing Among the Caregivers of Alzheimer's Disease Patients. *Indian Journal of Health and Wellbeing*, 6(4), 374-378.
  22. Iqbal, N., Ahmad, M., Zargar, S.R., & Aleem, S. (2015). Quality Of Life in Caregivers Of Heart, Cancer And Acquired Immunodeficiency Syndrome Patients. *Indian Journal of Health and Wellbeing*, 6(2), 120-126.
  23. Aleem S & Bano S (2014): Positive Affect and Social Harmony, *Indian Journal of Positive Psychology*, Vol 5 (2014) No: 3, pp317-321, ISSN 2229-4937
  24. Iqbal, N., Singh, A., Aleem, S. & Bano, S. (2014). Effects of Dynamic Meditation on Anxiety. *Indian Journal of Health and Wellbeing*, 5(8), 1-4.
  25. Iqbal, N., Ahmad, M., Aleem, S. & Mudgil, D. (2014). Psychological Disorders: Comparison Between Male and Female Experiencers and Non-Experiencers of Paranormal Phenomena. *Journal of Indian Health Psychology*, 9(1),79-91.
  26. Iqbal N, Sarfaraz A, Aleem S & Bano S (2014): Sense of Coherence, Social Support and Coping as Predictors of Post Traumatic Growth in Orphan Adolescents, *Indian Journal of Psychology and Mental Health*, Vol 8, No 1, ISSN: 0973-7286

27. Prakash, A., Aleem, S., Bano, S., & Iqbal, N. (2014). Psychological Hardiness & Spirituality Among Physically Challenged Adolescents. *Disabilities and Impairments*, 28(2), 95-105.
28. Iqbal, N., Singh, A., Aleem, S. & Bano, S. (2014). Effects of Dynamic Meditation on Anxiety. *Indian Journal of Health and Wellbeing*, 5(8), 1-4.
29. Singh G & Aleem S (2013): A Study of HIV Infected patients and Cancer Patients and Disease Free on Coping Mechanism, *International Journal of Stress Management and Allied Sciences*, Vol 2, Issue 1, ISSN: 2278-7771.
30. Firdos S & Aleem S (2013): Mental Health and Coping Strategies: A Study on Indian and International Students, *International Journal of Stress Management and Allied Sciences*, Vol 2, Issue 1, ISSN: 2278-7771.
31. Iqbal, N., Sarfaraz, A., Aleem, S. & Bano, S. (2013). Sense Of Coherence, Social Support And Coping As Predictors Of Posttraumatic Growth In Orphan Children. *Indian Journal of Positive Psychology*, 4 (3), 412-417.
32. Prakash, A., Aleem, S., Bano, S. & Iqbal, N. (2013). Stress And Psychological Hardiness Of Parents Of Physically Challenged Children. *Journal of Indian Health Psychology*, 8 (1), 103-113.
33. Bano S, Ahmad B, Khan F, Iqbal N, Aleem S (2013): Attachment Styles, Depression and Emotional Stability in Relation to Marital Satisfaction Among Couples, *Delhi Psychiatry Journal*, Vol 16, No 2, ISSN: 0971-9571
34. Iqbal N, Aleem S, Machiano & Zaidi M (2013): Post Traumatic Growth and Psychological Wellbeing in the Caregivers of Cancer, HIV Infection and Heart Patients, *Indian Journal of Psychology and Mental Health*, Vol 1, No 7, ISSN: 0973-7286
35. Aleem S, Iqbal N, Wani R Y, Ahmed K, Lian K N (2012): Depression, Stress and Suicide Ideation among Burmese Refugees in Delhi, *Indian Journal of Psychology and Mental Health*, 6, 1
36. Aleem S & Jahan U (2011): Religiosity and Depression Among Suicide Ideators and non-Ideators. *Journal of the Indian Academy of Applied Psychology*. July, 37,2
37. Aleem S, Saeed M & Iqbal N (2009): Social Support and Mental Health of HIV Positive Males and Females. *Human Behaviour, Journal of Applied Psychology*, 4 (1), 101-110.
38. Aleem S, Iqbal N, & Naheed R (2009): Gender Differences in Adjustment Among Physically Challenged Children. *Journal of Disabilities and Impairments*, 23(1), 43-50.
39. Aleem S & Danish L (2008): Marital Satisfaction and Anxiety among Single and Dual Career Women, *Journal of Indian Academy of Applied Psychology*, April, 34, 141-145
40. Aleem S, Iqbal N, & Naheed R (2008): Gender Differences in Emotional Maturity Among Physically Challenged Children. *Human Behaviour: Journal of Applied Psychology*, 3(1), 45-55.
41. Aleem S & Rastogi L (2007): "Self Esteem and Adjustment of Children with Learning Disabilities and Attention Deficit Hyperactive Disorder" *Journal of Disabilities and Impairment*, 21(2) 133-139
42. Iqbal N, Aleem S & Bhatnagar P (2006): "Gender Differences in Stress in Angina Pectoris and Myocardial Infarcted Patients", *Journal of Personality and Clinical Studies*, March-Sept, 22, 69-72
43. Aleem S (2005): "Emotional Stability Among College Youth" in *Journal of the Indian Academy of Applied Psychology*, Vol 31, No 1-2, 99-102

