



CURRICULUM VITAE

Dr. Abid Husain
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Educational Qualifications:

- Ph.D in Psychology on the topic “**Self Concept, Adjustment and Mental Health: A Comparative study of Public and Govt. School Adolescents.**” from Jamia Millia Islamia, New Delhi (INDIA) 2008.
- Post Graduate Diploma in Child Rights from Jamia Millia Islamia, 2007
- Post Graduate Diploma in Counseling Psychology from Jamia Millia Islamia, 2003.
- M.A. Applied Psychology from Jamia Millia Islamia in the year 2003.
- B.A. (Pass) from Jamia Millia Islamia in 1999.

Professional Qualifications:

GNIIT from NIIT, Connaught Place, New Delhi.

Computer Proficiency:

Operating System : MS-DOS, UNIX, Win NT, Windows 95-98, 2000 & Window XP.
Other Packages : MS-Office, SPSS

Personal Information:

Date of Birth : 1st January, 1975
Father’s Name : Late I.H. Zaidi
Nationality : Indian
Marital Status : Single
Languages Known : English, Urdu and Hindi

Experience:

- Working as an **Assistant Professor** in the Dept. of Psychology, Jamia Millia Islamia since 7th Nov.2016
- Worked as an **Academic Coordinator/Assistant. Director** in the Center for Distance and Open Learning, Jamia Millia Islamia from 9th Oct. 2012 to 6th Nov. 2016.
- Worked as a Counsellor in the **Integrated Counseling and Testing Center** in Jamia Millia Islamia from **31 December 2005 to 8th Oct. 2012.**
- Coordinator of **Red Ribbon Clubs** since 2009-10 Jamia Millia Islamia New Delhi.
- Worked as a **Research Associate** in SAROJINI NAIDU CENTRE FOR WOMEN'S STUDIES Jamia Millia Islamia, **from 2nd January, 2005 to 30th December 2005.**
- Worked as a **Research Assistant** in SAROJINI NAIDU CENTER FOR WOMEN'S STUDIES Jamia Millia Islamia from **2nd June 2004 to 2nd October, 2004.**
- Worked as a **Research Assistant** in SAROJINI NAIDU CENTER FOR WOMEN'S STUDIES Jamia Millia Islamia from **5th January 2004 to 5th April 2004.**
- Worked as a **N.S.V.** in the Ministry of H.R.D., Department of youth Affairs and Sports from 1999 to 2002.
- Have been working on voluntary basis with **NGO's like AIDS Awareness Group and Action Appeal Justice Foundation since 1999.**
- Worked for a **UNDP funded** project on **drug abuse as a research investigator** in Bikaner in the year **2001.**
- Worked as a **trainer and facilitator** in the project on the awareness on **AIDS** and other sexually transmitted diseases. This was a Delhi State **AIDS** Control Society (DSACS), project which was conducted in the Badarpur slum area, New Delhi **in the year 2001.**

Present University Assignments:-

- Working as a Program Officer in National Service Scheme **at** Jamia Millia Islamia since **1st March 2004.**

Participated in a GIAN Programs

- Participated in the **Gian Course “Development, Change, Dysfunction and Mitigation”** organized by MHRD & Dept of Social Work ,Jamia Millia Islamia, New Delhi held in Dept. of Social Work from 1st June to 5th June 2016.

