

Prof. Akbar Hussain

Professor, Department of Psychology &

Hony. Director, University Counseling and Guidance Centre.

Jamia Millia Islamia, New Delhi-110025

Mob: +91-9818052922

Email.ID:- akbarhussain.jmi@gmail.com,
ahussain@jmi.ac.in

Academic Qualification:

Ph.D. (Psychology).

M.A (Psychology) with first class.

B.A (Hons.) Psychology with first class.

Teaching Experience:

- Working as permanent faculty in the department of Psychology, Jamia Millia Islamia, New Delhi Since 2001.
- Worked as lecturer in the Department Of Psychology, Jamia Millia Islamia, New Delhi from October, 1992 to October, 1994 against leave vacancy.

Research Experience:

- Research Officer at A.N. Sinha Institute of social studies Patna from June 1992 to Sept. 1992.
- Research Officer at the Institute of Psychological Research and Service, Patna University from August, 1987 to October, 1990.
- Research Officer at A.N. Sinha Institute of social studies Patna from August, 1986 to July 1987.

Administrative Positions held:

- **Hony. Director**, University Counseling and Guidance Centre, Jamia Millia Islamia, since September 2022.
- **Incharge**, Jamia Community Center from February 2020 to January 2021.
- **Head**, Department of psychology, Jamia Millia Islamia, New Delhi from July, 2019 to June 2022.
- **Hony. Director**, University Counseling and Guidance Centre, Jamia Millia Islamia, from January, 2015 to October 2018.
- **Hony. Director:** K. R Narayan Centre for Dalit and minorities Study, Jamia Millia Islamia, New Delhi from February 2017-October 2018.
- **Coordinator;** FIDC (Faculty Induction and Development Cell), Recruitment Section Jamia Millia Islamia, New Delhi from February 2017-October 2018.
- **Chairman:** Jamia Schools admission committee, Jamia Millia Islamia, for the year 2016-17 & 2017-18.
- **Coordinator:** Two weeks summer course on Research Methods in Social Sciences. Organized by Faculty of Social Science, Jamia Millia Islamia, New Delhi from August 28 to September, 10, 2002.

Research Guided: (Ph. D Guided)

Successfully guided doctoral work of the following students for the Ph.D. degree:

- Fluid intelligence, Personality factors and choice Blindness among college students.
Name of Scholar : K.R. Rakesh
Date of Award : January 2023
- Metacognition, Emotional competence and spirituality as correlates of Resilience among chronic disease patients.

Name of Scholar : Md. Matiur Rahman
Date of Award : December 2022

- Rumination Reflection, Intolerance of uncertainty and purpose in life as correlates of suicidal thoughts and behavior.

Name of Scholar : Abdul Gafoor

Date of Award : November 2022

- Professional Identity, Gender Discrimination and Turnover intention among Male nurses.

Name of Scholar : Sakeer Hussain

Date of Award : August 2021

- Parent –child conflict, anti social behavior and hedonism in relation to bully perpetrating behavior among adolescents.

Name of Scholar : Sandeep Sharma

Date of Award : August, 2016

- Psychological hardiness, Temperament and Marital adjustment among childless women.

Name of Scholar : Sumati Kanwar

Date of Award : May, 2016

- Perceived workplace spirituality and Political skills as moderators of Occupational Stress among corporate sector employees. .

Name of Scholar : Monu Lal Sharma

Date of Award : June, 2015

- Sense of guilt Rumination and Future Thinking Among Physically challenged adolescents.

Name of Scholar : Syed Ali Shah

Date of Award : May, 2015

- Psychological hardiness, Sense of humor and Mental health among Physically challenged adolescents.

Name of Scholar : Ankit Prakash

Date of Award : September, 2011

- Job burnout, Employee's motivation and Trust as correlates of Job commitment among airport operations employees.

Name of Scholar : Khan Afroz Shams

Date of Award : August, 2011

- Occupational Stress, Mental health and Physical ailments among Pilots

Name of Scholar : Deepak Raj Dangwal

Date of Award : June, 2010

- Self Concept Adjustment and Mental health: A Comparative study of Public and Govt. School Adolescents.