44. Hussain A & Aleem S (2004): "Health Behaviour among Single and Dual Career Women", Indian Journal of Psychological Issues, V (I&ii) 78-82
45. Kaur, R & Aleem S (2002): "A Study of Personality Characteristics and Academic Achievement in Relation to Birth Order", Journal of Research and Application in Clinical Psychology, V (i&ii), 81-84
46. Aleem, S & Hussain, A (1999): 'Correlates of Self-Esteem in Women of Various Menopausal Status'. Personality Study and Group Behaviour, 19.
47. Hussain A, & Aleem, S (1994): 'Social and Financial Support as Development Tasks for the Happy Living of Women Widowhood'. Journal Of Community Guidance And Research, 13 (2).
48. Aleem S & Hussain A (1993): 'Facial Attractiveness and Self-Rating Tasks', Journal of Personality Study and Group Behaviour, 10.
49. Aleem S & Hussain A (1993): 'A Study of Self Consciousness and Social Support Among Menopausal Women'. Journal of Community Guidance and Research, 10.
50. Aleem S (1992): 'Personality Disorders Among University Students'. Journal of The Indian Academy Of Applied Psychology, 18 (1) 1-2.
51. Maqbool S, Aleem S & Kaushik N (1992): "Role of Women in Peace Research". Journal Of Community Guidance & Research. 9 (1).
52. Aleem S & Nizami N (1990): "Social Intimacy Among Room Mates". Perspectives in Psychological Researches, 13 (2).
53. Hussain A & Aleem S (1990): "The Mate Selection Hypothesis-Opposites Of The Dissimilar Attract Each Other". International Journal of Behavioural Sciences, 10 (1-2).

#### **CHAPTERS IN EDITED BOOKS:**

1. Kalia D & Aleem S (2016): Children in Crisis: The Psychosocial Ramifications of the Syrian Civil War in Vashishtha P (ed) Early Childhood Development Knowledge Series - IV : Children in Difficult Circumstances, Global Books, pp 226-240, ISBN : 978-93-80570-99-0
2. Aleem, S. & Iqbal, N. (2014). Correlates Of Health Seeking Behavior: Issues And Challenges In A Globalised Environment in Sheema Aleem and Naved Iqbal (eds) "Perspectives on Health and Wellbeing in India" pp. 57-65, New Delhi: Excel India Publisher
3. Firdos S & Aleem S (2014): Spirituality and Forgiveness among College Students, pp 41-47 in Studies in Spiritual Psychology, Hussain et al (eds), Research India Press, 978-81-89131-88-3
4. Jaan U & Aleem S (2014) Spirituality and Values among Bank Employees, pp 166-176 in Studies in Spiritual Psychology, Hussain et al (eds), Research India Press, 978-81-89131-88-3
5. Aleem, S & Jaan U (2013): Study of Stress, Resilience and Reasons for Living in Adults with and without suicide Ideation, in Yadava & Sharma (eds) Suicide, Attitude and Prevention, New Delhi, Global Vision Publishing House, ISBN: 978-81-8220-583-3
6. Aleem S (2005): "Death Anxiety Among College Youth" in Health Psychology, edited by Rajbir Singh et al, New Delhi, Global Vision.
7. Meenai Z & Aleem S (2005): "Health Behaviour Change and Adaptation Through Communication", in Health Psychology, Rajbir Singh et al (eds), New Delhi, Global

Vision.

