



CURRICULUM VITAE

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Present Position: Professor in Psychology (Since 3rd October 2009)
Department of Psychology, Jamia Millia Islamia, New Delhi- 25

Previous positions in Jamia Millia Islamia:

Associate professor- 2006-2009
Reader - 2003-2006
Sr. Lecturer -1998-2003
Lecturer -1994-1998

Date of joining JMI: 03.10.1994

Educational Qualification

Master Hypnotist : California Hypnosis Institute- USA, 2007.

Ph.D.: : Aligarh Muslim University, Aligarh (INDIA) in 1998.

M.Phil. : Aligarh Muslim University, Aligarh (INDIA) in 1992.

M.A. : Meerut University, Meerut (INDIA) in 1988 with first Division

: Also qualified the national test for eligibility for lectureship (NET) Held in 1991(Dec.) conducted by the University Grants Commission (U.G.C.) INDIA.

Ph.D. Topic : Role of stressful life events, expressed and suppressed Anger in coronary heart disease and essential Hypertension

Teaching Experience: Twenty-nine years

Papers Taught: Abnormal Psychology, Psychopathology, General Psychology, Basic Psychological Process, Cognitive Psychology, Social Psychology, Applied Psychology, Counseling Psychology, General Experiments, and Psychological Testing.

Area of Specialization: Clinical & Health Psychology

Area of Interest: Child maltreatment, Spirituality, wellbeing, mental health, intervention studies, and Islamic perspective on psychology.

Other Contribution: Fieldwork Coordinator (Clinical area) from 2001 to 2004 and from 2007 to 2010, and 2012.

Research Supervision: Twenty-three students have completed their Ph.D. under my supervision. Supervised more than 100 students for M.A. research projects. Details of Ph.D. students:

S.No.	Name of Ph.D. student	Year	Topic
1.	Ashti Emran	2023	Silencing the Self and Depression: A test of a Theoretical Model.
2.	Supriya Srivastava	2022	Enhancing Well-Being through Gratitude Exercise: Examining the Role of Spirituality and Humility.
3.	Madiha Zaidi	2022	Psychological problems in relation to marital and employment status and violence against women.
4.	Anca Mihaela Radulescu	2022	Child Maltreatment and Psychological Disorders: The Moderating and Mediating Roles of Attachment.
5.	Irum Khan	2021	Schizotypal, dissociation, alexithymia, and childhood maltreatment in male and female sufferers of nightmares.
6.	Imtiyaz A. Dar	2021	Secondary traumatic stress and vicarious

			posttraumatic growth among healthcare professionals: Role of empathy and rumination.
7.	Anima Kumari	2019	Big five personality factors, character strengths and mental health: A comparative study of criminals and non-criminals.
8.	Sarah Alvi	2018	Psycho-Social factors and stages of smoking among adolescents.
9.	Mehfooz Ahmad	2016	Personality, cognitive processes, and social support as predictors of Post-traumatic growth among survivors of traumatic events.
10.	Aanchal Ahuja	2016	Behavioral problems, adjustment, and well-being among dyslexic children.
11.	Sramana Majumdar	2016	Moderating effect of mindset on aggression, emotion regulation, hope, and optimism among youth exposed to violence in Kashmir.
12.	Komal Manshani	2016	Happiness and well-being in the institutionalized elderly: An intervention study
13.	Kaiser A. Dar	2015	Intolerance of uncertainty, worry, negative affectivity and emotional regulation in major depressive and generalized disorders
14.	Mohd. Mazhar Khan	2014	Prevalence of specific learning disability and its relation to emotional problems
15.	Owais A. Farooqui	2014	Neuropsychological profile of alcohol dependents.
16.	Archna Singh	2013	Effect of dynamic meditation on realization of transpersonal self, level of anxiety and Mental Health
17.	Sumaira Rafeeq Zargar	2012	Quality of life, hope & coping in Caregivers of heart, cancer and AIDS patients
18.	Eric Soreng	2011	Revisiting collective unconscious and Worldview of Jungian Psychology
19.	Shweta Pathak	2011	Academic stress and emotional wellbeing in Relation to SES and parenting style

20.	Hassan Rahimi	2011	Effect of life skill training on self-esteem, Empathy and mental health of high school students in Iran
21.	Fahimeh Rezai Niaraki	2011	Self-esteem, mental health, and quality of life in relation to parenting styles of high school students in Iran
22.	Riyaz Yaqoob Wani	2011	Depression, anxiety, and quality of life in Type –I and type-II diabetes
23.	Shehla Reyaz	2006	Desired and perceived social support and Coping strategies in cancer and AIDS patients

Research Projects:

1. Project Director of the research project entitled “The Effect of Positive Exercises on Well-being in adolescents: The role of Self-Esteem” sponsored by ICSSR (Awarded in 2016, Completed).
2. Indo-Canadian (Shastri Research Grant, SRG- 2017-18) project entitled “Conception, components, and sources of wisdom: Comparison between India and Canada” with Dr. Igor Grossmann, University of Waterloo, Canada (Completed).
3. Indo-German (UGC-DAAD, PPP-2018-19) research project entitled “Child maltreatment and adult psychopathology: Moderating and mediating role of social support” with Prof. Tanja Michael, Saarland University, Germany (Completed).
4. Global Challenges Research Fund (GCRF)-2019, University of Leicester (UK) sponsored a small project entitled “Supports for street children in Delhi” with Prof. Panos Vostanis and Dr. Michelle O’Reilly, University of Leicester (UK) (Completed).

Other Grants:

1. The International Foundation of the House of Human Sciences, France has invited me for a research stay in France in 2021 under the “Directors of Associated Studies” (DEA) program-2021 to research to understand the perspective of French Mental health professionals on child maltreatment and child protection.

Visiting Professor:

1. Psychology Department, Osaka Metropolitan University, Osaka, Japan (2024).
2. Institute of Psychology, Cardinal Stefan Wyszynski University in Warsaw, Poland (Summer semester, 2022/23).
3. Department of Psychology, University of Waterloo, Canada (2018).

Invitational Fellowship:

1. Invitational fellowship for research in Japan-2024 on the theme ‘Well-being and religion in India: Culturally and religiously universal or specific’ by the Japan Society for the Promotion of Science (JSPS).

Visiting Fellowship:

1. Global Challenges Research Fund (GCRF) visiting fellowship-2019 of the University of Leicester (UK)

Honorary Principal Fellow:

1. Honorary Principal Fellow at the Centre for Wellbeing Science in Melbourne Graduate School of Education, the University of Melbourne (Australia) since April 27, 2022.

UNESCO Chair:

1. Member of a professional group, from more than 15 countries on 5 continents (North & South America, Africa, Asia, and Europe), which created a chair in UNESCO on ‘Child Maltreatment’ in June 2022.

Books published:

1. **Iqbal, N.** & Aleem, S. (eds) (2016). *Psychological Issues and Interventions in Health and Well-Being*. New Delhi: Excel Publishers. ISBN:978-93-85777-33-2
2. Aleem, S. & **Iqbal, N.** (eds) (2016). *Positive Vistas on Health and Well-Being*. New Delhi: Excel Publishers. ISBN: 978-93-85777-34-9
3. Aleem, S. & **Iqbal, N.** (eds) (2014). *Perspectives on Health and Wellbeing in India*. New Delhi: Excel India Publisher. ISBN: 978-93-83842-93-3

Papers Published in Journals:

1. Adu, P., Popoola, T., **Iqbal, N.**,.....& Simpson, C. (2024). Cross-country Assessment of the Unique Contributions of Psychological Factors to Vaccination: Perspectives on the COVID-19 Pandemic. *Journal of Health Psychology*,
2. Haim-Nachum, S., Sopp, R.....**Iqbal, N.**.....Pfaltz, M.C. (2024). Childhood Maltreatment is Linked to Larger Preferred Interpersonal Distances Towards Friends and Strangers Across the Globe. *Translational Psychiatry*
3. Ansari, S., Azeem, A., Khan, I., & **Iqbal, N.** (2024). Association of Phubbing Behavior and Fear of Missing Out: A Systematic Review and Meta-Analysis.

Cyberpsychology, Behavior, and Social Networking.
<https://doi.org/10.1089/cyber.2023.07>

4. Hashim, M., Alimoradi, Z., Pakpour, A.....& **Iqbal, N.** (2024). Association of Childhood Emotional Maltreatment with Adolescents' Psychopathology: A Systematic Review and Meta-Analysis. *Trauma, Violence & Abuse*, DOI: [10.1177/15248380241233538](https://doi.org/10.1177/15248380241233538)
5. Aminnuddin, N. A., Puasa, S., & **Iqbal, N.** (2024). Mapping personality traits to religious coping styles and struggle: Evidence from Malay Muslim undergraduates in Brunei. *Personality and Individual Differences*, 220, 112523. <https://doi.org/10.1016/j.paid.2023.112523>
6. Breeze, C.,...**Iqbal, N.**, Reid, V., & Singh, N. N. (2024). Unique contributions of anxiety, stress and depression to immunity: A cross-cultural investigation. *Journal of Affective Disorders Reports*. <https://doi.org/10.1016/j.jadr.2023.100699>
7. Srivastava, S., & **Iqbal, N.** (2023). Gratitude exercise and well-being in relation to spirituality: A mixed-method study. *International Journal of Wellbeing*, 13(3), 111-133. <https://doi.org/10.5502/ijw.v13i3.3281>
8. Ansari, S., & **Iqbal, N.** (2023). Contributions of Muslim medieval scholars to psychology. *Archive for the Psychology of Religion*. <https://doi.org/10.1177/00846724231197238>
9. Dar, I.A., **Iqbal, N.**, & Emran, A. (2023). Secondary traumatic stress, vicarious posttraumatic growth, and rumination among healthcare professionals: Examining conditional indirect effect of secondary exposure to trauma, *Traumatology*. DOI: 10.1037/trm0000443
10. Bartholomew, E., **Iqbal, N.**, & Medvedev, O.N. (2022). Enhancing the Assessment of Gratitude in Mindfulness Research: a Rasch Analysis of the 6-Item Gratitude Questionnaire. *Mindfulness*. DOI:[10.1007/s12671-022-02006-2](https://doi.org/10.1007/s12671-022-02006-2)
11. Emran, A., Smith, J., & **Iqbal, N.** (2022). Psychotherapists' Experience of the Transition to Telepsychotherapy Amidst COVID-19 in India. *Counselling Psychology Quarterly*. <https://doi.org/10.1080/09515070.2022.2093164>
12. Achrekar, G.C., ...**Iqbal, N.**...Sharma, M. (2022). Assessing COVID-19 booster hesitancy and its correlates: An early evidence from India. *Vaccines*, , 10, 1048. <https://doi.org/10.3390/vaccines10071048>
13. Soin, P., Prakash, A., Dar, K. A., & **Iqbal, N.** (2022). Gender as a moderator in the relationship between prosaically behaviour and empathy. *Journal of the Indian Academy of Applied Psychology*, 48(2), 251-258.
14. Jovanovic, V., Rudnev, M. **Iqbal, N.**, Rice, S., & Žemojtel-Piotrowska, M. (2022). Cross-Cultural Measurement of Positive and Negative Emotions in Adolescence: Evidence from Three Countries. *Journal of Happiness Studies*, DOI: [10.1007/s10902-022-00521-6](https://doi.org/10.1007/s10902-022-00521-6)
15. Chen, I.H. ...**Iqbal, N.** ...& Pakpour, A. H. (2022). Motors of COVID-19 Vaccination Acceptance Scale (MoVac-COVID19S): Evidence of measurement invariance across five countries. *Risk Management and Healthcare Policy*, 15, 435-445. <https://doi.org/10.2147/RMHP.S351794>