Name of Scholar : Abid Husain

Date of Award : June, 2008

- **Currently supervising : 03**

Supervised more than 75 master's degrees dissertations compulsory for the student of M.A(Applied psychology).

Research Project Completed:

A UGC sponsored minor research project on voluntary retirement scheme; A Psychosocial Approach was completed and a report was submitted in 2004.

Participation in Programs/ Courses/ Workshops:

- Workshop on Research Process at Nalanda Open University March 6, 2009.
- Refresher course in psychology at Patna University in the year 2008 and 2010.
- 67th Orientation program at Academic Staff College, Patna University from 30th March to 19th April, 2002.
- Five days workshop for Review of the Urdu translation of text book in psychology for class XII classes held at NCERT, New Delhi from 14th -18th March, 2005.
- Five days workshop for Review of the Urdu translation of text book in Social Sciences held at NCERT, New Delhi from 5th -10th May, 2005.
- Three days workshop in psychology (Sr. Secondary School) for the Hindi translation of developed question items held at National Institute of Open Schooling. New Delhi from 21st -23rd November, 2005.
- Three days workshop for the development of quality question papers held at Academic Staff College, Jamia Millia Islamia, New Delhi from 11th -13th March, 2004.
- Three days workshop for the preparation of Quality Research proposal held at Academic Staff College, Jamia Millia Islamia, New Delhi from 20th-22nd March, 2004.

Publications:-

Books:

Title of the book: Experiments in Psychology.
Publisher: PHI Learning Delhi.
Year: 2014
ISBN: 8120350375, 9788120350373

Research Papers:

- Aggression and Resilience as correlates of psychological well being among police personnel. Journal of Indian Health Psychology, Volume 18, Issue 1, January 2024.
- Vesting employees with perceived participation in decision making: path to organizational justice. Bhartiya Shiksha shodh Patrika, Volume 42, Issue 2, December 2023.
- Psychological Participation and Workplace Flexibility among Employees of Various Sectors. Pacific Business Review (International) Volume 14, Issue 2 August 2021.
- Personality Factors in Choice Blindness. Shodh Sanchar Bulletin Volume 11, Issue41, Jan-March 2021.
- Suicide among Prisoners in India. Shodh Sanchar Bulletin Volume 10, Issue39, July - September 2020.
- Spirituality and Resilience among Mothers of ADHD Children. Shodh Sanchar Bulletin Volume 10, Issue38, April-June 2020.
- Role of Caste and Gender in School Readiness among Children Attending Early Childhood Education (ECE) Programme in India. Journal Of School Research & Policy, Volume 10, Issue 1, June 2019.
- Post-Traumatic Growth and Mental Health Status of Rohingyas and Chin Refugees in India. International Journal of School & Allied Research (IJSAR), Volume 6 Issue 3, June 2018
- Professional Identity and Turnover Intention among Male and Female Nurses. Behavioural Research Review, Volume 10, Issue 1 March 2018
- Work place spirituality and subjective wellbeing among private sector Quality of life and hopelessness among adolescent rag pickers of Delhi, India. Universal Journal of Psychology U.S.A, Pp.93-98, March-2016.
- Self concept and mental health of adolescents belonging to single and dual career parents. International Journal of Social and Allied Research, Pp.33-37, Feb.2016.
- Job motivation and interpersonal trust among airport operation employees, International Journal of Social and Allied Research, Pp.47-53, Feb. 2016.

- Self concept and mental health among public and govt. school adolescents, Behavioral Research Review, Pp 51-55, March 2015.