8. **Aleem S** (2003): “Quranic Paths for Managing Stress” in Akbar Hussain & Tabassum Rashid (eds), Stress Behaviour, The Coping Strategies, Vol 2, New Delhi, Friends
9. **Aleem, S** (1998): ‘Muslim Minority: Quest for their Survival against Communalism’ in Hussain MG (ed) Weaker Sections Of India, New Delhi, Manohar.
10. Hussain A, **Aleem, S** & Acharya, M.A (1997): ‘Comparative Study of Retired and Pre-Retired Elderly on Life Attitude Profile’ in Hussain MG (ed) Aged In India: Their Problems And Prospects, Manak.

#### **RESEARCH PROJECTS:**

1. Shastri Institutional Collaborative Research Grant (SICRG) awarded by the Shastri Indo Canadian Institute, 2019-2022 to conduct research on “Care Reforms in India: Operationalising the ‘Best Interest of the Child’ in the Child Protection Decision Making System” along with University of Calgary, Canada.
2. Research Project on “Young Muslim Girls in Delhi: A Study of their Identity and Aspirations”, 2011, sponsored by ICSSR

#### **COURSE MATERIAL**

1. **Aleem S**: Course Material for P G Diploma in Guidance and Counseling, on ‘Personality’ for Centre for Distance and Open Learning, Jamia Millia Islamia.

#### **PAPERS PRESENTED IN SEMINARS/CONFERENCES:**

#### **INTERNATIONAL SEMINARS/CONFERENCES:**

1. Aleem.S(2023): Perception of Gender Roles in the Career Decision Making and Occupational Choices of Muslim Women: A Thematic Analysis, Manoprabha- 2<sup>nd</sup> International Conference in Psychology, Shri Vaishnav Institute of Social Science, 1-2<sup>nd</sup> December.
2. Aleem.S(2023): Academic resilliance,cognitive flexibilioty and student emgagement among adolescent’s diagonosed with special learning disability, Manoprabha- 2nd International Conference in Psychology, Shri Vaishnav Institute of Social Science, 1-2nd December.
3. Aleem.S (2022): Redefining Happiness and Well Being After Lockdown Relaxations, Psychological Science and Well-being 2022, James Cook University, Singapore. 3rd-5th March
4. Aleem.S (2022): Phenomenological Analysis of the experiences of changes in the family dynamics and Family well-being due to Covid 19, Psychological Science and Well-being 2022, James Cook University, Singapore. 3rd-5th March.
5. Aleem.S (2022): Mediating role of social safeness on the relationship between parental warmth and fear of compassion, Psychological Science and Well-being 2022, James Cook University, Singapore, 3rd-5th March

6. Aleem.S (2021): Gender Role Perception Among Adolescent Females, International Congress of Psychology 2020+, Prague, 18th-23rd July
7. Aleem S (2014): Violence against Women, 3<sup>rd</sup> International Conference on Psychology and Allied Sciences, 25-27 September 2014, Amity Institute of Psychology and Allied Sciences.
8. Aleem S (2014): Spiritual Intelligence, Quality of Life and Organisational Commitment, International Conference on An Alternate Globalisation from the South, CMS, JMI, 19-20 September 2014.
9. Aleem S (2013): Stress and Psychological among Physically Challenged Children, International Conference on Early Childhood Development, CECDR, JMI, 21-22 March 2013
10. Aleem S (2012): Gender Differences in Perceived Stress and Resilience, International Conference on Applied Psychology, Punjab University Chandigarh, February 24-25
11. Aleem S (2010): 'Emotional Intelligence, Values and Stress among Male and Female Lawyers', paper presented at the International Conference on Mind, Culture and Human Activities: Psychological Sciences in 21<sup>st</sup> Century, JNU, New Delhi, December 12-15, 2010
12. Aleem S (2010): 'Positive Psychology at Work: Learning from the Truth and Reconciliation Commission of South Africa', paper presented at International Seminar on Positive Psychology, Amity Institute of Behavioural Sciences, Jaipur, July 2010