16. Pfaltz, M. C. ... **Iqbal, N.**& Seedat, S. (2022). Social functioning in individuals affected by childhood maltreatment: establishing a research agenda to inform interventions. *Psychotherapy and Psychosomatics*. DOI: 10.1159/000523667
17. Emran, A., **Iqbal, N.**, & Dar, K. A. (2022). Attachment orientation and depression: A moderated mediation model of self-silencing and gender differences. *International Journal of Social Psychiatry*.
<https://doi.org/10.1177/00207640221074919>
18. Jovanovic, V., Rudnev, M.,...**Iqbal, N.**...& Zukauskienė, R. (2022). The Satisfaction with Life Scale in Adolescent Samples: Measurement Invariance across 24 Countries and Regions, Age, and Gender. *Applied Research in Quality of Life*.
<https://doi.org/10.1007/s11482-021-10024-w>
19. **Iqbal, N.** & Dar, K.A. (2021). Gratitude Intervention and Subjective Well-Being in Indian Adolescents: Examining the Moderating Effects of Self-Esteem. *Child Indicators Research*. <https://doi.org/10.1007/s12187-021-09871-8>
20. Emran, A., Sharma, V., Singh, R., Jha, M., & **Iqbal, N.** (2021). Lived experiences of women with dissociative disorder: An Interpretative Phenomenological Analysis. *Indian Journal of Psychological Medicine*. DOI: 10.1177/02537176211044801
21. Suhail, A., Dar, K. A. & **Iqbal, N.** (2021). COVID-19 related fear and mental health in Indian sample: The buffering effect of support system. *Current Psychology*, <https://doi.org/10.1007/s12144-021-01694-8>
22. Farooqi, O. A., **Iqbal, N.**, Kaloiya, G. S. & Abhishek, B. (2021). Neuropsychological Profile of Persons with Alcohol Use Disorder: Findings from De-addiction Centres of Delhi-NCR. *Indian Journal of Clinical Psychology*, 48(1), 14-20.
23. **Iqbal, N.** & Skinner, R. (2021). Islamic psychology: Emergence and current challenges. *Archive for the Psychology of Religion*, 1-13.
<https://doi.org/10.1177/0084672420983496>
24. Khan, I., Dar, I. A., Bano, S. & **Iqbal, N.** (2021). Gender Differences in Childhood Maltreatment: A Comparative Study of Nightmare Sufferers and Non-sufferers. *Journal of Child & Adolescent Trauma*. <https://doi.org/10.1007/s40653-020-00338-6>
25. Suhail, A., **Iqbal, N.**, & Smith, J. (2020). Lived experiences of Indian Youth amid COVID-19 crises. An Interpretative Phenomenological Analysis. *International Journal of Social Psychiatry*, 1-8. 10.1177/0020764020966021
26. Murat, Y., **Iqbal, N.**, Khan, M.M., O'Reilly, M. & Vostanis, P. (2020). Psychosocial Needs and Supports for Street Children in India: Stakeholder Perspectives. *International Journal of Child Development and Mental Health*, 8(2), 19-28. DOI: 10.13140/RG.2.2.21427.45605

27. **Iqbal, N.**, Srivastava, S. & Dar, I.A. (2020). An Interpretative Phenomenological Inquiry into Experience, Expression, and Effect of Gratitude among Males and Females. *The Qualitative Report*, 25(9), 3425-3439. <https://nsuworks.nova.edu/tqr/vol25/iss9/16>
28. Dar, I.A. & **Iqbal, N.** (2020). The Curvilinear Association Between Posttraumatic Distress and Posttraumatic Growth Among Pellet Gun Victims: The Moderating Roles of Time Since Trauma and Age. *Journal of Traumatic Stress*, <https://doi.org/10.1002/jts.22564>
29. **Iqbal, N.** & Dar, K.A. (2020, June 15). Coronavirus Disease (COVID-19) Pandemic: Furnishing Experiences From India. *Psychological Trauma: Theory, Research, Practice, and Policy*. Advance online publication. <http://dx.doi.org/10.1037/tra0000770>
30. Emran, A., **Iqbal, N.** & Dar, I.A. (2020). Silencing the Self' and Women's Mental Health Problems: A Narrative Review. *Asian Journal of Psychiatry*, DOI: [10.1016/j.ajp.2020.102197](https://doi.org/10.1016/j.ajp.2020.102197)
31. **Iqbal, N.**, Dar, I.A. & Khan, I. (2020). Impact of Indian demonetization on working and non-working married women: An Interpretative Phenomenological Analysis. *The Qualitative report*, 25(3),843-863. <https://nsuworks.nova.edu/tqr/vol25/iss3/18>
32. Dar, I.A. & **Iqbal, N.** (2020). Beyond Linear Evidence: the Curvilinear Relationship between Secondary Traumatic Stress and Vicarious Posttraumatic Growth among Healthcare Professionals. *Stress and Health*, 36(2), 203-212 <https://doi.org/10.1002/smi.2932>
33. Dar, I.A. & **Iqbal, N.** (2019). Stress and coping in relation to gender and domicile among college students in Kashmir. *Sri Lanka Journal of Social Sciences*, 42(2), 127-136.
34. Dar, K.A., **Iqbal, N.**, Prakash, A. & Paul, M.A. (2018). PTSD and depression in adult survivors of floodfury in Kashmir valley: The payoffs of social support. *Psychiatry Research*, DOI: <http://dx.doi.org/10.1016/j.psychres.2018.01.023>
35. Kumari, A., **Iqbal, N.** & Khan, W. (2017). Personality and character virtues as predictors of mental health among prisoners. *Indian Journal of health and wellbeing*, 8(12), 1584-1590.
36. Dar, K.A. & **Iqbal, N.** (2017). Religious commitment and wellbeing in college students: Examining conditional indirect effects of meaning in life. *Journal of religion and health*, DOI.10.1007/s10943-017-0538-2

37. **Iqbal, N.**, Radulescu, A., Bains, A. & Aleem, S. (2017). An Interpretative Phenomenological Analysis of a Religious Conversion. *Journal of Religion and Health*. DOI 10.1007/s10943-017-0463-4.
38. Dar, K.A., **Iqbal, N.**, & Mushtaq, A. (2017). Intolerance of Uncertainty, Depression, and Anxiety: Examining the Indirect and Moderating Effects of Worry. *Asian Journal of Psychiatry*. DOI: 10.1016/j.ajp.2017.04.017
39. **Iqbal, N.**, Rahimi, H., Rezai, F. & Alvi, S. (2017). Effect of life skill training on mental health of Iranian high school students. *Indian Journal of Health and Wellbeing*, 8(3), 191-195.
40. **Iqbal, N.**, Singh, A., & Aleem, S. (2016). Effect of dynamic meditation on mental health. *Journal of Religion and Health*, 55, 241-254. DOI 10.1007/s10943-015-0082-x
41. **Iqbal, N.**, Singh, A., & Prakash, A. (2015). Effect of dynamic meditation on the realization of transpersonal self. *Journal of Transpersonal Research*, 7(2), 199-208.
42. **Iqbal, N.** (2015). Human nature: An Islamic perspective. *Indian Journal of Psychology and Mental Health*, 9(1-2), 156-170.
43. **Iqbal, N.**, & Dar, K. A. (2015). Negative affectivity, depression, and anxiety: Does rumination mediate the links? *Journal of Affective Disorders*, 181, 18-23.
44. Prerna, **Iqbal, N.**, & Mahato, A.K. (2015). Positive and negative peer contagion in relation to quality of friend and friendship. *The International Journal of Indian Psychology*, 3(1), 56-65, DIP: C00225V3I12015
45. **Iqbal, N.**, M. Ahmad, Wani, R.Y., Aleem, S. & Majeed, A.A. (2015). Anxiety, depression, and psychological well-being among the caregivers of Alzheimer's disease patients. *Indian Journal of Health and Wellbeing*, 6(4), 374-378.
46. **Iqbal, N.**, Ahmad, M., Aleem, S. & Parveen, S. (2015). Expressed emotion and sensitivity to criticism in schizophrenic and mood disorder patients. *The International Journal of Humanities & Social Studies*, 3(4), 108-115.
47. **Iqbal, N.**, Ahmad, M., Zargar, S.R., & Aleem, S. (2015). Quality of life in caregivers of heart, cancer, and acquired immunodeficiency syndrome patients. *Indian Journal of Health and Wellbeing*, 6(2), 120-126.
48. **Iqbal, N.**, Ahmad, M., Zargar, S.R. & Bano, S. (2015). Hope in caregivers of heart, cancer, and AIDS patients. *The International journal of humanities & social studies*, 3(1), 34-41.

49. **Iqbal, N.**, Ahmad, M. & Rani, C. (2015). Marital adjustment, stress and mental health of wives of alcoholics and non-alcoholics. *Indian journal of health and wellbeing*, 6 (1), 1-4.
50. Dar, K. A. & **Iqbal, N.** (2015). Worry and rumination in generalized anxiety disorder and obsessive-compulsive disorder. *The Journal of Psychology: Interdisciplinary and Applied*, 149:8, 866-880, DOI:10.1080/00223980.2014.986430.
51. **Iqbal, N.**, Ahmad, M., Aleem, S. & Mudgil, D. (2014). Psychological disorders: Comparison between male and female experiencers and non-experiencers of paranormal phenomena. *Journal of Indian Health Psychology*, 9(1),79-91.
52. **Iqbal, N.**, Singh, A., Aleem, S. & Bano, S. (2014). Effects of Dynamic Meditation on Anxiety. *Indian Journal of Health and Wellbeing*, 5(8), 1-4.
53. Prakash, A., Aleem, A., Bano, S., & **Iqbal, N.** (2014). Psychological hardiness & spirituality among physically challenged adolescents. *Disabilities and Impairments*, 28(2), 95-105.
54. **Iqbal, N.**, Rahimi, H., & Rezai, F. (2014). Effect of life skills training on empathy of the Iranian high school students. *The International Journal of Humanities and Social Studies*, 2(5), 282-289.
55. **Iqbal, N.**, Sarfaraz, A., Aleem, S. & Bano, S. (2014). Sense of coherence, Social support and coping as predictors of Posttraumatic growth in orphan adolescents. *Indian Journal of Psychology and Mental Health*, 8 (1), 57-67.
56. Bano, S., Ahmad, B., Khan, F., **Iqbal, N.** & Aleem, S. (2013). Attachment styles, depression, and emotional stability in relation to marital satisfaction among couples. *Delhi Psychiatry Journal*, 16(2), 355-361.
57. **Iqbal, N.**, Sarfaraz, A., Aleem, S. & Bano, S. (2013). Sense of coherence, social support, and coping as predictors of posttraumatic growth in orphan children. *Indian Journal of Positive Psychology*, 4 (3), 412-417.
58. Prakash, A., Aleem, S., Bano, S. & **Iqbal, N.** (2013). Stress and Psychological hardiness of Parents of physically challenged children. *Journal of Indian Health Psychology*, 8 (1), 103-113.
59. **Iqbal, N.**, Aleem, S., Machiano, & Zaidi, M. (2013). Posttraumatic growth and psychological wellbeing in the caregivers of cancer, HIV infection, and heart patients. *Indian Journal of Psychology and Mental health*, 1(7), 68-79

60. **Iqbal, N.**, Wani, R.Y., & Aleem, S. (2012). Depression and Anxiety in Insulin-dependent and Insulin-nondependent Diabetics and Heart Patients. *Disabilities and Impairments*, 26(1), 17-26.
61. **Iqbal, N.**, Aleem, S., Wani, R.Y., Ahmad, K. & Lian, K.N. (2012). Depression, stress, and suicide-ideation among Burmese refugees in Delhi. *Indian Journal of Psychology and Mental Health*, 6(1), 54-64.
62. **Iqbal, N.**, Aleem, S., Ahmad, M. & Khanam, Y. (2010). Emotional Maturity, and Adjustment in ADHD Children. *Indian Journal of Psychology and Mental Health*, 4(2), 163-170.
63. **Iqbal, N.** (2010). Adolescents: Aggression and Violence. *Indian Journal of Psychology and Mental Health*, 4(6), 177-182.
64. Yadav, P. & **Iqbal, N.** (2009). Impact of life skill training on self-esteem, adjustment, and empathy among adolescents. *Journal of the Indian Academy of Applied Psychology*, 35, 61-70.
65. Aleem, S., Saeed, M. & **Iqbal, N.** (2009). Social Support and Mental health of HIV positive males and females. *Human Behavior: Journal of Applied Psychology*, 4(1), 101-110.
66. Aleem, S., **Iqbal, N.** & Naheed, R. (2009). Gender Differences in Adjustment Among Physically Challenged Children. *Disabilities and Impairments*, 23(1), 43-50.
67. Kaloiya, G.S, Grover, N., Khan, M. & **Iqbal, N.** (2009). Obsessive-Compulsive Disorder: Current Understanding. *Indian Journal of Psychology & Mental Health*, 3(5), 208-212.
68. Aleem, S., **Iqbal, N.** & Naheed, R. (2008). Gender Differences in Emotional Maturity Among Physically Challenged. *Human Behaviour: Journal of Applied Psychology*, 3(1), 45-55.
69. **Iqbal, N.** & Yadav, P. (2008). Impact of Life skill training on Self-esteem and Empathy among adolescents. *Indian Journal of Psychology and Mental health*, 2(3), 43-55.
70. **Iqbal, N.** & Irfan, S. (2007). Prevalence of Psychological Disorders among Children. *Indian Journal of Psychology and Mental Health*, 1, 12- 22.
71. **Iqbal, N.** & Shibli, S. (2007). Anxiety and Depression in Asthma Patients. *Disabilities and Impairments*, 21(2), 77-86.