Delivered lectures:-

- Lecture on Stress Management for Medical Practitioners in the Medical Workshop organized by Medical council of Panipat, Haryana on 8th May 2016.
- Lecture on Career Talk & Career Counselling for Mewat Students in the Leadership workshop organized by CEQUIN-The Center for Equity and Inclusion at Rouse Avenue, ITO New Delhi on 11th February 2015.
- Lecture on Identification of Behavioral Issues & Behaviour Modification Techniques and process of Counselling and role play, for PGDGC students at Vision Institute of Advance Studies, Rohini in the workshop on 30th January 2015.
- Lecture on Leadership & Personality Development for students held under NSS & Jamia Millia Islamia, on 24th Sep. 2013
- Lecture on Leadership & Communication Skills for students held under NSS & YFHC, Jamia Millia Islamia, on 24th Sep. 2012
- Lecture on Communication Skills for students held under NSS & YFHC, ICTC Jamia Millia Islamia, on 15-16 March, 2011.
- Lecture on HIV/AIDS Awareness for students held under NSS & YFHC, ICTC Jamia Millia Islamia, on 25-26 April, 2011.
- Lecture on Group Therapy for ART Counsellors held under DSACS & SSRs AT Delhi University on 15th April 2010.
- Lecture on HIV/AIDS Awareness for Programme Students held under NSS & YFHC Jamia Millia Islamia on 25-26 May 2010.
- Lecture on Blood Donation for Students held under NSS & ICTC Jamia Millia Islamia, on 9th August 2010.
- Lecture on Personality Development for students held under NSS & YFHC,ICTC Jamia Millia Islamia, on 25th August 2010 .
- Lecture on Leadership for students held under NSS & YFHC,ICTC Jamia Millia Islamia, on 11th November , 2010

Publication:-

- Self Concept and Mental Health of Adolescents Belonging to Single and Dual career Parents, INTERNATIONAL JOURNAL OF SOCIAL AND ALLIED RESEARCH (IJSAR), Delhi , p-ISSN 2319-3611,e-ISSN 2349-9311Vol.4, No.2, Feb. 2016
- Self Concept and Mental Health among Public and Government school Adolescents, Behavioural Research Review (National Bi-Annual Referred Research Journal of Behavioural Science) ,Patna , ISSN-0975-7198 ,Vol.7, No.1, March 2015.
- Self concept and adjustment of adolescents belonging to single and dual career parents. Behavioural Research Review (National Bi-Annual Referred Research Journal of Behavioural Science),Patna , ISSN-0975-7198 ,Vol.7, No.,September 2015.
- Academic stress and Adjustment among High School students, Journal of Indian Academy of Applied Psychology. Pondicherry. Vol.-34, Special. Issue, 70-73, 2008.
- Depression and Anxiety among youth smokers, Human Behaviour Vol.1, Srinagar, 2007.

Research Paper Presentation:

- Research Paper presented entitled” **Mental Health and Adjustment among Public and Govt. School Adolescents.**” in the 2nd International Conference of India Academy of Health Psychology, (ICIAHP-2016) held at Dept. of Psychology and Mental Health social of Humanities & Social Science ,Gautama Buddha University, Greater Noida U.P. from 16th December to 18th December 2016.
- Research Paper presented entitled” **Self Concept and Adjustment among Public and Govt. School Adolescents.**” in the National Seminar &Annual Conference of IPA, held at Dept. of Psychology Nirmala College, Ranchi from 7th to 8th February 2016.
- Research Paper presented entitled ” **Self Concept and Mental Health of Adolescents Belonging to Single and Dual career Parents**” in the 1st International Conference of India Academy of Health Psychology, (ICIAHP-2015) held at Dept. of Psychology University of Jammu from 6th to 8th December 2015.

- Research Paper presented entitled” **Mental Health of Male and Female HIV Positive Patients**” in the 11th International and 42nd National Conference of IAAP, ON Applied Psychology for a Peaceful World held at Dept. of Psychology University of Jamia Millia Islamia from 15th to 17th February 2007.

Research Project Undertaken:

- Research Team Leader for “External Evaluation of CSR-CD Programme; Impact Assessment of the project and Need assessment of villages of NTPC, Badarpur”.2012
- Research Team Leader for “External Evaluation of CSR-CD Programme; Impact Assessment of the project and Need assessment of villages of NTPC, Dadri ,U.P”.2009
- Research Team Leader for of Project on “Education and Society; A study of Schools of Kalgidhar Trust” 2009
- Research Team Leader for “External Evaluation of CSR-CD Programme; Impact Assessment of the project and Need assessment of villages of NTPC, Badarpur”.2007
- Research Team Leader for “External Evaluation of CSR-CD Programme; Impact Assessment of the project and Need assessment of villages of NTPC, Faridabad ,Haryana”.2007
- Conducted a study on **Job Satisfaction** in relation to Organization Climate with reference to the Government and the Private Sector **for M.A (Applied psychology) Dissertation in the year 2002.**
- Conducted a Survey on the level of **Job Satisfaction among the Teachers, for M.A (Applied psychology) Field work in the year 2002.**