#### **NATIONAL SEMINARS/CONFERENCES:**

1. Aleem.S (2023): "Parenting styles and their influences on child's dental behaviour and anxiety in dental operator: a pilot study", 27th International and 58th National conference of IAAP psychology and technology: shaping the world, organized by Department of Psychology, University of Delhi, 15th-17th February, 2023
2. Aleem,S(2022): "Gender Roles and Mental Health: An interpretative Phenomenological Analysis of the experiences of married working Women", Developing New India: through science, social science, humanities and research, Indian Mental Health and Research Centre, Shia. P.G college, 29th-30th October,2022.
3. Aleem.S (2022): Beyond the physical symptoms of the virus- A phenomenological analysis of vicarious discrimination faced by north-easterns during covid-19 outbreak", Developing New India: through science, social science, humanities and research, Indian Mental Health and Research Centre, Shia. P.G college, 29th-30th October,2022.
4. Aleem.S (2022): The hidden cost of caring: Exploring Compassion fatigue among mental health professionals amid covid-19 crisis, Developing New India: through science, social science, humanities and research, Indian Mental Health and Research Centre, Shia. P.G college, 29th-30th October,2022.
5. Aleem. S (2021): Burnout and work life balance among medical professionals in Covid-19, 21st Century Opportunities and Challenges, Chaudhary Bansi Lal University, Bhiwani, Haryana, 20-21st November
6. Aleem. S (2021): Title Technostress, collegial support and computer self-efficacy among school teachers, National conference on Mental Health in an Unequal World,

- National Forensic Science University, Gandhi Nagar, Gujrat, 7th-8th October
7. Aleem. S (2021): Self-esteem and Well-being among adolescent after covid-19, 3rd International conference: health care & well-being: current trends and challenges. Indian Mental Health and Research Centre and Shia P.G college, 30-31ST October
  8. Aleem. S (2021): Readiness to learn, transactional distance and satisfaction among school students, international webinar organized by PG department of Psychology, Ansar women's college and department of education, Kerela University, 2nd September
  9. Aleem.S (2021): Qualitative Analysis on the impact of physically distanced but technologically connected workspaces, on individuals working from home, 47TH National Annual Conference of Indian Association of Clinical Psychologists, 28th-30th may
  10. Aleem. S (2021): Role of meaning in life in experiencing psychological distress during covid-19 outbreak in India, 30th Annual Convention of National Academy of Psychology, 19th-21 March
  11. Aleem S (2014): Evaluating Stress and Quality of Life of Parents having a Child with Developmental Disabilities, National Seminar on Health and Well Being, JMI, November 12-13, 2014
  12. Aleem S & Iqbal N (2014): Globalisation and Public Health, National Seminar on Health and Well Being, JMI, November 12-13, 2014
  13. Aleem S (2014): Media's role in Bringing Social change to Empower Women, National Seminar on Social Change in contemporary India: Psychological Dimensions and Social Response, Sri Aurobindo College, Univ of Delhi, 21-22 March
  14. Aleem S (2014): Media and Indian Women, National Seminar on Community and New Generation, Department of Psychology, Banwari Lal Jindal Suiwala College, Tosham (Bhiwani), 24<sup>th</sup> and 25<sup>th</sup> March
  15. Aleem S (2014): An Interpretative Phenomological Study of Experiences of victims of School Bullying, National Seminar on Social Change in Contemporary India: Psychological Dimensions and Social Response, Sri Aurobindo College, Univ of Delhi, 21-22 March
  16. Aleem S (2014): Gender Perspectives on Cybervictimisation, National Seminar on Social Change in contemporary India: Psychological Dimensions and Social Response, Sri Aurobindo College, Univ of Delhi, 21-22 March
  17. Aleem S (2014): An Interpretative Phenomological Study of Experiences of victims of School Bullying, National Seminar on Social Change in Contemporary India: Psychological Dimensions and Social Response, Sri Aurobindo College, Univ of Delhi, 21-22 March
  18. Aleem S (2013): Forgiveness: Learning from the Truth and Reconciliation Commission of South Africa, National Seminar on Spiritual Psychology, Dept of Psychology, UGC-SAP-DRS I, AMU, Aligarh, 23-25 March
  19. Aleem S (2012): Anxiety and Social Support among Elderly Persons, ICSSR Sponsored National Seminar on Senior Citizens: Problems and Perspectives- A Multi-Disciplinary Approach, Dept of Psychology, R G P G College, Meerut, 22-23 November
  20. Aleem S (2012): Emotional Wellbeing in relation to SES and Parenting Styles, ICSSR Sponsored National Seminar on Stress and its Management, INM P G College, Meerut, 20-21 November 2012
  21. Aleem S (2012): Post Traumatic Growth and Well Being Among Caregivers of Heart Patients, Cancer and HIV Patients, National Seminar on Psychological Interventions for Social Wellbeing, Dept of Psychology, D J College, CCS University, 27-28