72. **Iqbal, N.** & Bajaj, L. (2006). Dimensions of Spiritual Intelligence in Spiritual Leaders of different faiths. *Journal of Indian Psychology*, 24, 76-82.
73. **Iqbal, N.**, Shahnawaz, M.G. & Alam, A. (2006). Educational and gender differences in body image and Depression among Students. *Journal of the Indian Academy of Applied Psychology*, 32,365-368.
74. **Iqbal, N.** & Gupta, P. (2006). Self -Esteem and adjustment of children with learning disabilities. *Disabilities and Impairments*, 20, 37-44.
75. **Iqbal, N.** (2006). Islamic perspective on Dreams. *Islam and Modern Age*, 2, 100-111.
76. **Iqbal, N.**, Aleem, S. & Bhatnagar, P. (2006). Gender differences in stress in Angina pectoris and Myocardial Infarcted patients. *Journal of Personality and Clinical Studies*, 22, 69-72.
77. **Iqbal, N.**, Hussain, S. & Shibli, K. (2005). Gender differences in Depression in Asthma Patients. *The Punjab Heritage*, 20,116-122.
78. **Iqbal, N.** & Ahmad, H. (2004). Anger Dimensions in Cardiovascular Disorders. *Journal of Personality and Clinical Studies*, 20, 41-46.
79. **Iqbal, N.**, Khan, N.A., Ali, S. & Shibli, K. (2004). Gender Differences in Anxiety in Asthma Patients. *Journal of Objective Studies*, 16,175-180.
80. **Iqbal, N.**, Ahmad, H. & Khan, S.H. (2003). Expressed and suppressed anger in coronary heart disease and essential hypertension. *Journal of the Indian Academy of Applied Psychology*, 29, 7-10.
81. **Iqbal, N.** & Ahmad, H. (2002). Stress in coronary heart disease and essential hypertension. *Indian Psychological Review*, 58, 99-102.
82. Soreng, E. & **Iqbal, N.** (2000). Jungian approach to mental health: Development of psychic energetic index. *Indian Psychological Review: Special Millennium Issue*, 54&55, 46-52.
83. **Iqbal, N.** & Ahmad, H. (2000). Stress in Cardiovascular disorders. *Indian Psychological Review. Special Millennium Issue*, 54&55,109-112.
84. **Iqbal, N.** & Ahmad, H. (1993). Gender difference in birth order in expressed and suppressed anger. *Journal of Personality and Clinical Studies*, 9, 73-77.
85. Irfan, M. & **Iqbal, N.** (1993). Personality adjustment as related to feeling of Security-Insecurity. *Personality Study and group behavior*, 71-74.

86. **Iqbal, N.**, Nabi, T. & Ahmad, H. (1993). A study of anger direction in relation to anxiety. *Indian Psychological Review*, 36-40.
87. Nabi, T., **Iqbal, N.** & Ahmad, H. (1993). A study of Self-acceptance amongst Sensory and Orthopaedically Handicapped. *Indian Psychological review*, 40, 33-39.
88. **Iqbal, N.**, Ahmad, H., Shukla, S.R., & Akhtar, A. (1993). A study of family system in relation to anger among male and female students. *Indian Journal of Clinical Psychology*, 20(2), 73-77.
89. Irfan, M., **Iqbal, N.**, Sandhu, B.S. & Singh, P. (1993). School adjustment and achievement motivation among truants and non-truants studying in private school. *Indian Journal of Clinical Psychology*, 20 (1), 17-20.
90. Khan, K.S.A. & **Iqbal, N.** (1992). A comparative study of level of Aspiration among Criminals and Psychosomatic Patients. *The Indian Journal of Criminology & Crimanalistics*, 13, 7-10

Papers/Chapters in Books:

1. **Iqbal, N.**, Rahimi, H., Reazi, F. & Aleem, S. (2016). Effect of life skills Training on self-esteem, empathy and mental health of Iranian adolescents. In Akbar Husain (eds) "*Contemporary trends in Islamic psychology*" pp. 52-66, Hyderabad: Centre for Study and Research. ISBN 935258909-2
2. Aleem, S. & **Iqbal, N.** (2014). Correlates of health seeking behavior: Issues and challenges in a globalised environment. In Sheema Aleem and Naved Iqbal (eds) "*Perspectives on Health and Wellbeing in India*" pp. 57-65, New Delhi: Excel India Publisher
3. Khan, I. & **Iqbal, N.** (2014). Gender differences in physical and psychological health in nightmare sufferers. In Sheema Aleem and Naved Iqbal (eds) "*Perspectives on Health and Wellbeing in India*" pp. 210-215, New Delhi: Excel India Publisher
4. **Iqbal, N.** (2012). Spirituality: An Islamic perspective. In Akbar Husain and Naima Khatoun (Eds) *Understanding Spirituality*, New Delhi: Research India Press, pp. 52-68.
5. **Iqbal, N.** & Bhardwaj, H. (2007). Spirituality and Mental health: A correlational study. In Rajbir Singh and Radhey Shyam's (eds) *Psychology of Well-Being*, pp, 347-350, New Delhi, Global Vision Publishing House.
6. **Iqbal, N.** & Bhatnagar, P. (2007). Stress in Angina Pectoris and Myocardial Infarcted Patients. In Amrita Yadava & Nov Rattan Sharma (eds.) *Positive Health Psychology*, pp, 267-276, New Delhi, Global Vision Publishing House.

7. **Iqbal, N.**, Khan, N.A. & Sharma, Y. (2004). Cognitive appraisal and coping strategies of the Siblings of mentally retarded children. In Akbar Hussain's (eds) *Stress behavior*, volume II, Delhi, Friends Publication, 271-284.
8. **Iqbal, N.**, Hasnain, N. & Bhatnagar, P. (2004). Age differences in stress in angina pectoris and myocardial infarcted patients. In Akbar Hussain's (eds) *Stress behavior*, volume I, Delhi, Friends Publication,
9. Soreng, E. & **Iqbal, N.** (2003). Psychic Evaluation: Jungian perspective. In S.B. Kakkar and Mahesh Bhargava's (eds) *Current issues in Education and Psychology*. Agra, Bhargava Book House.
10. Ningthoujam, S. & Iqbal, N. (2001). Stressful life events in cancer patients. In C. P. Khokhar's (eds) *Trends in Clinical diagnosis & Psychotherapy: Modern and Vedic*, Haridwar: Gurukul Kangri Vishwavidyalaya, 241-245.

Papers presented in Seminars/Conferences:

1. Paper entitled "Experience and expression of gratitude among males and females: A qualitative analysis" presented at the International Conference on "Health and Wellbeing: An Interdisciplinary inquiry" organized by the Department of Psychology, Jamia Millia Islamia, New Delhi during March 22-23, 2017.
2. Paper entitled "Stress and coping among college students in Kashmir" presented in the International Conference on "Health and Wellbeing: An Interdisciplinary inquiry" organized by the Department of Psychology, Jamia Millia Islamia, New Delhi during March 22-23, 2017.
3. Paper entitled "Coping strategies in caregivers of heart, cancer and AIDS patients" presented in the International Conference on "Health and Wellbeing: An Interdisciplinary inquiry" organized by the Department of Psychology, Jamia Millia Islamia, New Delhi during March 22-23, 2017.
4. Paper entitled "Patience and positive psychology" presented at the National Conference on "Islamic perspective in Psychology: Challenges and future prospects" organized by the Indian Council on Islamic perspective in psychology and Centre for study and research in New Delhi during November 14-15, 2016.
5. Paper entitled "Dreams from an Islamic perspective" presented at the National Conference on "Islamic perspective on "Islamic perspective in Psychology: Challenges and future prospects" organized by the Indian Council on Islamic perspective in psychology and the Centre for study and research at New Delhi during November 14-15, 2016.

6. Paper entitled “Wellbeing after adopting new religious beliefs” presented at an International Conference on “Psycho-social perspectives on Health and Wellbeing” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi during March 1-2, 2016.
7. Paper entitled “Personality, cognitive processes, and social support as predictors of post-traumatic growth among survivors of accident trauma” presented in an International Conference on “Psycho-social perspectives on Health and Wellbeing” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi during March 1-2, 2016.
8. A paper entitled “Childhood cancer: a phenomenological exploration of the stresses and coping of the parents and the children diagnosed with cancer” was presented at an International Conference on “Psycho-social perspectives on Health and Wellbeing” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi during March 1-2, 2016.
9. Paper entitled “PTSD and depression in adult survivors of flood fury in Kashmir valley: The payoffs of social support” presented at an International Conference on “Psycho-social perspectives on Health and well-being” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi during March 1-2, 2016.
10. A paper entitled “Emotion regulation in schizophrenia a literature review” was presented at an International Conference on “Psycho-social perspectives on Health and Wellbeing” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi during March 1-2, 2016.
11. Paper presented “Mental health and satisfaction with life in relation to perceived parenting style among adolescents” presented at an International Conference on “Psycho-social perspectives on Health and Wellbeing” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi during March 1-2, 2016.
12. Paper entitled “Gender differences in personality among OCD patients” presented at an International Conference on “Psycho-social perspectives on Health and Wellbeing” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi during March 1-2, 2016.
13. Paper entitled “Wellbeing among pet owners” presented in National Seminar on “Health & Wellbeing: Recent developments and challenges” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi, on November 12-13, 2014.
14. Paper entitled “Religious commitment and mental wellbeing in college students: Meaning in life as potential mediator” presented in the National Seminar on “Health

& Wellbeing: Recent developments and challenges” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi, on November 12-13, 2014.

15. Paper entitled “Gender difference in physical and psychological health in nightmare sufferers” presented in the National Seminar on “Health & Wellbeing: Recent developments and challenges” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi, on November 12-13, 2014
16. Paper entitled “Hope in the caregivers of heart, cancer and AIDS patients” presented in the National Seminar on “Health & Wellbeing: Recent developments and challenges” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi, on November 12-13, 2014.
17. Paper entitled “Globalization and Public health” presented in National Seminar on “Health & Wellbeing: Recent developments and challenges” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi, on November 12-13, 2014.
18. Paper entitled “Child maltreatment and psychological problems: A review” ” presented in the National Seminar on “Health & Wellbeing: Recent developments and challenges” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi, on November 12-13, 2014.
19. Paper entitled “Emotions in Schizophrenia” presented in National Seminar on “Health & Wellbeing: Recent developments and challenges” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi, on November 12-13, 2014.
20. Paper entitled “Stress management among family members of Kashmir flood victims” presented at the Second International Conference on “Professionalism in victim assistance program in India: Role of social workers, psychologists, judiciary and government and NGOs” organized by the Jindal Institute of Behavioral Sciences, O.P. Jindal Global University, Sonipat on October 30-31, 2014.
21. Paper entitled “Violence against women” presented at the 3rd International Conference on “Psychology and Allied Sciences” jointly organized by Amity Institute of Psychology and Allied Sciences, Amity University, Noida & Indian Association of Health, Research, and Welfare on 25th -27th September 2014 at Amity University, Noida, India.
22. Paper entitled “Cognitive behavior therapy in OCD: Case series” presented in 3rd International Conference on “Psychology and Allied Sciences” jointly organized by Amity Institute of Psychology and Allied Sciences, Amity University, Noida & Indian Association of Health, Research, and Welfare on 25th -27th September 2014 at Amity University, Noida, India.