Participated in a Conferences/ Training Programs :(INTERNATIONAL LEVEL)

- Participated in the **Asian Leadership Conference on “Global Pease in the Century: Asia’s Responsibility”** organized by Universal Pease Federation (UPF) & Family Federation for World Pease and Unification (FFWPU), ASIA, held in Bangkok, Thailand from **27th Nov. to 1st Dec. 2015.**

- Participated in the ***INTERNATIONAL LEADERSHIP CONFERENCE on “Innovative Approaches to Peace, Sustainable Development and Poverty Alleviation”*** organize by Ministry of Co-operatives and Poverty Alleviation, Govt. of Nepal & Universal Peace Federation *Nepal, September 1-2, 2012 at Kathmandu Nepal.*
- Participated in the ***2009 ASIA-PACIFIC INTERNATIONAL LEADERSHIP CONFERENCE “Toward a New Paradigm of Leadership and Good Governance for the Development and Peace in the Asia Pacific”*** organize by Universal Peace Federation ***TAIPEI, TAIWAN JANUARY 16-19, 2009.***
- Participated in the **Leadership Training Programme “Religious Youth Service Thailand & Cambodia Project “Building a Culture of Heart and Character through Service”** Inter religious and International Federation for World Peace. **December 15-28, 2006.**

Participated/Attended&ConductedintheWorkshop/Seminars/Conferences/Training/Orientation Programs :(NATIONAL LEVEL)

- Participated in the NCTE-IGNOU Orientation Workshop on Teacher Education Regulations 2014, Norms and Standards, and New Curriculum Frameworks (for OUs and DEIs) organized by NCTE, New Delhi & STAFF Training and Research Institute of Distance Education IGNOU at Dr.S.Radhakrishnan Block, IGNOU on April 23-24, 2015.
- Participated in the Workshop on Right to Education: Scope and Challenges organized by UGC Center of Advanced Study, Dept. of Social Work and National Service Scheme, Jamia Millia Islamia on 26th March 2015.
- Participated in the one day orientation programme on Open and Distance Learning System organized by CDOL JMI on 28th March 2014.
- Participated in the one day programme on Commemoration of World Blood Donor Day at Conference Center, North Campus, and Delhi University on 14th June 2012.
- Participated in the 5 Days Refresher Training Programme of counsellor under held DSACS & SSR Aditi Maha Vidyalaye New Delhi at Delhi University from 18th July to 22th July 2011.

- Participated in the Refresher Training for Master Trainers on Targeted Interventions conducted by SAMRAKSHA and organized by SAKSHAM, GFATM, ROUND-7 in Bangalore from 5th June to 8th June 2011.
- Participated in the One Day modular Training Program on Intensified HIV-TB at DSACS ON 6th April 2011
- Participated in the one day Sensitization Workshop on HIV/AIDS Awareness for Jamia School Teachers held under NSS ,YFHC,ICTC Jamia Millia Islamia on 18th March 2010
- Attended a Training Programme on Mental Health held under DSACS & IBHAS on 7th May,2010.
- Conducted a Two days Sensitization Workshop for students on Life Skills Communication & HIV/AIDS Awareness held under NSS & YFHC,ICTC Jamia Millia Islamia on 25-26 May 2010.
- Conducted a Workshop on Adolescents Health Issues and HIV/AIDS Awareness for students held under held under NSS & YFHC,ICTC Jamia Millia Islamia on 23-24 June, 2010.
- Conducted a Three Days Orientation of NSS,RRC & ICTC and HIV/AIDS Awareness for Students held under held under NSS & ICTC Jamia Millia Islamia on 9-11August, 2010
- Participated in the HIV/AIDS Awareness Programe for Doctors of Ansari Health Center held under NSS & Youth Friendly Health Center J.M.I on 24th June 2009.
- Participated in the Peer Educator Training Program on HIV/AIDS Awareness held under NSS, ICTC JMI in Collaboration with DSACS from 12 to 14 August, 2009.
- Participated in the Doctors Training Programme for Stabilization Youth Friendly Health Center held under NSS & YFHC Jamia Millia Islamia from 17 to 18 November 2009.
- Participated in the **TOT WORKSHOP ON HIV/AIDS** Counselling held under the Global Fund Round-7, Sub-component at Depart of Social Work Jamia Millia Islamia New Delhi from July 21 to August 01, 2009.
- Participated in the **NACO Training on HIV / AIDS Counselling Conducted by the Department of Psychology Jamia Millia Islamia New Delhi from May 21 to 1 June 2009.**