September 2012

22. Aleem S (2012): Stress and Job Satisfaction among College Teachers, National Seminar on Emerging Issues in Work Stress and Well Being, JLN Govt College, Faridabad, 16-17 March
23. Aleem S (2012): Psychological Disorders: Paranormal Phenomenon, National Conference on Mental Health and Well Being: Recent Trends and Interventions, Dept of Psychology, Agra College, Agra, 6-7 February
24. Aleem S (2012): Women and Conflict: Implications for Future, National Conference on Vicissitudes of Violence, Dept of Psychology, IP College, Univ of Delhi, 16-17 January
25. Aleem S (2011): Psychological Problems among Sexually Abused Adolescents, ICSSR Sponsored National Seminar on Problems of Adolescents: A Current Perspective, Dept of Psychology, Meerut College, Meerut, CCS University, November 11-12,
26. Aleem S (2011): An Explanatory Study on Quality of Life and Personality Among the Internet Addicted Youth, paper presented at the National Seminar on Community Health Psychology: Research and Applications, March 26-27
27. Aleem S (2011): Anxiety and Depression in Type I and Type II Diabetes, paper presented at the National Seminar on Community Health Psychology: Research and Applications, March 26-27
28. Aleem S (2011): Balancing the Military World through Positive Psychology in the International Conference on Advances in Military Psychology: Soldier Preparedness, organized by DIPR, March 10-12, 2011
29. Aleem S (2010): 'Pro-Social Behaviour and Islamic Spirituality', paper presented at the National Seminar on Spiritual Psychology, Aligarh Muslim University, Aligarh, October 28-30
30. Aleem S (2010): 'Islam and Peaceful Coexistence' at the International Seminar on Peaceful Coexistence in Islam and Indian Religions organized by Al Mustafa International University, Iran, March 2010
31. Aleem S (2010): 'Masculinity, Aggression and Gender Based Violence' at the National Seminar on Aggression and Violence: Challenges for Social Well Being, Jamia Millia Islamia, March 17-18
32. Aleem S (2010): 'Well Being and Emotional Maturity among Muslim and Hindu Students' at the National Seminar on Aggression and Violence: Challenges for Social Well Being, Jamia Millia Islamia, March 17-18.
33. Aleem S (2010): "Menopause: Need for a Positive Intervention Strategy" at the National Seminar on Positive Psychology & Health: Interventions and Strategies, organized by MD University, Rohtak, March 2010
34. Aleem S (2010): "Women's Empowerment: A Psychological Perspective" at the National Seminar on 'Psychology: Trends and Directions', organized by BLJS College, Bhiwani, January 2010.
35. Aleem S (2010): "Ragging in Higher Education" at the National Seminar on Higher Education: Beyond Empty Promises organized by Govt College of Education, Bhiwani, February 2010
36. Aleem S (2006): "Status of Women in Islam" in the Symposium organized by Shaheed Mutahari Memorial Society and Jamia Cultural Committee,
37. Aleem S & Hussain M.G (1996): "Identity And Communalism In India", Paper presented at XIII Annual Conference, International Association of Cross Cultural Psychology, Montreal, Canada
38. Aleem S (1992): "Role of HRD Programmes for The Educational Advancement of Muslims", Paper presented at the Symposium on HRD for Minorities, AMU, Aligarh