23. Paper entitled “Gender perspectives in cyber victimization” presented in National Seminar on “Social change in contemporary India: Psychological dimensions and social response” organized by the Department of Psychological science, Sri Aurobindo College (Evening), the University of Delhi on March 21-22, 2014.
24. Paper entitled “Marital adjustment, stress and mental health of wives of alcoholics and non-alcoholics” presented in National Seminar on “Social change in contemporary India: Psychological dimensions and social response” organized by the Department of Psychological science, Sri Aurobindo College (Evening), the University of Delhi on March 21-22, 2014.
25. Paper entitled “Stress and psychological hardiness among parents of physically challenged children” presented at the First International Conference on “Early childhood development: Small steps to a bright future” organized by the Centre for early childhood development and research (CECDR), Jamia Millia Islamia, New Delhi on March 21-22, 2013.
26. Paper entitled “Trauma and religious coping” presented in International seminar on “Psychology of Trauma: Women and children in violent conflict” organized by the Department of Psychology, Jamia Millia Islami, New Delhi on March 13-14, 2013
27. Paper entitled “Sense of coherence, social support and coping as predictors of posttraumatic growth in orphan children” presented in International seminar on “Psychology of Trauma: Women and children in violent conflict” organized by the Department of Psychology, Jamia Millia Islami, New Delhi on March 13-14, 2013.
28. Paper entitled “Effect of life skills training on self-esteem and mental health of high school students” presented in the International Conference of Applied Psychology (ICAPP) organized by the Department of Applied Psychology, University of Punjab, Lahore (Pakistan) on December 15-19, 2012.
29. Paper entitled “Dementia in the elderly people” presented in the National Seminar on “Senior citizens: Problems and prospects” organized by the Department of Psychology, R.G.(P.G.) College Meerut (UP) on November 22-23, 2012.
30. Paper entitled “Quality of life and hope in the caregivers of heart, cancer and AIDS patients” presented in the National Seminar on “Psychological interventions for social wellbeing” organized by the Department of Psychology, Digambar Jain College, Baraut (Baghpat), U.P., on the September 27-28, 2012.
31. Paper entitled “Psychological disorders: Comparison between experiments and non-experiments of paranormal phenomena” presented in the National Conference on “Mental health & well-being: Recent trends & interventions” organized by the department of psychology, Agra College Agra (UP), on February 6-7, 2012.

32. Paper entitled “Child sexual abuse and recovered memory” presented in National Conference on “Vicissitudes of violence: An Inter-Disciplinary conference on conflict and peace” organized by the Indraprastha college for women, the University of Delhi on January 16-17, 2012.
33. Paper entitled “Prevalence of mental disorders in street adolescents” presented in National seminar on “Problems of adolescents: A current perspective” organized by the Department of Psychology, Meerut College Meerut (UP), on November 11-12, 2011.
34. Paper entitled “Level of depression and anxiety in Insulin-dependent and Insulin-nondependent diabetics and heart patients” presented in National Seminar on “Community health psychology: Research and applications organized by the Department of Psychology, Maharshi Dayanand University, Rohtak, on March 26 & 27, 2011.
35. Paper entitled “Anxiety and depression in type-I and type-II diabetes” presented in National Seminar on “Community health psychology: Research and applications organized by the Department of Psychology, Maharshi Dayanand University, Rohtak, on March 26 & 27, 2011.
36. Paper entitled “Causes and protective factors in post-traumatic stress disorders in combat situation” presented in International Conference on “Advances in Military Psychology: Soldier Preparedness” organized by Defence Institute of Psychological Research (DIPR), DRDO and National Academy of Psychology (NAOP) at IDSA, New Delhi, on March 10-12, 2011.
37. Paper entitled “Psychology and religion: Its historical relations and current status” presented in International Conference on “Mind, Culture, and Human Activities: Psychological Sciences in Twenty-First Century” organized by the Zakir Husain Centre for Educational Studies, School of Social Sciences, Jawaharlal Nehru University, New Delhi, on 12-15 December 2010.
38. Paper entitled “Spirituality from Islamic perspective” presented in National Seminar on “Spiritual Psychology” organized by the Department of Psychology, Aligarh Muslim University, Aligarh on October 28-30, 2010.
39. Paper entitled “Organizational commitment, mental health, and emotional labor: A comparative study of the public and private organization” presented in National Seminar on “Value Creation for Competitive Advantage” organized by the Advance Institute of Management, Ghaziabad (UP), on April 10, 2010.
40. Paper entitled “Happiness, spirituality and physical health and illness” presented in National Seminar on “Positive Psychology & Health: Interventions & Strategies” organized by the Department of Psychology, MD University, Rohtak (Haryana) on March 28-29, 2010.

41. Paper entitled “Human aggression and violence: A threat to society” presented in National Seminar on “Aggression and Violence: Challenges for Social Well-Being” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi on March 17-18, 2010.
42. Paper entitled “Ethics in Islam as the basis for peaceful co-existence” presented in the First International Seminar on “Peaceful Co-existence in Islam and Indian Religions” organized by Al-Mustafa International University, Iran, New Delhi, India, on 6th& 7th March 2010.
43. Paper entitled “Emotional maturity and adjustment in ADHD children” presented in National Seminar on “Higher Education: Beyond Empty Promises” organized by Government College of Education, Bhiwani (Haryana) on February 17-18, 2010.
44. Paper/poster entitled “Effect of relaxation on different dimensions of mental health of high school students in Iran” presented in 8th Biennial conference of Asian association of social psychology organized by Asian association of social psychology, Indian institute of technology Delhi and National academy of psychology, India (NAOP) at New Delhi on December 11-14, 2009.
45. Paper entitled “Anxiety in relation to gender and academic achievement in Iranian high school students” presented in International Conference on “Recent trends in management, technology, and environment” organized by S.D. College of Engg. & Technology & S.D. College of Management Studies, Muzaffarnagar (UP) on November 28 and 29, 2009.
46. Paper entitled “Human nature: An Islamic perspective” presented in International Conference on “Concept of Psyche in Islam” organized by Department of Psychology, A.M.U. Aligarh and Institute of Objective Studies, New Delhi-25 at Aligarh (INDIA) on October 26-28, 2009.
47. Paper entitled “Level of depression and anxiety in insulin dependent and insulin non-dependent diabetes and heart patients” presented in National seminar on “Mental health and current scenario” organized by the department of psychology, Gurukul Kangri University, Haridwar (INDIA) on March 20-21, 2009.
48. Paper entitled “Prevalence of psychological disorders among children” presented in International Conference on “New Trends in Psychological Research” organized by the Department of Psychology and Applied Psychology, University of Punjab, Lahore (PAKISTAN) between 5 to 7 April 2007.
49. Paper entitled “Expressed and suppressed anger in coronary heart disease and essential hypertension” presented in National seminar on “Psychology: past, present and future” organized by National Academy of Psychology (NAOP) at Kollam, Kerala (INDIA) on Oct. 2001.

Key note/valedictory address in Seminar/Conference/workshop

1. Key note address titled “Promoting wellness: Exploring diverse perspectives” delivered on February 03, 2024 in an “International Conference on Wellness: A transdisciplinary perspective” jointly organized by Team Incubation and Farook College (autonomous) held at Farook College, Kozhikode (Kerala) on February 3-4, 2024.
2. Key note address titled “Islamic Psychology: Roots and Current Challenges” was delivered on October 14, 2023 in the Two-day Online International Conference on Islamic-Spiritual Psychology in South-East Asia on October 14-15, 2023 organized by Institute of Objective Studies, New Delhi in collaboration with International Institute of Islamic Thought (East and Southeast Asia), International Association of Muslim Psychologists & Jamia Hamdard, New Delhi, India.
3. Key note address titled “Strategies to deal with Inter-Student Dynamics: A workshop for the Educators” was delivered on August 17, 2023 in ‘Anti Ragging Week (12th -18th August 2023) organized by the Faculty of Dentistry, Jamia Millia Islamia, New Delhi.
4. Key note address titled “Current challenges in Islamic Psychology” was delivered on February 24, 2020, in a National Seminar on “Rethinking the paradigm of Psychology: Scientific and religious perspectives” organized by the Department of Psychology, Zaitoon International Girls Campus, Kottakkal and department of Islamic Studies, Safi Institute, Vazhayoor, Malappuram at Zaitoon International Girls Campus, Kottakkal, Kerala during February 23-24, 2020.
5. Key note address delivered in National seminar on “Mental health, religion and culture: A Psychological paradigm” organized by Department of Psychology, Govt. College, Malerkotla (Panjab) and The Bharat Psychological Association on March 7-8, 2015
6. Valedictory address delivered in International conference (virtual mode) on “Role of counselling in dealing with mental health issues organized by Students’ Counselling Centre, Aligarh Muslim University, Aligarh on September 23-24, 2022.

Invited lectures delivered in conference/ seminar/symposium

1. Lecture on “Child maltreatment in India” delivered on December 13, 2023 in the ‘1st Global Collaboration on Traumatic Stress (GC-TS) Conference-2023’ organized by Prof. Soraya Seedat at the Vineyard hotel, Cape Town (South Africa) on December 12-14, 2023.
2. Lecture on “Religion, spirituality and mental health: Its historical relation and current status” delivered on November 02, 2022 in the International conference on “Psycho-social implications in health and wellbeing: Looking beyond the boundaries (PSYHW 2022) organized by the Faculty of Behavioural sciences, SGT University, Gurugram (India) in collaboration with Faculty of Social sciences and

- Humanities, Universiti Teknologi Malaysia (UTM), Malaysia on November 2-3, 2022.
3. Online lecture on “Psycho-social roots of wellbeing” given on October 08, 2022 in the panel discussion of the 11th India International Psychological Science Congress (8th -9th October, 2022) organized by the department of Psychology, Panjab University, Chandigarh and National Association of Psychological Science.
 4. Online lecture on “Activities and services carried out by the University Counseling & Guidance Centre, JMI” delivered on April 22, 2022, on ‘Initiatives/Models of good practices on well being taken in campuses’ in the National Conference on “Integrated Approach to Mental Health and Well-being in the Universities: Perspectives, Methodologies, and Practices held during April 21-23, 2022 organized by Department of Sociology, Maitreyi College, the University of Delhi in collaboration with MANODARPAN (Initiative of The Ministry of Education for Psychological Support and Mental-Well-being of Students).
 5. Online lecture on “COVID-19 Pandemic and salutogenic effect of religion/spirituality” delivered on May 20, 2021, in First International Virtual Conference on the God-oriented Spirituality Approach in Confronting the Pandemic of COVID-19; May 19th-May 20th, 2021 organized by Research Institute of Hawzah and University (RIHU), "Hawzah wa Dāneshgāh Research Institute", and Ministry of Science, Research and Technology (MSRT), Islamic Republic of Iran.
 6. Online lecture on “Psycho-social problems of street children” delivered on April 10, 2021, in a two-day E-Symposium on “Street Children in India” organized by the Criminological Research and Development Organization (CRDO) in collaboration with Dr K. N. Modi University, Rajasthan during April 10-11, 2021.
 7. Lecture on “Islamic perspective to psychology: background of emergence and current challenges” delivered on February 26, 2020, in an International Conference on religion and spirituality organized by the Department of Psychology, AMU, Aligarh in collaboration with Centre for study and research, Hyderabad and Institute of objective studies, New Delhi in AMU, Aligarh during February 24-26, 2020.
 8. Lecture on “Relevance and Challenges of Social Media” delivered on November 23, 2019 in National Seminar on “Relevance and Challenges of Social Media: A global perspective” organized by the department of Psychology, Meerut College Meerut (UP) during November 23-24, 2019.
 9. Lecture on “Wellbeing: Approaches and determinants” delivered on October 18, 2019 in the 6th International and 8th Indian Psychological Science Congress during 18-20 October, 2019 on “Sustainable Peace and Well Being: Integration Across Generation” organized by Department of Psychology and Department of Anthropology, Panjab University, Chandigarh and National Association of Psychological Science (Regd.) in Panjab University, Chandigarh.
 10. Lecture on “Islamic perspective to psychology: Challenges and current status” delivered in the International conference on “Islamic psychology: Theory, research and application” organized by the department of Psychology, AMU, Aligarh in

collaboration with International association of Muslim psychologist, Indian council on Islamic perspective in Psychology, Centre for study and research, Hyderabad, at Aligarh during November 10-12, 2018.

