

## **Korsi Dorene Kharshiing, Ph.D.**

Department of Psychology,  
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### **Education**

Ph.D. in Psychology, Jamia Millia Islamia (A Central University), New Delhi, India with the Thesis entitled “*Negotiation and Contestation of Ethnic Identity among Khasis through the Social Identity Approach.*”

M.A. in Applied Psychology, University of Delhi, Delhi, India.

B.A. (Honors) in Psychology, Lady Shri Ram College for Women, University of Delhi, Delhi, India.

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### **Employment and Academic Experience**

#### ***Present Role***

Associate Professor, Department of Psychology, Jamia Millia Islamia (A Central University), New Delhi, India.

#### ***Research Interests***

Social psychology, Identity, Group relations, Gender, Ethnicities, Health psychology, Peace psychology, Cross-cultural psychology.

#### ***Teaching and Research Supervision***

*Ph.D. Supervision* - Awarded: 01  
- Ongoing: 05

*Ph.D. Coursework* - Research Methods

*M.A. Applied Psychology* - Social Psychology, Peace Psychology, Research Methods, Psychotherapy, Clinical Psychology, Interventions in Counselling and Practicum: Testing  
- Supervision of graduate dissertations

*B.A. Honors in Psychology* - Counseling and Guidance, Social Psychology, Abnormal Psychology, Psychopathology and Practicum: Testing  
- Supervision of minor research projects

#### ***Career and Service Responsibilities***

Teacher Placement Coordinator, Department of Psychology, Jamia Millia Islamia, New Delhi, India (July 2019 – ongoing).

Member, Student Grievance Redressal Committee, Faculty of Social Sciences, Jamia Millia Islamia, New Delhi (from 11.06.2023 till date)

Coordinator for Internship/ Field Training of M.A. Applied Psychology students, Department of Psychology, Jamia Millia Islamia, New Delhi, India (July 2019 – ongoing).

Nodal officer for Alumni Connect Cell, Department of Psychology, Jamia Millia Islamia, New Delhi, India (September 2022 – ongoing).

Nodal Officer for NAAC, Department of Psychology, Jamia Millia Islamia, New Delhi, India (2014 – 2015).

Coordinator of the Advanced Diploma Course in Counseling Psychology, Department of Psychology, Jamia Millia Islamia, New Delhi, India (July 2013 – July 2015).

Assistant Coordinator of Advanced Diploma Course in Counseling Psychology, Department of Psychology, Jamia Millia Islamia, New Delhi, India (July 2007–Jan 2010).

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## Publications

### *Research Papers*

1. Khan, F., Kohli, S., Potsangbam, E., & **Kharshiing, K.D.** (2025). The experiences of Hijab and Non-Hijab-wearing Muslim women students: Exploring social isolation, and discrimination in Delhi, India. *Journal of Community Psychology*. <https://doi.org/10.1002/jcop.23174>
2. Kohli, S., & **Kharshiing, K.D.** (2025). Understanding the world of physical and digital objects: A qualitative exploration. *Current Psychology*. <https://doi.org/10.1007/s12144-024-07213-9>
3. Pathak, V., Khan, F., Kohli, S., Potsangbam, E., & **Kharshiing, K.D.** (2024). Representation of romantic relationship in popular Indian lyrics: An analysis of implicit messages. *Journal of Media and Communication*, 8(2), 12-32. [https://jmc.cutn.ac.in/pages/2024\\_issues.html](https://jmc.cutn.ac.in/pages/2024_issues.html)
4. **Kharshiing, K.D.** (2024). How matrilineal are the Khasis in Northeast India? A Critical Discourse Analysis of gender and identity. *Human Arenas*. <https://doi.org/10.1007/s42087-024-00422-5>
5. Pathak, V., **Kharshiing, K.D.** & Shahnawaz, M.G. (2024). COVID-19 and emerging adults in India: A social representation approach. *Culture & Psychology*. <https://doi.org/10.1177/1354067X241242410>
6. Pathak, V., & **Kharshiing, K.D.** (2023). Possible selves in balance: exploring hopes and fears of Indian musicians. *Human Arenas*. <https://doi.org/10.1007/s42087-023-00346-6>.
7. Rehman, U., Shahnawaz, M.G., Gupta, K., Khan, N.H., **Kharshiing, K.D.**, Kashyap, D., Uniyal, R., & Khursheed, M. (2022). Development and validation of a New COVID-19 Anxiety Scale (NCAS). *Journal of Health Management*, 1-9. <https://doi.org/10.1177/09720634221114672>
8. Shahnawaz, M.G., Gupta, K., **Kharshiing, K.D.**, Kashyap, D., Khursheed, M., Khan, N.H., Uniyal, R., & Rehman, U. (2022). Individual and group level risk factors in preventive health and panic buying behaviors during COVID-19 pandemic in India. *Current Psychology*. <https://doi.org/10.1007/s12144-022-03098-8>