- Enhancing wellbeing and managing depression among college students through counseling, Behavioral Research Review, Pp.1-6, Sept.2015.
- Perceived trauma and mental health among refugees in India Universal Journal of Psychology,U.S.A 3 (1), 9-15, 2015, USA.
- Job burnout and commitment among airport operation employees, International Journal ofsocial and Allied Researches, Vol. 2(3), June, 2014, 115-120.
- Rising trends of volunteering childlessness among women in India social and Psychological studies, Vol. 7(2), Sep. 2014, 8-15.
- Anger expression and mental health of bully perpetrators FWO Journal of social sciences, Vol. 8(1), Sep. 2014 17-24 Pakistan.
- Emotional intelligence and will being of dyslexic children. Behavioral Research Review, Vol. 6 (1), March 2014, 4-9.
- Efficacy of Psycho-nutritional therapy in managing blood sugar and blood pressure. Indian journal of Community Psychology, Vol. 10 (1), March, 2014, PP 189-200.
- Psychological consequences of bullying behavior on school children. Behavioral Research Review, Vol. 5(2), September, 2013, PP 7-13.
- Subjective wellbeing and future thinking among physically challenged adolescents. Indian Journal of Applied Psychology, Vol. 50, April, 2013, PP 9-14.
- Work place spirituality and subjective wellbeing among private sector and non-governmental organizations. Indian Journal of Applied Psychology, Vol. 50, April, 2013,PP 27-32.
- Childhood abusement as a predictor of thought suppression and psychological distress among institutionalized adolescents. Indian Social and Psychological Studies, Vol. 6 (1), March, 2013, PP 63-70.
- Political skills and professional commitment among employees of public and private sector organizations. Journal of Indian Academy of Applied Psychology, Vol. 39 (1),January, 2013, Pp 63-70.
- Rumination, Reflection and Executive Function among Depressive patients. Journal of Psychological Researches, Vol. 56 (2), August, 2012, PP 5-10.
- Peer victimization as a correlate of guilt among physically challenged adolescents. Disabilities and Impairments, Vol. 26 (1), 2012, PP 65-73.
- Work place spirituality and engagement among employees in public and private sector organizations. International Journal of Social and Allied Research, Vol. 1(1), 2012, PP 5-9.

- Executive functions deficit in dyslexic children. Journal of Educational Science Review, Vol.4 (1), 2012, PP. 67-72.
- Optimism and spirituality among elderly people, youth and positivism, Excel India Publishers, New Delhi, 2012, PP.103-114
- Happiness and Subjective Wellbeing among Physically Challenged Adolescent. Journal of Psychological Researches, Vol. 56(1), 2012, PP.44-48
- Behavioral problem and social maturity among mentally challenged and autistic children. Journal of Disability and Impairment, Vol. 24(2,) 2010, PP.101-107.
- Body image and depression among physically challenged adolescents. Journal of Educational Science Review, Vol.2 (142), 2010,Pp. 20-27
- Psychological hardiness and Achievement motivation among orphan adolescents. Journal of Human Behavior, Vol. 4(1), 2009. PP. 55-62
- Emotional intelligence and mental health among visually challenged adolescents. Journal of Educational Science Review, Vol.1 (2), 2009, PP. 8-12
- Psychological hardiness and mental health among hearing impaired adolescents. Journal of Human Behavior, Vol. 3(1), 2008
- Academic stress and Adjustment among High school students. Journal of Indian Academy of Applied Psychology Pondicherry Vol. 34 special issue 70-73, 2008.
- Depression and Anxiety among the parents of physically challenged children. Journal of Personality Study and group behavior Vol. 28, 2008, PP. 99-104.
- Occupational Stress among School Teachers Journal of Personality Study and group behavior Vol. 27, 2007, PP. 61-72.
- Stress appraisal and coping strategies among parents of physically challenged children. Journal of Indian Academy of Applied Psychology Vol.3350. 179-182.2007
- Depression and Anxiety among youth smokers, Human Behavior Vol.1, 2007, PP.25-32
- Self concept of physically challenged adolescents. Journal of Indian Academy of Applied Psychology Vol. 32(1), 2006, PP.43-46