11. Lecture on “Roots of Indian Psychology” delivered on October 6, 2018 in Second Fortis Annual Psychology Conference, 2018 on “Situating culture in applied psychology” organized by the Department of Mental health & behavioural sciences, Fortis healthcare at Fortis memorial research institute, Gurgaon during 5th to 7th October, 2018.
12. Lecture on “Psychology: An Islamic Perspective” delivered on March 26, 2018 in an International Conference on “Indian Culture and Psychology: A Consciousness Perspective” organized by the department of Psychology, University of Delhi and Infinity Foundation of India at University of Delhi during March 22-27, 2018.
13. Lecture on “Challenges in Western Psychology and Islamic Psychology” delivered in an International Conference on “Islamic Psychology: Nature, Methods and Applications” organized by Indian Council on Islamic Perspective in Psychology (ICIPP) and Centre for Study and Research (CSR) at India Islamic Cultural Centre, New Delhi on November 26, 2017.
14. Lecture on “Islamic perspective in Psychology” delivered in National Conference on “Philosophy-Science interface: Key issues & texts (T-PHISCI)” organized by the Department of Ilmu Advia, Aligarh Muslim University, Aligarh and Centre for Study and Research (CSR), Hyderabad at Aligarh Muslim University, Aligarh on April 22, 2017.
15. Lecture on “Mental health and wellbeing: Emerging issues” delivered in “International Conference on Comprehensive Mental Health Services in formal education systems & CCIs (Child Care Institutions)” organized by Expressions India and Association of Indian School Counsellors & Allied Professionals at India International Centre, New Delhi on December 16, 2016.
16. Lecture on “Spirituality, health and wellbeing” delivered in National seminar on “Spiritual psychology in practice” organized by the Department of Psychology, A.M.U. Aligarh during November 18-20, 2016.
17. Lecture on “Scope and challenges of Islamic perspective in Psychology” delivered in National conference on “Islamic perspective in Psychology: Challenges and future prospects” organized by Centre for study and research and Indian council on Islamic perspective in Psychology at New Delhi on November 14-15, 2016.
18. Lecture on “Islamic perspective on human nature” delivered in International Seminar on “Indian mind and societal concerns: An interdisciplinary dialogue” jointly organized by Department of Psychology, Ramanujam College (University of

Delhi) and NAOP at Conference centre, University of Delhi during, April 2-3, 2016.

19. Lecture on “Religion, spirituality and wellbeing” delivered in National Seminar on “Social harmony and well-being: Issues and challenges” organized by the Department of Psychology, Aurbindo College (Eve.), University of Delhi during March 18-19, 2016.
20. Lecture on “Drug abuse among adolescents of India” delivered in National Seminar on “Drug addiction among adolescents in India” organized by Meerut College Meerut (UP), during March 13-14, 2016.
21. Lecture on “Religion, health and wellbeing” delivered in National Seminar & Annual conference of IPA on “Mapping practices in Psychology: Critical issues and current perspectives” organized by the Department of Psychology, Nirmala College, Ranchi, during February 7-8, 2016.
22. Lecture on “Religion and spirituality in adolescents” delivered in National Seminar on “Community and new generation” organized by the Department of Psychology, BLJS College, ToshamDistt. Bhiwani (Haryana), on March 24-25, 2014.
23. Lecture on “Changing nature of spirituality and its implication on happiness” delivered in National Seminar on “Social change in contemporary India: Psychological dimensions and Social response” organized by the Department of Psychological Science, Sri Aurbindo College (Evening), University of Delhi, on March 21-22, 2014.
24. Lecture on “Science and spirituality: Two modes of explanations” delivered in National Seminar on “Spiritual Psychology: Recent trends in research, theory, practice & training” organized by the Department of Psychology, A.M.U. Aligarh, on 23.03.2013
25. Lecture on “Stress management from Islamic perspective” delivered in National Seminar on “Stress and its management” organized by Department of Psychology, Ismail National Mahila (P.G.) College, Meerut on November 20-21, 2012.
26. Lecture on “Psychological factors in healthy ageing” delivered in National Symposium on “Healthy Ageing” organized by the Centre for Physiotherapy & Rehabilitation Sciences, Jamia Millia Islamia, New Delhi, on March 31, 2010.
27. Special lecture on “Psychology and religion” delivered in National Seminar on “Psychology: Trends and Directions” organized by BLJS College, Tosham, District Bhiwani (Haryana) on January 22-23, 2010.

Sessions chaired in seminars/conferences:

1. First International Conference on Positive Psychology (Online) organized by the National Positive Psychology Association (NPPA), India, on March 3-4, 2023.
2. Two-day National Virtual Conference on “Adaptability in Crisis: Psychology, Education and Society” organized by the Department of Psychology, Rajiv Gandhi University, Arunachal Pradesh, India during August 17-18, 2021.
3. Online, 7th International and 9th Indian Psychological Science Congress during November 28-29, 2020 organized by National Association of Psychological Science-India, BRICS-International Forum, Dept. of Psychology, Panjab University, Chandigarh, Arba Minch University, Ethiopia, Jax Foundation, New Delhi
4. 6th International and 8th Indian Psychological Science Congress during 18-20 October 2019 on “Sustainable Peace and Well Being: Integration Across Generation” organized by the Department of Psychology and Department of Anthropology, Panjab University, Chandigarh, and National Association of Psychological Science (Regd.) in Panjab University, Chandigarh.
5. International conference on “Islamic psychology: Theory, research and application” organized by the Department of Psychology, AMU, Aligarh in collaboration with the International Association of Muslim Psychologists, Indian council on Islamic perspective in Psychology, Centre for study and research, Hyderabad, at Aligarh during November 10-12, 2018.
6. International Conference on “Health and Wellbeing: An Interdisciplinary inquiry” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi during March 22-23, 2017.
7. International Conference on “Cognitive-behavioural Interventions” organized by the Indian Association for cognitive-behavior therapy (IACBT) and Department of Psychiatry, AIIMS at AIIMS during March 6-8, 2017.
8. 2nd International Conference of Indian Academy of Health Psychology on “Health Psychology: Expanding horizons” organized by Department of Psychology, Gautama Buddha University, Greater NOIDA, during December 16-18, 2016.
9. National conference on “Islamic perspective in Psychology: Challenges and future prospects” organized by Indian council on Islamic perspective in Psychology and Centre for study and research at New Delhi during November 14-15, 2016.
10. “India International Islamic academic conference” organized by SIO at Indian Islamic Cultural Centre, New Delhi during October 8-9, 2016.
11. International Seminar on “Indian mind and societal concerns: An interdisciplinary dialogue” jointly organized by Department of Psychology, Ramanujam College (University of Delhi) and NAOP at Conference centre, University of Delhi, during April 2-3, 2016.

12. National Seminar on “Being and living in a relational world” jointly organized by International Hindi University, Wardha and IIT Delhi at IIT Delhi during March 22-23, 2016.
13. National Seminar on “Social harmony and well-being: Issues and challenges” organized by the Department of Psychology, Aurbindo College (Eve.), The University of Delhi during March 18-19, 2016.
14. International conference on “Psycho-social perspectives on health and wellbeing” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi, during March 1-2, 2016.
15. National Seminar & Annual Conference of IPA on “Mapping practices in Psychology: Critical issues and current perspectives” organized by the Department of Psychology, Nirmala College, Ranchi during February 7-8, 2016.
16. National Seminar on “Yoga and Spirituality” organized by the Department of Psychology, A.M.U., Aligarh during November 7-8, 2015.
17. National Seminar on “Crime against Women: Issues, Challenges & Intervention” organized by the Department of Psychology, Digamber Jain College, Baraut (Baghpat), U.P., on November 1-2, 2015.
18. 2nd International and 4th Indian Psychological Science Congress organized by the National Association of Psychological Science (India) on October 8-9, 2015 at P.G. Government College, Sector-46, Chandigarh.
19. 1st International and 3rd National Conference on “Positive Psychology: The ripple effect” organized by Indian Association of Positive Psychology & Manav Rachna International University, Faridabad, from Feb. 27 to March 1, 2015.
20. National Seminar on “Health & Wellbeing: Recent developments and challenges organized by the Department of Psychology, Jamia Millia Islamia, New Delhi, on November 12-13, 2014.
21. 3rd International Conference on “Psychology and Allied Sciences” jointly organized by Amity Institute of Psychology and Allied Sciences, Amity University, Noida & Indian Association of Health, Research, and Welfare on 25th -27th September 2014 at Amity University, Noida, India.
22. National Seminar on “Community and new generation” organized by Department of Psychology, BLJS College, Tosham, Distt. Bhiwani (Haryana), on March 24-25, 2014.

23. National Seminar on “Social change in contemporary India: Psychological dimensions and social response” organized by National Academy of Psychology (NAOP) and Sri Aurobindo College (Evening), University of Delhi in Delhi on March 21-22, 2014.
24. 1st International & 3rd Indian Psychological Science Congress on “Psychological wellbeing: The looming crisis in humanity” organized by the Post Graduate Govt. College, Chandigarh on 24-25 February 2014.
25. National Seminar on “Spiritual Psychology: Recent trends in research, theory, practice & training” organized by the Department of Psychology, A.M.U. Aligarh, on 23.03.2013.
26. International Conference of Applied Psychology (ICAPP) organized by the Department of Applied Psychology, University of Punjab, Lahore (Pakistan), on December 15-19, 2012
27. National Seminar on “Community health psychology: Research and applications organized by the Department of Psychology, Maharshi Dayanand University, Rohtak, on March 26 & 27, 2011.
28. National Conference on “Well-Being, Women, and Work: Emerging Trends in Psychology” organized by the Department of Psychology, Govt. College, Malerkotla (Punjab) on October 23-24, 2010.
29. National Seminar on “Aggression and Violence: Challenges for Social Well-Being” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi on March 17-18, 2010.
30. International Conference on “Concept of Psyche in Islam” organized by Department of Psychology, A.M.U. Aligarh and Institute of Objective Studies, New Delhi-25 at Aligarh (INDIA) on October 26-28, 2009.
31. International Conference on “New Trends in Psychological Research” organized by the Department of Psychology and Applied Psychology, University of Punjab, Lahore (PAKISTAN) between 5 to 7 April 2007

Conference/Seminar/workshop conducted/ organized:

1. Organized an International conference on “Islamic psychology: Theory, research, and application” at AMU, Aligarh on November 10-12, 2018.

2. Organized two days international conference on “Islamic Psychology: Nature, methods and application” at India Islamic Cultural Centre, New Delhi on November 25-26, 2017.
3. Organized two days national conference on “Islamic perspective in Psychology: Challenges and future prospects” in New Delhi during November 14-15, 2016.
4. Conducted workshop on “Interpretive phenomenological analysis” at Amity University, Rajasthan on April 8, 2016.
5. Five-day workshop for the students of “Post-Graduate Diploma in Guidance and Counseling (Distance Mode), Centre for Distance and Open learning, organized at Jamia Millia Islamia, New Delhi during January 9-13, 2016.
6. Five-day workshop for the students of “Post-Graduate Diploma in Guidance and Counseling (Distance Mode), Centre for Distance and Open learning, organized at Jamia Millia Islamia, New Delhi during December 21-25, 2014.
7. Five-day workshop for the students of “Post-Graduate Diploma in Guidance and Counseling (Distance Mode), Centre for Distance and Open learning, organized at Jamia Millia Islamia, New Delhi during December 20-24, 2013.
8. Five-day workshop for the students of “Post-Graduate Diploma in Guidance and Counseling (Distance Mode), Centre for Distance and Open learning, organized at Jamia Millia Islamia, New Delhi during December 20-24, 2012.
9. Five-day workshop for the students of “Post-Graduate Diploma in Guidance and Counseling (Distance Mode), Centre for Distance and Open learning, organized at Jamia Millia Islamia, New Delhi in December 2011.
10. National Seminar on “Aggression and Violence: Challenges for Social Well-Being” organized at Jamia Millia Islamia, New Delhi on March 17-18, 2010.