9. Rehman, U., Shahnawaz, M.G., Kashyap, D., Gupta, K., **Kharshiing, K.D.**, Khursheed, M., Khan, N.H., & Uniyal, R. (2021). Risk perception, social distancing, and distress during COVID-19 pandemic: Exploring the role of online counseling and perceived social support. *Death Studies*. <https://doi.org/10.1080/07481187.2021.2006826>
10. **Kharshiing, K.D.**, Kashyap, D., Gupta, K., Khursheed, M., Shahnawaz, M.G., Khan, N.H., Uniyal, R., & Rehman, U. (2020). Quality of life in the COVID-19 pandemic in India: Exploring the role of individual and group variables. *Community Mental Health Journal*. <https://doi.org/10.1007/s10597-020-00712-6>
11. Rehman, U., Shahnawaz, M.G., Khan, N.H., **Kharshiing, K.D.**, Khursheed, M., Gupta, K., Kashyap, D., & Uniyal, R. (2020). Depression, anxiety and stress among Indians in times of COVID-19 lockdown. *Community Mental Health Journal*. <https://doi.org/10.1007/s10597-020-00664-x>
12. **Kharshiing, K.D.** (2020). Identity and otherization in Northeast India: Representations in media texts. *Psychology and Developing Societies*, 32 (1), 65-33. <https://doi.org/10.1177/0971333619900046>
13. **Kharshiing, K.D.** (2016). Explicating ethnic identity of the Khasi in North-East India through the lens of the Identity Process Theory. *Psychological Studies*, 61(3), 197-210. <https://doi.org/10.1007/s12646-016-0363-9>
14. Siddiqi, N. & **Kharshiing, K.D.** (2015). Influence of organizational trust on job satisfaction and organizational commitment. *Abhigyan*, 33 (2), 53-64. <https://doi.org/10.1177/0970238520150205>
15. Patel, A. & **Kharshiing, K.D.** (2014). Attention, verbal learning and memory deficits in somatization disorder: A pilot study. *International Journal of Applied Research and Studies (IJARS) Online*, 3(6), 1-21.
16. Ali, S.A. & **Kharshiing, K.D.** (2012). Examining anxiety, self-esteem and alienation among male and female college students. *International Journal of Social and Allied Research*, 1(1), 51-56.
17. **Kharshiing, K.D.** & Singh, V. (2012). General Well-Being and Self-esteem of Working and Non-working Married Women. *Indian Journal of Applied Psychology*, 49, 123-127.

### ***Chapters/ Papers in Books***

1. **Kharshiing, K.D.**, & Pathak, V. (2022). Group Counselling. In N. Kumar, *Counselling Psychology. Indian and Western Pathways*, pp. 181-207. New Delhi: Cengage Learning India Pvt. Ltd. ISBN-13: 978-93-90555-54-3.
2. **Kharshiing, K.D.** (2018). Contested identity among the Khasi in North East India: A critical discourse analysis. In K.S. Chaubey (ed.), *Hindi Aur Purvottar*, pp. 112-116. New Delhi: Vani Prakashan. ISBN: 978-93-87648-50-0.
3. Thakur, D. & **Kharshiing, K.D.** (2016). Influence of mobile phone use, sleep quality and loneliness on psychological well-being. In N. Iqbal & S. Aleem (Eds.), *Psychological Issues and Interventions in Health and Well-being*, pp. 61-174. New Delhi: Excel India Publishers. ISBN: 978-93-85777-33-2.
4. **Kharshiing, K.D.**, Yasmin, S., Wazid, W., & Zou, M.L. (2014). Influence of ethnic identity and self-esteem on psychological well-being of Assamese students in Delhi and Assam. In S.

Aleem & N. Iqbal (Eds.), *Perspectives on Health and Well-being in India*, pp. 229-241. New Delhi: Excel India Publishers. ISBN:978-93-83842-93-3.

