### Dr. Rashmi Jain

# Assistant Professor

## Department of Social work

## Jamia Millia Islamia

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## Teaching /work experience

- Worked as Project Officer with Sanjivini Society for Mental Health, New Delhi in the area of *Crisis Intervention counselling*, Designing and conducting outreach programmes for promotion of mental health and prevention of disorders and documentation.
- Assistant Professor since November, 2012 in the Department of Social work, JMI [Earlier worked as Lecturer from 1999-2012 in the same Department].

#### Major duties included:

- ❖ Member Advisory group for international seminar on ''Globalization: Indian and Canadian experience'' in collaboration with York University, Canada.
- ❖ Member Advisory group for Self Enrichment Programme for Madrassa students under the Center for counselling and career guidance, JMI.
- ❖ Member Behavioural and Skill Laboratory Unit of the Department, JMI.
- ❖ Co-Director Field work and placements for the year 2005-06 and now again 2013-15 for Human Resource Management and Social Work Students.
- ❖ Co-Director Rural Camp for the year 2013.
- Supervision of BSW and MSW students for concurrent field work.
- Supervision of MA HRM/Social Work students for Block Fieldwork and Summer Internship
- ❖ Taught in the PG Diploma in the Management of NGOs of the Department paper titled 'Training and Development
- ❖ Taught various courses over the last 14 years in the Department including:

  Research Methods for HRM, Social case work and Group work, Medical and Psychiatric social work,

  Community work and social action, social science concepts for social work, programme competencies,

  Family Social work etc.

- ❖ Have been the *students' advisor* for all the students of the department.
- ❖ Was the 'Skills Lab' in charge in the Department of Social Work. Conducted and organized 2-Day workshops on Counselling skills, PLA, Project formulation for Semester I & II students pursuing Masters in Social Work.
- Organized extension lectures, talks and workshops for students on a variety of issues such as counselling skills, sexuality, communalism etc.

#### Other work in this Tenure:

- ❖ Certified Counselling Supervisor by GFATM-Round 7, Saksham Programme of Aditi Mahavidyalaya, Delhi University, Delhi, January, 2011.
- ❖ Certified Trainer in HIV/AIDS Counselling by NACO, 2004.
- Certified Trainer in Family and Marriage Counselling by Tata Institute of Social sciences, Mumbai, 2007.
- ❖ Developing and executing modules [along with colleagues in the Department] on Self Enrichment and Personality Development, for sessions with students in the University coming from Madrassa background.
- ❖ Have been doing outreach activities of the department and designing and conducting training programmes for counsellors and workers selected by the Central Social Welfare Board through 40 NGOs across 8 states of North India.
- Developed a training module in Hindi for a leading NGO in Delhi for training of Anganwadi workers in UP, 2004
- ❖ Took up sessions on Gender training ,adolescence, SHGs and recording for the NGO Katha Khazana, 2005-6

### **Additional Teaching Experience**

Worked as Guest teacher in the Dept. of social work, Delhi University [2000]

Worked as Assistant Professor, Aditi Mahavidyalaya, Delhi University, [July-November, 2012]

### **Strengths**

- ✓ Have been using innovative teaching methodology[s] such as role plays, case studies, demos, stories and discussions for class room teaching and learning which are seldom used in Social work schools.
- ✓ Worked on a pioneering theme for PhD. 'Skills in Social Work' which have so far not been identified and classified by anyone in India.
- ✓ Earlier have completed M.Phil on another pioneering theme 'Family Counselling' which has largely remained untouched by any Indian researcher.

- ✓ Have been engaging in person-centered counselling with students from different Departments of the University on referral by teachers, parents and self report.
- ✓ Designed & Conducted TOT of Counsellors & Office Bearers of FCCs, Short stay homes, WDCs And CICs of 8 states of Northern India through the Delhi Welfare Board and the CSWB between 2002-2007.
- ✓ Taken up sessions on Career Counselling with Students of DU colleges such as JDM, LSR etc.

#### **Educational Qualifications**

- ➤ PhD in Social Work, from Jamia Millia Islamia, with the title 'Assessment of skill development through Social Work education: A study of select institutions in India'
- Awarded the Degree of Master of Philosophy in Social Work from Delhi University titled 'Trends in family counselling service: A Study of select cases from the NCT of Delhi'
- Completed Masters in Social Work from Jamia Millia Islamia with Specialization in Social Welfare.
- > PG Diploma in Industrial Relations & Personnel Management, Bhartiya Vidya Bhavan.
- ➤ B.A. [Hons.] Sociology, from Delhi University.