Lectures/talks delivered in Foreign Universities/Institutes:

1. Lecture on “Introduction to Islamic Psychology: The concept of Nafs, Qalb, ‘Aql and Tazkiyatun Nafs” delivered on July 7, 2023 from 9 am to 12 (Indonesian time) in the International intensive course in Islamic Psychology 2023 themed “Islamic Psychology: Foundations and contemporary topics” organized by Faculty of Psychology and Social-Cultural Science, Universitas Islam, Yogyakarta, Indonesia and is endorsed and supported by International Association of Muslim Psychologists (IAMP) and International Institute of Islamic Thought (IIIT).
2. Online lecture on "The Concept of the Nafs and The Urgency of Tazkiyah" delivered on November 12, 2022 from 7.30 am to 10.30 am (Indian standard time) in the 4th International Intensive Course on Islamic Psychology (IICIP) organized

by the International Institute of Islamic Thought (IIIT) and the Universitas Islam Indonesia.

3. Online lecture on “Biological and Psychodynamic Paradigm of Psychopathology” delivered on June 21, 2022, at 11.30 AM (IST) onwards organized by the Department of Psychology, Airlangga University, Indonesia.
4. Online lecture on “Islamic psychology: Emergence and current challenges” delivered on November 27, 2021, at 7 P.M. onwards organized by Al-Balkhi Institute.
5. Lecture on “Child maltreatment in India” delivered on October 19, 2021, from 2 to 3 PM in the Faculty of Medicine, University of Tours, Tours (France).
6. Talk on “Problems and support for street children in Delhi” delivered on June 2019 in Leicester Institute for advanced studies (LIAS), University of Leicester, UK.
7. Lecture on “Child maltreatment in India” delivered in the Department of Psychology, University of Saarland, Germany on July 4, 2018.
8. Lecture on “Religion and Mental health: A case for Islamic psychotherapy” delivered in the Department of Psychology, University of Waterloo, Canada on June 21, 2018.
9. Talk on “Parapsychology and other trends” delivered on October 2017 in Amity University, Dubai Campus, United Arab Emirates (UAE).
10. Lecture on “Parapsychology and Islamic perspective” was delivered in the studio of Virtual University, Lahore (Pakistan), on April 9, 2007.
11. Talk on “Schizophrenia and Psychotherapy” was delivered in the Department of Psychology, MAO College, Lahore (Pakistan), on April 9, 2007.
12. Lecture on “Nature and prospects of Parapsychology” was delivered in the Department of Psychology and Applied Psychology, University of Punjab, Lahore (Pakistan), on April 9, 2007.

Lectures/ talks delivered in Indian Universities/Colleges/Institutes:

1. Lecture on “Hypnosis and its application” delivered on March 04, 2024 from 11 AM to 12.30 PM in one day workshop on ‘Mental wellness unleashed: Insight into hypnosis and positive psychology’ organized by Dr. Bhim Rao Ambedkar College (University of Delhi).
2. Online lecture on “Building better mental health” delivered on December 20, 2023 from 11.15 am to 12.45 pm in the Refresher Course on ‘Essentials for Balancing Life’ organized by UGC-MMTTC (University of Rajasthan, Jaipur).
3. Lecture on “Spirituality and Well-being” delivered from 12 noon to 1 PM on October 11, 2023 in Gargee College, University of Delhi.
4. Online lecture on “Mental health problems” delivered from 11.30 AM to 1.00 PM on August 30, 2023 in an online 2-week refresher course in Basic science from 22 August to 4 September, 2023 organized by the Human Resource Development Centre, Jamia Millia Islamia, New Delhi.
5. Lecture on “Psychological counselling” delivered on August 18, 2023 in an Induction Program for newly admitted students of B.Tech/M Tech & M Sc

- organized by the Faculty of Engineering and Technology, Jamia Millia Islamia, New Delhi.
6. Lecture on “Exploring the growing trend of Islamic Psychology: Understanding Islamic Psychology in global and Indian context” delivered at Salaam Center, Banglore on March 19, 2023 organized by the Centre for Study and Research (CSR), India.
 7. Online lecture on “Religion, Spirituality and Mental Health” delivered on January 10, 2023 in ‘Refresher Course in Psychology (Online)’ organized by UGC-Human Resource Development Centre, University of Rajasthan, Jaipur during January 4-17, 2023.
 8. Online lecture on “Approaches to Mental Wellness: Aspects of Mental Health & Influences on Physical Health” delivered on October 10, 2022 in CME-cum-Webinar on ‘World Mental Health Day’, Monday, the 10th of October 2022 at 15:00-16:00 hrs for all employees at HCL Healthcare organized by HCL Healthcare.
 9. Lecture on “Disaster Psycho-social care” delived on August 04, 2022 from 10.30 am to 11.30 am in the “Offline training programme on disaster risk reduction (1-5 August, 2022) organized by the Department of Geography, Jamia Millia Islamia, New Delhi.
 10. Lecture on “Planning guiding research for PG & Ph.D. level students & Writing a research article” delivered on June 08, 2022, from 11.30 AM to 1.00 PM in ICSSR sponsored capacity building program on "Skill Building Program in the field of Addiction & Research for College Teachers" organized by the National Drug Dependence Treatment Centre (NDDTC), AIIMS, Ghaziabad.
 11. Lecture on “Addiction in College campuses” was delivered on June 08, 2022, from 10 AM to 11.30 AM in ICSSR sponsored capacity building program on "Skill Building Program in the field of Addiction & Research for College Teachers" organized by the National Drug Dependence Treatment Centre (NDDTC), AIIMS, Ghaziabad.
 12. Online lecture on “Religion, spirituality and mental health” delivered on February 07, 2022, from 3.45 PM to 5.15 PM in a Two-week refresher course on “Stress and mental health issues in present times” organized by the UGC-Human resource development centre, Doctor Hari Singh Gour Vishvadyalaya, Sagar, M.P. (India).
 13. Online lecture on “Spirituality and religion in psychology: A review” delivered on January 22, 2022, at 3 PM onwards organized by the Department of Psychology, Chaudry Charan Singh University, Meerut (UP).
 14. Online lecture on “Challenges in Islamic psychology” delivered on December 26, 2021, from 7 PM onwards organized by the International students of Islamic psychology (India).
 15. Online lecture on “Mental health” delivered on December 23, 2021, from 3.30 to 5 PM in the 7th Faculty Induction Program organized by the Human resource center (Academic staff college), Jamia Millia Islamia, New Delhi-25
 16. Online lecture on “Stress management and care for mental health” delivered on November 17, 2021, at 7 P.M. onwards organized by the Department of Arabic, Jamia Millia Islamia, New Delhi-25

17. Online lecture on “Effective teaching” delivered on March 30, 2021, from 11.20 to 12.20 PM in the faculty development program organized by Govt. College, Malerkotla, District Sangrur (Punjab).
18. Online lecture on “How can teachers maintain their mental health during COVID-19 pandemic” delivered on February 16, 2021, from 2 to 4 PM in the course organized for teachers by S.P. College, Srinagar.
19. Online lecture on “Mental health” delivered on January 23, 2021, from 2 to 5 PM in the 3rd Faculty Induction Programme Organized by the Human resource center (Academic Staff College), Jamia Millia Islamia, New Delhi.
20. Online lecture on “Islamic Psychology: Emergence and Challenges in Choosing Appropriate Research Paradigm” delivered on December 30, 2020, from 11 am to 12.30 pm in the “3-Week International Interdisciplinary Research Methodology Workshop from 21-12- 2020 to 11-01-2021” organized by the Shah-I- Hamdan Institute of Islamic Studies, University of Kashmir, Srinagar.
21. Online lecture on “Spirituality and Mental health” delivered on December 07, 2020, from 2.30 to 4.00 pm in the “7-days Short Term Course (STC)/Faculty Development Programme (FDP)” on the theme “Mental health and spirituality: The capital of wellbeing” during 05.12.20 to 11.12.2020 organized by the UGC-Human Resource Development Centre, Panjab University, Chandigarh.
22. Online lecture on “ Child Sexual Abuse: The mental health assessment” delivered on December 04, 2020, from 10.15 to 11.30 am in the “Course on Juvenile Justice Act, 2015, POCSO Act, 2012, and Cyber Crime in respect of Juvenile during December 3-4, 2020” organized by LNIN National Institute of Criminology and Forensic Science (Ministry of Home Affairs), Rohini, New Delhi.
23. Online lecture on “Women’s mental health” delivered on November 28, 2020, at 10 am in a webinar on “ How to manage women’s mental health” jointly organized by Bundelkhand Institute of Engineering and Technology (BIET), Jhansi, and State Project Implementation Unit (SPIU), UP.
24. Online lecture on “Mental health” delivered on September 10, 2020, at 5.30 PM organized by the Department of Islamic Studies, Jamia Millia Islamia, New Delhi
25. Online lecture on “COVID-19: A new chapter in the realm of Mental Health” delivered on September 02, 2020, at 11 am organized by the S.P. College, Srinagar.
26. Online lecture on “Research traditions in social sciences” delivered on August 26, 2020, from 10 am to 1.30 pm in the 44th Faculty induction programme for the College and University teachers of diverse disciplines organized by the UGC-Human Resource Development Centre, Punjabi University, Patiala.

27. Online lecture on “COVID-19 pandemic: Psychological reaction and coping” delivered on June 18, 2020, at 11 am organized by the Department of Psychology, Karim City College, Jharkhand.
28. Lecture on “Mental health” delivered on March 02, 2020, in the one-month induction program from 27 February to 27 March 2020 for faculty members of different Colleges and Universities organized by the Human Resource Development Centre and School of Education (PMMMNMST, MHRD, GOI) Jamia Millia Islamia, New Delhi.
29. Lecture on “Mental health: Attitudes and values” delivered on February 27, 2020, in the 128th 3-Week Orientation Programme from 12 February to 03 March 2020. Organized by the Human resource center (Academic staff college), Jamia Millia Islamia, New Delhi.
30. Lecture on “Psychological Dynamics of Crime and Criminal Behaviour” delivered in the course on “Crime and Justice” for Higher Judicial Service Officers, SP / DCP & above, Prosecution Officials, Defence Personnel, Prison /Welfare Correctional Administrators organized by LNIN National Institute of Criminology and Forensic Science (Ministry of Home Affairs), Rohini, New Delhi on December 10, 2019.
31. Lecture on “Mental health” delivered in 124th 4-Week Orientation Programme from 12 February to 12 March 2019 organized by UGC-Human resource development centre (Academic Staff College), Jamia Millia Islamia, New Delhi on February 25, 2019.
32. Lecture on “Mental health” delivered in 21-day In-service training program for the teachers of the Jamia Schools from 24th Dec. 2018 to 14th Jan. 2019 organized by the Faculty of Education, Jamia Millia Islamia, New Delhi on December 30, 2018.
33. Lecture on “Mental health” delivered in the 4-Week Orientation Programme from 26 November to 22 December 2018 organized by UGC-Human resource development centre (Academic Staff College), Jamia Millia Islamia, New Delhi on December 08, 2018.
34. Lecture on “Mental health problems” delivered in the 6th 3-Week Refresher course in Basic Science (Interdisciplinary) from 26th September to 17th October organized by UGC-Human resource development centre (Academic Staff College), Jamia Millia Islamia, New Delhi on October 13, 2018.
35. Lecture on “Psychology of juvenile social maladjustment” delivered in the course on “Juvenile social maladjustment” for Judges/Magistrates, Senior officers from Police, Prosecution Officials, and Prisons/Correctional Administrators organized by LNIN National Institute of Criminology and Forensic Science (Ministry of Home Affairs), Rohini, New Delhi on September 17, 2018.