5. **Kharshiing, K.D.** & Gera, C. (2012). Emotional intelligence and organizational commitment in male middle-level executives of public and private sector banks. In A.S.Lather, N. Sinha & S. Dhingra (Eds.), *Innovative Strategies for Transforming Organizations*, pp. 110-123. New Delhi: Allied Publishers. ISBN: 978-81-8424-800-5.
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### **Papers in Conferences/ Seminars**

1. Presented a paper entitled “Gender, ethnicity and violence: Shaping Manipuri women’s interactions with men” at the National Conference on “Psychology in a Globalized World (NCPGW 2025” organised by the Department of Psychology, Jamia Millia Islamia, New Delhi on 6 -7 February 2025.
2. Presented a paper entitled “Mapping the field of Identity Process Theory by using bibliometric analysis and narrative synthesis” at the National Conference on “Psychology in a Globalized World (NCPGW 2025” organised by the Department of Psychology, Jamia Millia Islamia, New Delhi on 6 -7 February 2025.
3. Presented a paper entitled “Manipuri and Kashmiri Muslim women’s perception of men: Explorations from the borderlands using an Integrated Threat Theory Approach” at the Two-Day National Seminar (Virtual Mode) on “Gender, Society and Development in the context of North-East India” organised by the Department of Sociology, North-Eastern Hill University, Shillong, Meghalaya, India on the 27<sup>th</sup> and 28<sup>th</sup> of March 2023.
4. Participated and presented a paper titled “Exploring Relational Sacrifice Among Married Partners: A Dyadic Study Using IPA” at the International Conference on “Mental Health and Covid-19: Challenges and Future Prospects” organized by the Department of Psychology, AMU, Aligarh (India) on November 25-26, 2022.
5. Presented a paper entitled “Popular lyrics and music videos: A thematic analysis of their implicit messages” at the International Conference on “Role of Counselling in Dealing with Mental Health Issues” organised by Students’ Counseling Centre, Aligarh Muslim University on September 23-24, 2022.
6. Participated and presented a paper titled “Discursive Construction of Peer Relationships among College Teachers during COVID-19 Pandemic” at the NAOP on 4-6 March 2022.
7. Presented a paper entitled “Identity and Otherisation: Representation in Texts” at the International Conference on “Materiality and Visuality in North East India” organised by the Centre for North East Studies and Policy Research, Jamia Millia Islamia, New Delhi on 28 February – 1 March 2019.
8. Participated and presented a paper titled “Negotiation and Contestation of Khasi Identity: Questions for the Social Identity Approach” at 28<sup>th</sup> Annual Convention of NAOP 2018 organized by the Department of Applied Psychology, Ramanujan College, University of Delhi, Delhi, India on 19-21 December 2018.
9. Presented a paper titled “Group consciousness and racism among Northeasterners in Indian cities” in the International Conference on “Health and Wellbeing: An Interdisciplinary Inquiry”, Department of Psychology, Jamia Millia Islamia, New Delhi, 22-23 March 2017.
10. Participated and presented a paper titled “Hope: A Biblical Perspective” at the National Seminar on “Social Harmony and Well Being: Issues and Challenges”, Department of Applied Psychology, Sri

Aurobindo College (Evening), University of Delhi, New Delhi, 18-19 March 2016.

11. Presented a paper titled “Influence of Mobile Phone Use, Sleep Quality and Loneliness on Psychological Well-being” at the International Conference on “Psycho-Social Perspectives on Health & Wellbeing”, Department of Psychology, Jamia Millia Islamia, New Delhi, 1-2 March 2016.
12. Participated and presented a paper titled “A Critical Discourse Analysis on the Othering of Others” at the National Seminar on “Shifting Paradigms: Re-Envisioning Minority Issues and Minority Studies in India”, Research Committee-Ethnicity & Minority Studies Indian Sociological Society & Department of Sociology, Jamia Millia Islamia, New Delhi, 8-9 September 2015.
13. Presented a paper titled “Contested Identity among the Khasi in North East India: A Critical Discourse Analysis” at the National Seminar on “Language, Culture and Society of North Eastern Region: An Interdisciplinary Dialogue”, Mahatma Gandhi Antarrashtriya Hindi Vishwavidyalaya, IA 290, Sector - 3, Saltlake, Kolkata, 7-9 August, 2015.
14. Participated and presented a paper entitled “Explicating Ethnic Identity among the Khasis through the Lens of the Identity Process Theory” at the International Conference on “Reimagining India’s North East: Networks, Narratives and Negotiations”, organized by the Centre for North East Studies and Policy Research, Jamia Millia Islamia, New Delhi on 4-6 February, 2015.
15. Presented paper entitled “Influence of Ethnic Identity and Self-Esteem on the Psychological Well-Being of Students in Delhi and Assam” at the National Seminar on “Health and Well-Being: Recent Developments and Challenges” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi on 12-13 November, 2014.
16. Presented paper entitled “Gender and the Paradox of Matrilineality for Khasi Women” at the National Seminar titled “Gender and Violence: A Challenge for Equitable Society” organized by the Department of Sociology, Jamia Millia Islamia, New Delhi in collaboration with RC-10 (Gender Justice) of Indian Sociological Society on 15-16 October, 2014.
17. Presented paper entitled “Perceived Parent-Child Relationship, Happiness and Adjustment among Female Adolescents with Disabled Siblings and Typically developing Siblings” at the 3rd International Conference on Psychology and Allied Sciences on “Nurturing Values and Strengths in Individuals and Society: Role of Psychology” jointly organized by Amity Institute of Psychology and Allied Sciences, Amity University, Noida and Indian Association of Health, Research and Welfare at Amity University, Noida, Uttar Pradesh on 25th-27th September, 2014.
18. Presented a paper entitled “Masculinity at Crossroads with Matrilineality: A Glimpse of the Khasis” at the National Seminar on “Social Change in Contemporary India: Psychological Dimensions and Social Response” organized by the Department of Psychological Science, Sri Aurobindo College (Eve.), Delhi University, and National Academy of Psychology (NAOP), India at New Delhi on 21st and 22nd March, 2014.
19. Presented a paper entitled “Reviewing Gender-based Insecurity amongst Khasi Women” was presented at the International Seminar on “Psychology of Trauma: Women and Children in Violent Conflict” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi on 13th-14th March, 2013.
20. Paper entitled “Reviewing Loneliness of the Elderly” was presented at the (ICSSR Sponsored) National Seminar on “Senior Citizens: Problems and Perspectives. A Multidisciplinary Approach” organized by the Department of Psychology, R.G. (P.G.) College, Meerut, Uttar Pradesh on 23rd November, 2012.