#### **Papers Presented**

- Presented a paper titled: 'Social Work Education in India: From Adaptation to Indigenization' in the Social Work Parallel session of the XXXII Indian Social Science Congress on 19th December, 2008.
- Presented a paper titled 'Family counselling in India: Attempting a redefinition' at the National conference on Couples and Family systems, at NIMHANS, Bangalore, 2003.

### **Publications**

- 'Family Counselling in India: attempting a redefinition', [2007] *Perspectives in Social Work, Vol. 22 No2 August, Pages 12-21.*
- 'Social work Practice in India: from adaptation to indigenization'2013[under publication in 'Social Work Education' International Journal]
- Working on two articles one each on Minorities' issues and interventions and social work and counselling in the urban communities respectively.
- Recently submitted 3 course materials on Case work, Counselling for use by MSW Students of IGNOU.
- Have written one full course on 'Business Communication' for the ACDOL, Jamia Millia Islamia, 2012.

#### **Lectures Delivered**

- Conducted a full day session on counselling for Organ donation for Mohan Foundation, Chennai, April,
   2012.
- Conducted sessions on Discordant Couples for HIV /AIDS counsellors, January, March, & June, 2012,
- Conducted Session on 'Stages and process of Counselling' in the Induction Training Programme of GFATM, May, 2011.
- Session on Reproductive Health and Family Life education with Adolescent girls of Jamia School and Jamia neighbourhood, April, 2011
- Session facilitated on 'relationship building with people' with students of MA Social work, August, 2010
- Session facilitated on 'psychology for social work' with students of MA Social work, August, 2010
- Session facilitated on *Life Skills* with adolescent girls in Presentation Convent School through ASHI'S initiative on life skills' education in Delhi Schools, October, 2009.
- Co-organised the S.R. Mohsini Memorial Lecture on "Women as agents of change in contemporary India" by Dr. Syeda S. Hameed, 30<sup>th</sup> Oct, 2009.
- Panellist on Gender Discourse for a live discussion on Marital Rights of Women on Lok Sabha TV, August, 2009.
- Session facilitated on Self Awareness in the training program 'Capacity Building of Madrassa Students, sponsored by British High Commission on 17th Feb, 2009.
- Co-organised the S.R. Mohsini Memorial Lecture on "Judicial Activism and development" by Justice Rajendra Sacchar, 31st Oct, 2008.
- Training session facilitated on 'Categories of change feasible through the Counselling Process' in the Delhi Police Training programme organized by Dep't of Social Work, JMI and Delhi Police, 8th May, 2008.
- Training session facilitated on 'Learning to deal with our own Conflicts' in the *Delhi Police training Programme* organized by Dep't of Social Work, JMI and Delhi Police, 9th May, 2008.
- Training session facilitated on 'Case conferences as a learning tool in Counselling Process' in the *Delhi* Police training Programme organized by Dep't of Social Work, JMI and Delhi Police, 14th May, 2008.
- Training session facilitated on 'Field Work in Social Work' for B.A Social Work, Dep't of Social Work, 6th Aug, 2008.

- Training session facilitated on 'Self Awareness' in the Orientation Programme for MSW and M.A (HRM)', Dep't of Social Work, 9th Aug, 2008.
- Carried out Training of Counsellors attached with the VCTCs in Delhi on Counselling Process, dealing with non-communicative clients, tele- counselling etc through the use of role-plays, etc.2007
- Took up sessions on *Gender sensitization of senior police officers*, SHOs and Additional SHOs of Delhi for the Police Training Academy and the Crime against Women Cell. 2005-6
- Panellist in the one day seminar on the impact of the Domestic Violence Act on the process and experiences of victims for the Centre for Nehru Studies, JMI.
- Evaluated FCCs [Family Counselling Centres] for Delhi School of Social Work which was the Nodal Agency for Monitoring and Evaluation of FCCs in Delhi in 2000-2001

# **Current Consultancy/ Membership of Professional Bodies**

- Expert to DSACS for their selection committees.
- Coordinator B.A.Programme, Jamia Millia Islamia.
- Organizing member for BBVSS & DYAF's Initiative for Bihar Floods, 2008-11.
- Consultant to Amity School of Social Sciences for their Social Work Programme.
- On Panel of IGNOU for evaluations and unit writing for Masters in Social Work Programme.