- Inferiority and Adjustment among slow learner and normal children, Journal of Personality Study and group behavior Vol. 285, 2005.
- Health behavior among single and dual career women, Journal of Psychological issues, Vol.12. 2004
- Psychosocial status of scavengers, Indian Journal of Psychological issues, Vol. 2(1), 1996
- Values of the parents of handicapped children. Indian journal of Behaviour.Vol.16 (5) 1995.
- Interpersonal Relationship as a correlates of Psychological well being, Indian Journal of Psychological issues, Vol. 3(1), 1995
- Child Labour: An antithesis of human right. Diverse perspective of child Labour, Ed.Book by M.Z Nizami. KIRS Publication, New Delhi, 1994
- Parental attitude towards the blind children, Indian journal of Behaviour.Vol.17 (4) 1993.

Seminars/Conferences Attended and Papers presented:

- 2nd international conference of Indian association of Health Psychology held at G.B University, Noida, U.P. December, 16-18,2016.
- 1st international conference on Applied Psychology, G.D Goenka University Campus, Delhi, March, 3-4,2016.
- ICSSR Sponsored National seminar & Annual conference of IPA held at Nirmala College, Ranchi, Feb, 7-8, 2016.
- UGC Sponsored International conference of Indian Psychological Association held at Magadh University, Bodh Gaya, March, 29-31,2014
- International conference of Applied Psychology at Punjab University Chandigarh, February, 24-25, 2012
- National seminar on Emerging issues in work stress and well being, March 16-17,2012, Pt.J.L.N Govt. Collage, Faridabad

- National Seminar on Recent Trends in Applied Psychology, January 23-24, 2010 at P.G Centre of Psychology, Collage of Commerce, Patna
- 32nd Indian Social Science Congress held at Jamia Millia Islamia, December 17-22, 2008.
- National seminar on positive perspective of health and behavior at M.D. University Rohtak, February 1-2, 2008.
- 43 National Seminar of Indian Academy of Applied Psychology at Jamia Millia Islamia, New Delhi from February 15-17, 2007.
- National Seminar on Ethnic Minorities, Terrorism and Indian Culture held at Jamia Millia Islamia (organized by the department of psychology) from 8-10 October, 2004.
- National Seminar on Technological Development and Social changes held at Jamia Millia Islamia (organized by the department of psychology) from 1-3 March, 2002.
- National seminar on Community Psychology held at BRA Bihar University, Muzaffarpur from 16-17 March, 2002.
- National seminar on Sports psychology held in Almore Campus (Uttaranchal) from 6-8 October, 2002.
- National Conference of Indian Association of Muslim Social Scientist at Hyderabad, Sept, 1995.

National Seminar on Aging at Jamia Millia Islamia, New Delhi October 21-23, 1993.

Lectures/ Talks given:

- Two days lecture at the Institute of Criminology and Forensic Sciences, Delhi April, 2012
- Five days lecture series on experiments in psychology at Nalanda Open University, Patna 20-24 June 2007.
- Five days lecture series at Nalanda Open University, Patna on Psychological Testing, July 6-10, 2007.
- Three days lecture series at Nalanda Open University on Psychological Experiments June, 8-10, 2008.

Contributions in the corporate life of the university:

- Student advisor – 2008-2009.
- Assistant superintendent exams (Deptt. Of Psychology), 2002-2012.
- Member course coordinator, Advance Diploma in counseling Psychology, 2007-2015

Membership:

- Member (elected) Academic Council, Jamia Millia Islamia, New Delhi-2009.
- Member Faculty Committee, Faculty of Social sciences, Jamia Millia Islamia, New Delhi, 2008-2011.
- Member, Advisory Board Journal of Educational Science Review Patna.
- Convener, Indian Social Science Congress, 2008.
- Member research degree Committee. Nalanda Open University, Patna.
- Member Editorial Board Journal of Behavioral Science Review, Patna.

Awards / Scholarships:

- Awarded National Merit Scholarship as well as special State Merit Scholarship at Patna University, during Master Course.
- Awarded best paper award of 2010 for the paper entitled “Behavioral problem and Social Maturity among mentally challenged and autistic children” Published in the journal of disabilities and impairments 2010.