36. Lecture on “Mental health” delivered in the 13th 3-Week Refresher Course in Human Rights & Social Inclusion (Interdisciplinary) from 27 August to 17 September 2018 organized by UGC-Human resource development centre (Academic Staff College), Jamia Millia Islamia, New Delhi on September 13, 2018.
37. Lecture on “Mental health” delivered in the 121 4-Week Orientation Programme from 17 July to 13 August 2018 organized by UGC-Human resource development centre (Academic Staff College), Jamia Millia Islamia, New Delhi on July 31, 2018.
38. Lecture on “Mental health: A psycho-religious perspective” delivered in Govt. Boys P.G. College, Baramulla, Kashmir on May 26, 2018.
39. Lecture on “Mental health” delivered in one-month Induction Training of faculties in the Universities/Colleges/Institutes organized by The Human Resource Development Centre in collaboration with School of Education, Jamia Millia Islamia at Jamia Millia Islamia on February 24, 2018.
40. Lecture on “Mental health” delivered in the course for Assistant Registrars of Jamia Millia Islamia organized by the UGC-Human resource development centre (Academic Staff College), Jamia Millia Islamia, New Delhi on January 27, 2018.
41. Lecture on “Understanding criminal mind” delivered in the course on “Management of Criminal Behaviour” for Judges/Magistrates, Dy. Supdt. Of Police and above, Prosecution Officials and Prisons/Correctional Administrators organized by LNIN National Institute of Criminology and Forensic Science (Ministry of Home Affairs), Rohini, New Delhi on December 11, 2017.
42. Lecture on “Hypnosis and its applications” delivered in Ambedkar College, the University of Delhi on November 11, 2017.
43. Lecture on “Anger management” delivered to the Doctors of the Faculty of Dentistry in the course organized by UGC-Human resource development centre (Academic Staff College), Jamia Millia Islamia, New Delhi on November 7, 2017.
44. Lecture on “Anger management” delivered to the Doctors of the Faculty of Dentistry in the course organized by UGC-Human resource development centre (Academic Staff College), Jamia Millia Islamia, New Delhi on October 24, 2017.
45. Lecture on “Mental health issues” delivered in 119th 4-Week Orientation Programme for teachers organized by UGC-Human resource development centre (Academic Staff College), Jamia Millia Islamia, New Delhi on August 19, 2017.

46. Lecture on “Mental health” delivered in orientation course for teachers organized by UGC-Human resource development centre (Academic Staff College), Jamia Millia Islamia, New Delhi on June 9, 2017.
47. Lecture on “Mental health problems” delivered for Technicians and Non-teaching staff for Faculty of Dentistry at UGC-Human resource development centre (Academic Staff College), Jamia Millia Islamia, New Delhi on May 16, 2017.
48. Lecture on “Motivation at the workplace” delivered for Faculty members of Galtotia College, NOIDA (UP) on May 9, 2017.
49. Lecture on “Mental health” delivered in Six-Day Training Programme for Interns, Faculty of Dentistry, Jamia Millia Islamia organized by The UGC- Human resource development centre (Academic Staff College), Jamia Millia Islamia, New Delhi on April 12, 2017.
50. Lecture on “Counselling for depression” delivered in four-week “Training program in counseling techniques for senior service officers” organized by Defence Institute of Psychological Research (DIPR), New Delhi on March 27, 2017.
51. Lecture on “Research paradigms in Social Sciences” delivered in “Ten days research methodology course for Ph.D. students” organized by the Department of Geography, Jamia Millia Islamia, New Delhi on March 25, 2017.
52. Lecture on “Mental health” delivered in 117th 4-Week Orientation Programme for Faculty members of different Colleges and Universities organized by The UGC-Human resource development centre (Academic Staff College), Jamia Millia Islamia, New Delhi on March 1, 2017.
53. Lecture on “Personality development” delivered in Seven Day Induction Programme for Assistant Professors from Jamia Millia Islamia, New Delhi, organized by The UGC-Human resource development centre (Academic Staff College) Jamia Millia Islamia, New Delhi on December 22, 2016.
54. Lecture on “Personality development” delivered in Four-week programme for Assistant Registrar and equivalent from JMI organized by The UGC-Human resource development centre (Academic Staff College) Jamia Millia Islamia, New Delhi on November 30, 2016.
55. Lecture on “Importance of discipline” delivered in New Horizon school, Nizamuddin, New Delhi, on August 19, 2016
56. Lecture on “Psycho-social aspects of disaster management” delivered in 2nd 3-week Refresher course in disaster management organized by UGC-Human Resource Development Centre, Jamia Millia Islamia, New Delhi on July 23, 2016.

57. Lecture on “Mental health” delivered in the “Orientation Programme” organized by the UGC Human resource development centre, Jamia Millia Islamia, New Delhi on May 31, 2016.
58. Lecture on “Psychological dynamics of crime and criminal behavior” delivered in the course on “Crime and Justice” for higher judicial service officers organized by LNJN National Institute of Criminology and Forensic Science (Ministry of Home Affairs), Rohini, New Delhi on April 25, 2016.
59. Lecture on “Islamic perspective on Psychology” delivered in the Department of Psychology, the University of Delhi on March 17, 2016.
60. Lecture on “Mental health and well-being of Youths” delivered in the Moolchand Medcity on March 16, 2016, jointly organized by Gargee College, Delhi, and Expression India.
61. Lecture on “Globalization and health management” delivered in the Refresher course organized by Academic Staff College, Jai Narain Vyas University, Jodhpur, on December 2, 2015.
62. Lecture on “Globalization and health” delivered in the Refresher course organized by Academic Staff College, Jai Narain Vyas University, Jodhpur, on December 1, 2015.
63. Lecture on “Sampling and its types” delivered in the course on “Expediting Justice through research” from 16th to 20th November 2015 organized by LNJN National Institute of Criminology and Forensic Science (Ministry of Home Affairs), Rohini, New Delhi on November 17, 2015.
64. Lecture on “Stress management” delivered in the panel discussion organized by the Institute of Human Behavior and Allied Science (IHBAS) on the occasion of World Mental Health Day at India International Centre, New Delhi on October 10, 2015.
65. Lecture on “Therapeutic use of hypnosis” delivered in the Department of Psychology, Kumaon University (Campus Almora), Almora on June 6, 2015.
66. Lecture on “Handwriting analysis” was delivered in the Department of Psychology, Kumaon University (Campus Almora), Almora on June 5, 2015.
67. Lecture on “Draw a person test” was given in the Department of Psychology, Kumaon University (Campus Almora), Almora on June 4, 2015
68. Lecture on “Aggression: its etiology, and its manifestations” delivered on May 5, 2015, in a training programme for the police officers working in the special police unit for women and children organized by the Department of Social Work, Jamia Millia Islamia, New Delhi

69. Lecture on “Hypnosis research” delivered on March 24, 2015, in 15 days workshop on Research Methodology in Social Sciences organized by the Department of Psychology, Jamia Millia Islamia, New Delhi, from 12th to 26th March 2015 under the Capacity Building Programme for Faculty Members sponsored by Indian Council of Social Sciences Research (ICSSR).
70. Lecture on “Hypnosis and its application” delivered in the Department of Psychology, Ambedkar Collage (University of Delhi), Delhi on September 27, 2014.
71. Lecture on “Counseling for anxiety and depression” delivered in the “Training Programme in Counseling for Senior Army officers from 6th May to 24th May 2013, organized by the Defence Institute of Psychological Research, Delhi, on May 10, 2013
72. Lecture on “Mental health” delivered in the Academic Staff College, Jamia Millia Islamia, New Delhi, on October 20, 2011.
73. Lecture on “Hypnosis” delivered in the Academic Staff College, Jamia Millia Islamia, New Delhi, on August 2, 2011.
74. Lecture on “Recent trends in mental health” delivered in the Gokul Das Girls Hindu College, Moradabad (UP) on February 15, 2011.
75. Lecture on “Spirituality and wellbeing” delivered in the Gokul Das Girls Hindu College, Moradabad (UP) on February 15, 2011.
76. Lecture on “Psychological factors related to the process of aging” delivered to participants of Five-Day training in Geriatric counseling from January 31 to February 4, 2011, at National Institute of Social Defence, New Delhi, on February 1, 2011.
77. Lecture on “Spirituality: An Islamic Perspective” delivered in the refresher course organized by the Department of Psychology, University of Delhi (North Campus) on December 2, 2010.
78. Lecture on “Gestalt Therapy” delivered to the Masters' Students in the Department of Social Work, Jamia Millia Islamia, New Delhi on Nov. 20, 2010.
79. Lecture on “Rogerian approach to Counseling and Psychotherapy” delivered in the department of Psychology Sri Arvindo College (E), New Delhi on February 24, 2010.
80. Lecture on “Counseling techniques” delivered to participants of One Month Certificate Course on Basic Issues in Geriatric Care from 18th January to 17th

February 2010 organized by National Institute of Social Defence in R.K. Puram, New Delhi on February 10, 2010.

81. Lecture on “Counseling: nature and approaches” delivered to participants of One Month Certificate Course on Basic Issues in Geriatric Care from 18th January to 17th February 2010 organized by National Institute of Social Defence in R.K. Puram, New Delhi on January 21, 2010.
82. Lecture on “Psychology and film making” delivered in the Sadhna Academy for Media Studies” Sector 10, C, 457, NOIDA, on May 15, 2009.
83. Lecture on “ Mental health problems in HIV/AIDS delivered in 13 days (25 March 2009 to 9 April 2009) NACO Training in HIV/AIDS Counseling for Counselors organized by the Department of Psychology, Jamia Millia Islamia, New Delhi-25,
84. Lecture on “Hypnosis and its application” delivered in the department of Psychology Sri Aurobindo College, New Delhi, on March 4, 2009
85. Lecture on “ Mental health problems in HIV/AIDS delivered in 12 days (29 December 2008 to 9 January 2009) NACO Training in HIV/AIDS Counseling for Armed forces medical services organized by the Department of Psychology, Jamia Millia Islamia, New Delhi-25, on 8 January 2009.
86. Lecture on “Mental health problems in HIV/AIDS” delivered in 12 days (13-24 October 2008) NACO Training in HIV/AIDS Counseling for Paramedical staff of central paramilitary forces medical services (CPFMS) organized by Department of Psychology, Jamia Millia Islamia, New Delhi-25, on October 23, 2008.
87. Lecture on “Aggression and Violence: Adolescents issues” delivered in the Defence Institute of Psychological Research, Ministry of Defence, DRDO, New Delhi, on September 17, 2008.
88. Lecture on “Intergenerational gaps-Issues related to adjustment” was delivered in Pandit Salagram Secondary School, Sutiyaana, Greater NOIDA, organized by the National Institute of social defense and WSEDP, on March 29, 2008.
89. Lecture on “Responsibility of the youth towards the Aged” was delivered at Dev Samaj Modern School, Sukhdev Vihar, New Delhi, Organized by the National Institute of social defense & WSEDP, on March 24, 2008.
90. Lecture on “Ageing and generation gap-A perspective” was delivered at Nazeer Senior Secondary School, Pilakhwa, Organized by the National Institute of social defense & WSEDP, on March 16, 2008.
91. Lecture on “Psychodynamic therapies” was delivered in the department of Psychology, Sri Arvindo College, New Delhi, on February 29, 2008.