21. Presented a paper entitled “Occupational Stress of Educators: A Review” at the (ICSSR Sponsored) National Seminar on “Stress and Its Management” organized by the Department of Psychology, Ismail National Mahila P.G. College, Meerut, Uttar Pradesh on 20th November 2012.
  22. Participated and presented a paper titled “Emotional Intelligence and Organizational Commitment in Male Middle-level Executives of Public and Private Sector Banks” at the National Conference on “Innovative Strategies for Transforming Organisations” organized by University School of Management Studies, Guru Gobind Singh Indraprastha University, New Delhi on 19th October, 2012.
  23. Paper entitled “Violence and Women’s Mental Health: A Review” was presented at the National Conference “Vicissitudes of Violence: An Interdisciplinary Conflict on Violence and Peace” organized by Indraprastha College for Women, University of Delhi at New Delhi on 16th January, 2012.
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### **Invited lectures/ Panel discussions**

1. Invited and participated in a Panel Discussion on, “Understanding Racial Discrimination in India and the Global South” organised by Jindal Institute of Behavioural Sciences, O P Jindal Global University, Sonapat, Haryana in collaboration with Society for Personality and Social Psychology on 2 May 2025.
2. Invited to participate in a virtual Panel Discussion titled, “Breaking Stereotypes & Fair Portrayals of Tribal Culture in Mainstream Media” organised by TMYS Review December 2024 Project in collaboration with Rupa Publishers and Centre for Asia Pacific Initiatives (CAP), University of Victoria on 27 May 2024.
3. Delivered a Special Lecture on the topic “Otherisation in Northeast India: A Critical Discourse Analysis of Media Texts” as part of the CCMG Online Lecture Series on “Interdisciplinarity of Communication” by the Centre for Culture, Media & Governance, Jamia Millia Islamia, New Delhi on 18<sup>th</sup> November 2022.
4. Invited as a resource person in the Special Lecture on the topic “Pursuing Higher Education: Challenges and Opportunities” organised by the Department of Political Science (UG), Synod College, Shillong on 17 June 2021.
5. Invited as a resource person to lecture on “Qualitative data analysis: Critical discourse analysis” on a workshop on “Qualitative Research” organised by the P.G. Department of Psychology, University of Kashmir, Jammu and Kashmir held on 16-18 March 2021.
6. Invited lecture as a resource person on “Covid-19 Implications on Education” at the National Webinar on “Embracing Educational Changes in the 21st Century” organised by IQAC & RUSA CELL Sngap Syiem College in collaboration with Hunderedfold Academy, Shillong, Meghalaya on 29-30 September, 2020.
7. Invited as a resource person for a panel discussion on “Partners in Women’s Empowerment, Issues and Challenges” organized by St. Anthony’s College, Shillong, Meghalaya on 31 March, 2014.
8. Delivered a lecture on “Job Sress amongst Traffic Police Personnel” as part of National Road Safety Week organized by the Raichur District Police and District Administration, Karnataka on 5 January, 2012.
9. Delivered a lecture on “Learning Disabilities: Causes and Remedial Measures” at Shakuntalabai

Ramchandra Rao Kasbe (S.R.R.K) College of Education in Raichur, Karnataka on 15 December 2011.