### SPECIAL LECTURES:

1. 'Stressors among young persons - a cross-cultural perspective', lecture delivered at North Virginia Community College, Virginia, USA, March 2015
2. Role of Media: A Change in Female Perspective, 21-22 March 2014, National Seminar on Social Change in Contemporary India, Sri Aurobindo College
3. Media and Indian Women, National Seminar on Community and New Generation, Department of Psychology, Banwari Lal Jindal Suiwala College, Tosham (Bhiwani), 24<sup>th</sup> and 25<sup>th</sup> March, 2014
4. Anger Management in Training Programme for Service Officers in Counselling, at Defense Institute of Psychological Research, DRDO, Delhi, 17.12.13
5. Special Lecture on 'Freud and Psychoanalytic Techniques' at Aurobindo College, February 2010
6. Resource Person for 2 Week Training Programme for Madrasa Teachers on 'Child and Educational Psychology', Project on Capacity Building of Madrasa Teachers and Students, January 2009

### MEMBERSHIP OF LEARNED BODIES:

- Member, American Psychological Association (APA)
- Life Member, National Academy of Psychology (NAOP)
- Life Member, Indian Academy of Applied Psychology, Madras
- Life Member, Association of Clinical Psychologists (DACP)

### Ph D SUPERVISION:

| Awarded: |   |      |
|----------|---|------|
| 1        | Himani Goyal, Positive Psychological Variables and Health Behavior Practices among chronically ill patients   | 2024 |
| 2        | Rasheeqa Tabassum, Conflict Management Style, Organizational Climate and Mental Health Among Academic Staff   | 2024 |
| 3        | Apoorva Adhikary, Post Traumatic Growth, Mental Health, Social Support and Coping Styles Among the Survivors of Domestic Violence                       | 2023 |
| 4        | Divya Parashar, Effect of Mindfulness, Intervention on Well-being   | 2023 |
| 5        | Anjuman Bains, 'Self Esteem, Loneliness and Identity Development Among Facebook Users and non-Users'.   | 2020 |
| 6        | Sneha Mishra, Job embeddedness as the mediator of organizational identification, support and work-family balance with turnover intention                | 2019 |
| 7        | Pratibha Anand Singh, Impact of Cognitive Retraining (CR) on Intellectual functioning and Scholastic Ability of Below Average to Borderline IQ children | 2018 |
| 8        | Divya Kalia, 'Routine Activity Theory: Role of Target Suitability and Lack of Capable Guardianship in Cyber Victimization'                              | 2018 |
| 9        | Gobind Singh, 'Coping Mechanism, Suicidal Ideation, and Social Adjustment of HIV-Infected and Cancer Patients'  | 2015 |

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| 10 | Khizra Shibli, 'Self Esteem, Emotional Stability and Examination Anxiety among Senior Secondary School Students'           | 2014 |
| 11 | Ulfat Jaan, 'Stress, Resilience and Reasons for Living among Suicide Ideators and non-Ideators'.                           | 2013 |
| 12 | Shaista Parveen, 'Self Efficacy and Psychological Well Being among Single and Dual Career pre- and post-Menopausal Women'. | 2012 |
| 13 | Saba Firdaus Khan, 'Mental Health and Adjustment of Homemakers and Career Women having Male and Female Offsprings'         | 2012 |

#### **PROFESSIONAL ASSIGNMENTS:**

1. Head of the Department, Department of Psychology, Jamia Millia Islamia, 2022-Ongoing
2. Member, University Institutional Ethics Committee, Jamia Millia Islamia, 2021-Ongoing
3. Member, Board of Studies, Dept of Psychology, M D University, Rohtak, 2022-2024
4. Expert Member Psychologist, Interview Board for the recruitment in Indian Oil Corporation, 2017
5. Expert Member Psychologist, Interview Board for the recruitment in Indian Oil Corporation, 2016
6. Member, Ethics Committee, Hindustan Latex Family Planning Promotion Trust
7. Expert Member, Interview Board for the recruitment in the Paramilitary Forces, May 2009.
8. Nominated expert for the Special Juvenile Police Unit, CAW Cell, Delhi Police, May 2009.
9. Member, University Sexual Harassment Committee
10. Member, University Cultural Committee
11. Coordinator, University Debating Club
12. Assistant Proctor