92. Lecture on “Islamic View on Dreams” was delivered in the Department of Psychology, Delhi University, New Delhi, on January 24, 2008.
93. Lecture on “Importance of clinical interview and case study method” was delivered in the department of Psychology, Arvindo College, New Delhi, on November 1, 2007.
94. Talk on “Suicide and its prevention” was given to Sri Lankan delegates at Academic Staff College, Jamia Millia Islamia, New Delhi, on October 8, 2007.
95. Lecture on “Sources and management of stress” was delivered in Mata Sundari College, New Delhi, Organized by Delhi social welfare board, on March 26, 2007.
96. Lecture on “Parenting skills and psychological disorders” was delivered at the All India Women’s conference, New Delhi, Organized by Delhi social welfare board, on March 23, 2007.
97. Lecture on “Importance of case study method in clinical psychology” was delivered in the department of Psychology, Arvindo College (Evening), New Delhi, on March 7, 2007.

TV Programs /Show

1. INDIA TV: Have given 31 live shows on various topics such as mental illness, homosexuality, sex problems, and so on since March 23, 2007, to date between 12 to 2.30 AM.
2. PRAGYA TV: Have given 11 live shows on various topics such as managing stress, showing off, confusion, inferiority complex, mood disorders, OCD, etc. since January 31, 2008, till date.
3. STAR NEWS: Have given 2 recorded programs on “Hypnosis and past life” on December 14, 2007, and on “Dream Interpretation” on December 16, 2007.
4. AZAD NEWS: Have given 1 live show on “Tension and its effect” on February 5, 2008, between 6.30 to 7 PM.
5. ETV URDU: Have given 1 recorded program on “Why are women presented as hot news” on April 24, 2007, between 8 to 8.30 PM.
6. Focus TV: Have given 1 live show on “Why do people become aggressive after being rejected in love” on March 09, 2009, between 7.30 to 8.00 PM.

7. P7 News: Have given 2 live shows one on “Examination anxiety” on March 19, 2009, between 6 to 7 PM. And second on “Dreams and its interpretation” on June 27, 2009, between 8.30 to 9.00 P.M.
8. Mahua News: Have given 1 live show on “Govt. new proposed law banning beating of children by their parents” on July 16, 2010, between 9.30 to 10.00 PM.
9. India News: Have given 3 live shows one on “the role of media and mental state of the person who attacked Dr. Rajesh Talwar” on January 25, 2011, between 9.00 to 9.30 PM., and the second on “Gurgaon toll tax murder case and Why do police commit atrocities? on September 23, 2011, between 9.00 to 10.00 PM. and third on “Why people don’t kill Ravana of their own selves” on October 6, 2011, between 9.00 to 10.00 P.M.
10. News Express: Recorded program on “Chakrview” why people cheat others on December 30, 2011.
11. Jia News: Have given 1 live show on “road rage” on February 28, 2014, between 5.30 to 6.00 PM.
12. Z Sangam: Given 1 recorded show on “Haphazard of urbanization” on September 8, 2014, between 9.30 to 10.00 PM

Awards:

1. “Significant contribution award” in Multidisciplinary healthcare conference AIIMS 2016 organized by AIIMS, New Delhi in collaboration with J.R.N. Rajasthan Vidyapeeth University, Udaipur during November 2-8, 2016.
2. “Lifetime achievement award” in National Seminar on “Social harmony and wellbeing: Issues and challenges” Aurbindo College (Eve.), The University of Delhi on March 18, 2016.
3. “Significant Contribution Award” in Psychology Discipline in International Conference on “Multidisciplinary Healthcare”, AIIMS, New Delhi, January 12, 2014.

Member of different committees/ Other Achievements:

1. University fellowship in AMU, Aligarh during 1993-94.
2. Chairperson, Institutional Ethical Clearance Committee for Social Sciences, Jamia Millia Islamia, New Delhi, from July 2016 to May 2020.
3. Head, Human behavior centre, Ansari Health Centre, Jamia Millia Islamia, New Delhi, from 2016 to 2018.

4. Member, Board of Studies, Department of Psychology, Faculty of Science and Humanities, SRM University- Delhi NCR, Sonapat, Haryana since July 01, 2022.
5. Member, Board of Post Graduate Studies in Psychology, Punjabi University, Patiala since April 19, 2022.
6. Member, PG Board of studies, Department of Psychology, MDU, Rohtak since January 15, 2021.
7. Member, UG Board of Studies, Department of Psychology, Kurukshetra University Since August 24, 2021.
8. Member, Research Degree Committee (RDC), Department of Psychology, Gurukul Kangri Vishwavidyalya, Haridwar since April 27, 2019
9. Member, Board of Studies, Department of Sociology, Jamia Millia Islamia, New Delhi since February 22, 2022.
10. Member, Departmental Research Committee (DRC), Faculty of Law, Jamia Millia Islamia, New Delhi since November 17, 2023.
11. Member, Research Degree Committee (RDC), Department of Psychology, MDU, Rohtak, from 2016 to 2019.
12. Member, Faculty Committee, Faculty of Social Sciences, MDU, Rohtak, from 2016 to 2019.
13. Member, Board of Management, Centre for Early Childhood and Development (CECDR), Jamia Millia Islamia, New Delhi, from December 29, 2014, to December 28, 2017.
14. Member, the committee of studies, Centre for Early Childhood and Development (CECDR), Jamia Milli Islamia, New Delhi, from August 25, 2014, to August 24, 2017.
15. Member, Committee of studies, Centre for the study of social inclusion and inclusive policy, Jamia Millia Islamia, New Delhi, from April 2016 to 2019.
16. Member, Research Degree Committee (RDC), Gautama Buddha University, NOIDA, from 2014 to 2017.
17. Member, Area Advisory Board, Amity University, NOIDA, from 2014 to 2017.
18. Member, Research Degree Committee (RDC), Department of Psychology, Amity University, Haryana, from 2014 to 2017.

19. Member, Research Degree Committee (RDC), Department of Psychology, Amity University, NOIDA, Since May 2017.
20. Member, Board of Studies, Faculty of Arts, Amity University, Haryana, from 2015 to 2018.
21. Member, Board of Studies, Department of Psychology, AMU, Aligarh from May 27, 2019, to May 26, 2021.
22. Member, DRC, Department of Clinical Psychology, Faculty of Behavioural Sciences, SGT University, Gurugram from 2017 to 2020.
23. Member of Board of Studies (UG), Maharshi Dayanand University (MDU), Rohtak, from 2012 to 2014.

Program committee, Technical committee member of

24. First Annual International Conference on Cognitive and Behavioral Psychology (CBP-2012), held on 13-14 Feb. 2012, in Singapore.
25. Second Annual International Conference on Cognitive and Behavioral Psychology (CBP-2013), held on 25-26 Feb. 2013, in Singapore.
26. Third Annual International Conference on Cognitive and Behavioral Psychology (CBP-2014), held on 24-25 Feb. 2014, in Singapore.
27. Fourth Annual International Conference on Cognitive and Behavioral Psychology (CBP-2015), held on 9-10 Feb. 2015, in Singapore.
28. Fifth Annual International Conference on Cognitive and Behavioral Psychology (CBP-2016), held on Feb. 22-23, 2016 in Singapore.
29. Sixth Annual International Conference on Cognitive and Behavioral Psychology (CBP-2017), held on March 6-7, 2017 in Singapore.

Program/Scientific Committee member of

30. International Psychological Applications Conference and Trends (InPACT, 2012), held on 24-26 May 2012 in Lisbon, Portugal.
31. International Psychological Applications Conference and Trends (InPACT, 2013), held on 26-28 April 2013 in Madrid, Spain.
32. International Psychological Applications Conference and Trends (InPACT, 2014), held on 4-6 April 2014 in Porto, Portugal.

33. International Psychological Applications Conference and Trends (InPACT, 2015), held on 2-4 May 2015 in Ljubljana, Slovenia.
34. International Psychological Applications Conference and Trends (InPACT, 2016), held from April 30 to May 2, 2016, in Lisbon, Portugal.
35. International Psychological Applications Conference and Trends (InPACT, 2017) to be held on April 29-May 1, 2017 in Budapest, Hungary.
Editorial member/consultant/ review panel of
36. Indian Journal of Psychology and Mental Health since 2008.
37. GSTF Journal of Law and Social Sciences (JLSS) since 2012.
38. Issues and Ideas in Education since 2015.
39. Psychological Trauma: Theory Research Practice and Policy since 2016.
40. Indian Journal of Behavioral Sciences (IJBS) since March 2016

Administrative and Corporate experiences:

1. Dean Students' Welfare (DSW), Jamia Millia Islamia, New Delhi from January 29, 2018, to June 05, 2019.
2. Offg. Dean Students' Welfare (DSW), Jamia Millia Islamia, New Delhi, from May 30, 2017, to January 28, 2018.
3. Dy. Dean Students' Welfare (DSW), Jamia Millia Islamia, New Delhi, from June 17, 2015, to May 29, 2017.
4. Head, Department of Psychology, Jamia Millia Islamia, New Delhi, from July 1, 2013, to June 30, 2016.
5. Hon. Director, University Counselling and Guidance Centre, Jamia Millia Islamia, New Delhi from October 11, 2018 to September 11, 2022.
6. Member Standing Committee for Act, Statutes & Ordinances (SC-ASO), Jamia Millia Islamia, from November 24, 2014, to December 2016.
7. Coordinator (From 2011 to January 25, 2016), PG Diploma in Guidance and Counseling (Distance Mode), Arjun Singh Center, Jamia Millia Islamia, New Delhi-25.
8. Offg. Security Advisor, Jamia Millia Islamia, from 13 Oct. 2010 to 23 Nov. 2010.

9. Warden, SRK Hostel from 23.7.2001 to 26.7.2004.
10. Sr. Warden, SRK Hostel from 27.7.2004 to 15.3.2005.
11. Assistant Proctor, roughly from Feb.1997 to Sept.1998 and from 21.11.2006 to 22.11.2009.
12. Deputy Proctor, Jamia Millia Islamia, from 23.11.2009 to July 2013.
13. Assistant Superintendent of Compartment Examination, 2000.
14. Assistant Superintendent of Annual Examinations, 2003 & 2007.
15. Member Flying Squad, Examination, Dec. 2006 & Annual Examinations, 2007, 2008, 2009, 2010, 2011, 2012, 2013 Annual and Semester examination.
16. Student advisor of B.A. Course (Final), Jamia Millia Islamia, from 2006 to 2009.
17. President, Boxing Club, Sports Committee, Jamia Millia Islamia, New Delhi, from 2004 to 2010.
18. Assistant Superintendent of Entrance Examination, 2007, and 2009 of Jamia Millia Islamia, New Delhi.
19. Assistant Superintendent of Annual examination, 2008, and of P.G. Diploma in Counseling Exam.
20. Coordinator of Practical examination of the Department of Psychology, 2009.
21. Superintendent of Engg. Entrance test, centre 20, 2010, centre 22, 2011, centre 21, 2012, centre 20, 2013, and centre 52, 2014.
22. Superintendent of Diploma Engg. Entrance test, 2009, Center ---, Jamia Millia Islamia, New Delhi-25.
23. Assistant Superintendent (Centre 2, Commerce building) of Dental test -2009, Jamia Millia Islamia, New Delhi-25.
24. Member, Central admission committee, 2011, 2012 Jamia Millia Islamia, New Delhi-25
25. Incharge, Extension lecture, 2010-11 session, Department of Psychology, Jamia Millia Islamia, New Delhi-25.

26. Fieldwork Coordinator from 2007 to 2010 for Students (Clinical group), Department of Psychology, Jamia Millia Islamia, New Delhi-25
27. Placement Coordinator (Session 2011-12) for the students of Department of Psychology, Jamia Millia Islamia, New Delhi-25
28. Superintendent of UGC test of NET at Zakir Hussain College, Delhi, Dec. 2011.
29. Superintendent of XI (Science) entrance test, Centre no. 12, on May 31, 2015, Jamia Millia Islamia, New Delhi-25
30. Superintendent of M. A. Psychology semester examinations, December 2013; May and December 2014; May and December 2015.
31. Superintendent of Advanced Diploma in Counseling Psychology semester examinations, December 2013; May and December 2014; May and December 2015.

Personal:

Date of Birth : 02.11.1965 (Second Nov. Nineteen Sixty five)
Sex/Marital Status : Male/married.
Nationality : Indian
Religion : Islam

(Naved Iqbal)