- Participated in the **Research & Methodology** course, sponsored by UGC, held in the Department of Political Science, Jamia Millia Islamia in the year 2005.
- 32nd Indian Social Science Congress held at Jamia Millia Islamia, December 17-22, 2008.4
- National Seminar on **Positive Perspective of Health and Behavior** at M.D. University Rohtak, February 1-2, 2008.
- Participated and presented a paper on the titled “**Mental Health of Male and Female HIV Positive Patient**” in the 11th International & 42nd National Conference of Indian Academy of Applied Psychology on Applied Psychology for a Peaceful World at Jamia Millia Islamia, New Delhi on February 15-17, 2007.
- Participated in the Two day workshop on” **Latest Trends in Sexual Counselling for the Adolescents and Youth**” at Jamia Millia Islamia New Delhi, on March 29-30, 2006.
- National Seminar on **Ethnic Minorities, Terrorism and Indian Culture** held at Jamia Millia Islamia (organized by the Department of Psychology) from 8-10 October, 2004.
- Participated in the Continuing Education in Clinical Psychology organized by Indian Association of Clinical Psychologist at G.B. PANT HOSPITAL, New Delhi on 26 February, 2002
- Participated in the National Seminar on **Technological Development and Psycho-Social Changes** organized by the Department of Psychology, Faculty of Social Sciences, Jamia Millia Islamia New Delhi on **1-3 March, 2002.**
- Participated in the Seminar on Implication of HIV/AIDS Interventions in Curriculum and Practice of Social work and HRM at Jamia Millia Islamia, New Delhi, on March 10-11’ 2006.
- Participated in the National Seminar on” **Ageing: Perspective and Challenges**” at Jamia Millia Islamia New Delhi on 9-10 march 2007
- Participated and organized various Workshops related to topics of **Personality development, Communication & Skills and Life skills 2002, 2003, 2004 & 2005.**
- Participated in the one day modular training on **TB-HIV Coordination** at New Delhi Tuberculosis Center, 1st February 2008.

- Participated in the **HIV / AIDS training** programme sponsored by the Ministry of Youth Affairs and Sports at Jamia Millia Islamia New Delhi on September 9-11, 2004.
- Participated in the One Day **Professional Development** Workshop organized by ROTARACT DIST. 3010, NSS & PRAVAH at Jamia Millia Islamia New Delhi on 11 Oct. 2003
- Participated in the Conference on “**YOUTH FOR NATURE – SOUTH ASIA**” organized by **WWF-INDIA New Delhi on June 5-6, 2000.**

Extra Curricular Activities:

- Received a **Certificate of Appreciation by Youth Federation for World Peace –India** for contribution to the Volunteer activities of Youth for Service at JMI New Delhi, India on 22nd November 2015.
- Member of Organizing Committee A “ **CYCLE RALLY ON BUILDING INDIA SAFE FOR WOMEN (Safety, Security and Women Empowerment) from Srinagar (Jammu and Kashmir) to JAMIA MILLIA ISLAMIA New Delhi organized by NSS Jamia Millia Islamia in collaboration with University of Kashmir J&K ON 9th Nov. to 25 Nov. 2013.**
- Member of Organizing Committee A “**CYCLE RALLY ON “SAVE WATER SAVE EARTH” from Narkanda Shimla ,H.P to JAMIA MILLIA ISLAMIA New Delhi organized by NSS & NCC Jamia Millia Islamia 15TH feb. 2013 to 27 feb. 2013.**
- Member, Jamia Outreach Programmes, Jamia Millia Islamia since July 2009 to 2010.
- Appointed as the Ambassador for Peace by Universal Peace Federation of India in 2008
- Appointed as the *Dir. Of Professional Service of the District Administrative Council* for the Year 2003-2004
- Elected the **President** of the Rotaract Club of Delhi, Okhla for 2001-2002, 2002-2003
- Appointed in Year 1999 till the Year 2002, **National Service Volunteer** of National Service Scheme by **the Ministry of H.R.D., Department of Youth Affairs & Sports**
- Elected as the **Vice-President** of the Rotaract Club of Delhi, Okhla for 1999-2001.
- Represented **West Bengal in the Senior National Baseball Championship** held at Chandigarh in March, 2000.
- Have received the Rotary Youth Leadership Award in 1999.

ORGANIZED (NATIONAL AND INTERNATIONAL CAMPS/ PROGRAMMES)

- Organized and Participated in **Youth for Service Volunteers Assembly on” Empowering Youths: Vision ,Values & Culture of Service “** organized by NSS Jamia Millia Islamia , Family Federation for World Peace AND Unification and Youth Federation for World Peace-India at Jamia Millia Islamia New Delhi on 22nd Nov. 2015,
- Member of Organizing Committee a “ **The Little Angels Children’s Folk Ballet of Korea “ World Peace Tour – India on the occasion of Korean War 60th Anniversary & Centenary Celebration of Delhi as Capital of INDIA ON 19th Nov. to 25 Nov. 2011.**
- Member of Seating Arrangement Committee for the Special Convocation, 2012 &13. Jamia Millia Islamia
- Member of Seating Arrangement Committee for the Annual Convocation - 2010 ,2011, 2012 ,2013 & 2014 Jamia Millia Islamia.
- Member of Reception-cum-Accommodation Committee for North Zone Inter University Hockey Championship, 2011-2012 Jamia Millia Islamia.
- Organized and Participated as Host NSS Republic Day Parade Camp from 1st Jan to 31st Jan 2010 & 2011, at Jamia Millia Islamia New Delhi.
- Organized and Participated Debate , Poster Making competition, Blood Donation Camp & HIV/AIDS Awareness Rally on the occasion of International Youth Day Celebration on 12 August from the year 2007 till the year 2011. At Jamia Millia Islamia.
- Member of Organizing Committee a **Educational Festival (Talimi Mela) 29Oct, - 2nd Nov., 2006, 2007 , 2008 , 2009 & 2014** on the occasion of Foundation day Jamia Millia Islamia.
- Organized and Participated in the **National Integration Camp for the Year 1997, 1999, 2004, 2005-06 & 2008-09.**
- Organized in the NSS Jamia “Admission Information, Counselling and Guidance Center” since **the Year 1997, till the year 2014.**
- Organized a series of 10 Days Special Camps from the Year **1999** till the Year **2011** at **Jamia Millia Islamia New Delhi.**
- Organized a series of Rural & Special camps from the Year **1999** till the Year **2008.**

- Organized a number of **Hepatitis-B Immunization and Awareness camps from 2000 to 2002.**
- Organized the NSS sponsored **Blood donation camps in** collaboration with the **Rotary Blood bank, and AIIMS Blood Bank since the Year 1999 till the year 2015.**
- Organized and participated **HIV / AIDS** awareness programme through the medium of **Health Mela, in the Year 2004, 2005, 2006, 2007, 2008 , 2009 & 2010.**
- Organized **Rotary Youth Leadership Awards (RYLA), 23-25 December 2007** at Jamia Millia Islamia

Interests:

- Surfing the Internet in order to remain aware of the Current Affairs and to enhance my General Knowledge.
- Participating in various academics activities, socio-cultural activities and programmes in order to keep myself updated with the modern day social development methods and strategies.

(ABID HUSAIN)

Date :
Place : New Delhi