10. Invited lecture on “Person-centered Approach in Counselling” at the Department of Psychology, Somasubhadramma Ramangowda (S.R.) Women’s College in Raichur, Karnataka on 27 December, 2011.

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### **Chairing/ Co-chairing of Sessions at Conferences/ Seminars**

1. Chaired a scientific session at the National Conference on “Psychology in a Globalized World (NCPGW 2025)” organised by the Department of Psychology, Jamia Millia Islamia, New Delhi on 6 -7 February 2025.
2. Chaired a session at the Online Conference on “Margins as Centre: Examining Trajectories, Moorings, and Identities in Writings from the Northeast” organized by the Department of English, Jamia Millia Islamia, New Delhi on 27, 28 and 29 November 2024.
3. Moderated a Panel Discussion on “Know the North East: Breaking the Myths and Stereotypes” under Ek Bharat Shrestha Bharat organized by the North East Students’ Group, Janaki Devi Memorial College, University of Delhi, New Delhi on 26 February 2022.
4. Chaired a session at the International Conference on “Psycho-Social Perspectives on Health & Wellbeing” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi, 1-2 March 2016.
5. Chaired a scientific session at the National Seminar on “Social Change in Contemporary India: Psychological Dimensions and Social Response” organized by the Department of Psychological Science, Sri Aurobindo College (Eve.), Delhi University, and National Academy of Psychology (NAOP), INDIA at New Delhi on 21 and 22 March, 2014.
6. Co-chaired a scientific session sub themed “Sexual Victimization of Women” at the International Seminar on “Psychology of Trauma: Women & Children in Violent Conflict” organized by the Department of Psychology, Jamia Millia Islamia, New Delhi on 14 March 2013.

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### **Workshops organized/ participated and Courses attended**

1. Participated in the NEP 2020 Orientation & Sensitization Programme under Malaviya Mission Training Programme (MM-TTP) of University Grants Commission (UGC) organized by MMTS, Jamia Millia Islamia, New Delhi from 19 February to 28 February 2024.
2. Participated and attended the First Online two-week Refresher Course in “Human Rights & Social Inclusion (ID)” organized by the UGC-HRDC, Jamia Millia Islamia, New Delhi from 7 September to 19 September, 2020.
3. Organized the one-day Pre-Conference Workshop on “Qualitative Research in Health Sciences” held at Jamia Millia Islamia, New Delhi on 11 March 2019.
4. Participated in the one-day Post-Conference Workshop on “When Doctors Fail and Exorcists Succeed” held at Jamia Millia Islamia, New Delhi and organized by the Department of Psychology, Jamia Millia Islamia, New Delhi on 14 March 2019.
5. Participated in the one-day Pre-Conference Workshop on “Qualitative Research in Health Sciences” held at Jamia Millia Islamia, New Delhi and organized by the Department of Psychology, Jamia Millia

Islamia, New Delhi on 11 March 2019.

6. Participated and attended in a 15-day workshop for “Research Methodology” under the banner of “Capacity Building Programme” sponsored by ICSSR from 12 March -26 March 2015, organized by the Department of Psychology, Jamia Millia Islamia, New Delhi.
  7. Participated and attended a Post Seminar Workshop on “Qualitative Research on Trauma, Suffering and Healing” conducted by Kumar Ravi Priya, Ph.D., Associate Professor, Department of Humanities and Social Sciences, IIT, Kanpur, Uttar Pradesh and organized by the Department of Psychology, Jamia Millia Islamia, New Delhi on 15 March 2013.
  8. Attended a 3-week Refresher Course on Psychology, Counseling and Social Work at (UGC-ASC) Centre for Professional Development in Higher Education, University of Delhi, 15 September-6 October 2012.
  9. Participated in a 4-week Orientation course at the Academic Staff College, North Eastern Hill University (NEHU), Shillong, 24 March - 23 April 2009.
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### **Consultancy**

1. Indian Oil Corporation Limited, New Delhi.
  2. Tata McGraw Hill Education, Noida, Uttar Pradesh.
  3. SAGE Publications India Pvt. Ltd., New Delhi
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### **Membership in Professional Bodies**

1. Member, American Psychological Association (APA)
  2. Member, National Academy of Psychology (NAOP)
  3. Life Member, Indian Academy of Applied Psychology (IAAP)
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