

## **CURRICULUM VITAE**

# **Dr. Abid Husain**D – 36 / 1, Batla House, Jamia Nagar, Okhla, N.Delhi-110025 (INDIA)

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## **Educational Qualifications:**

- Ph.D in Psychology on the topic "Self Concept, Adjustment and Mental Health: A Comparative study of Public and Govt. School Adolescents." from Jamia Millia Islamia, New Delhi (INDIA) 2008.
- Post Graduate Diploma in Child Rights from Jamia Millia Islamia, 2007
- Post Graduate Diploma in Counseling Psychology from Jamia Millia Islamia, 2003.
- M.A. Applied Psychology from Jamia Millia Islamia in the year 2003.
- B.A. (Pass)from Jamia Millia Islamia in 1999.

## **Professional Qualifications:**

GNIIT from NIIT, Connaught Place, New Delhi.

## **Computer Proficiency:**

Operating System : MS-DOS, UNIX, Win NT, Windows 95-98,

2000& Window XP.

Other Packages : MS-Office, SPSS

**Current Designation:** Sr. Assistant Professor, Department of Psychology, Faculty of Social Sciences, Jamia Millia Islamia.

## Ph.D Awarded (02)

- 1) Ms. SnigdhaSen- Machiavellianism, Career Success, Pro-social Behaviour and Guilt at Work Place.
- 2) Ms. Apoorva Adhikari Posttraumatic Growth, Mental Health, Social Support and Coping Styles among the Survivors of Domestic Violence.

## PhD Supervision: 02

- 1) Mr. Abbas Kazim (in progress)
- 2) Mr. Mohd Askari Zaidi (new Admission)

**Masters Dissertation Completed: 35** 

Masters Dissertation Currently Under Supervision: 05

## **Experience:**

- Working as an **Assistant Professor** in the Dept. of Psychology, Jamia Millia Islamia since 7<sup>th</sup> Nov.2016 (afternoon).
- Worked as Program Officer (Open Unit & Regular Unit) in the National Service Scheme, Jamia Millia Islamia from March 2005 till date.
- Worked as an **Academic Coordinator/Assistant. Director** in the Center for Distance and Open Learning, Jamia Millia Islamia from 9<sup>th</sup> Oct. 2012 to 7<sup>th</sup> Nov. 2016(forenoon).
- Worked as a Counselor in the **Integrated Counseling and Testing Center in** Jamia Millia Islamia from **31 December 2005 to 8<sup>th</sup> Oct. 2012.**
- Coordinator of **Red Ribbon Clubs** since 2009-10 Jamia Millia Islamia New Delhi.
- Worked as a **Research Associate** in SAROJINI NAIDU CENTRE FOR WOMEN'S STUDIES Jamia Millia Islamia, **from 2**<sup>nd</sup> **January, 2005 to 30**<sup>th</sup>**December 2005**.
- Worked as a **Research Assistant** in SAROJNI NAIDU CENTER FOR WOMEN'S STUDIES Jamia Millia Islamia from 2<sup>nd</sup> June 2004 to 2<sup>nd</sup> October, 2004.
- Worked as a **Research Assistant** in SAROJNI NAIDU CENTER FOR WOMEN'S STUDIES Jamia Millia Islamia from 5<sup>th</sup> **January 2004 to 5<sup>th</sup> April 2004**.
- Worked as a N.S.V. in the Ministry of H.R.D., Department of youth Affairs and Sports from 1999 to 2002.
- Have been working on voluntary basis with NGO's like AIDS Awareness Group and Action Appeal Justice Foundation since 1999.
- Worked for a **UNDP funded** project on **drug abuse as a research investigator** in Bikaner in the year **2001**.

• Worked as a **trainer and facilitator** in the project on the awareness on **AIDS** and other sexually transmitted diseases. This was a Delhi State **AIDS** Control Society (DSACS), project which was conducted in the Badarpur slum area, New Delhi **in the year 2001.** 

## Membership (Journal/Board/BoS)

- Life Associate Member of Indian Association of Clinical Psychologists since 2011.
- Honorary Editor in the Editorial Board for Psychology Communiqué with effect Since May 9, 2022.
- Member of Board of Studies in the Department of Psychology for UG and PG courses at Mohammad Ali Jauhar University, Rampur for 3 years since 2022.

## Received award/Appreciation Letter by Ministry, Govt. of India

- Received Maulana Muhammad Ali Jauhar Award-2024 for community services and Blood donation work for society from Jamia Millia Islamia Alumni Award by Honourable, Prof.Mazhar Asif, Vice chancellor, Jamia Millia Islamiaon 7<sup>th</sup> December 2024 at JMI.
- Received a Certificate of Appreciation by Mahatma Gandhi National Council of Rural Education, Dept. of Higher Education, Ministry of Education, Govt. of India for Selfless service to provided Psychological support to COVID-19 Patients and their family members as a part of Beat COVID Campaign initiative of MGNCRE, Ministry of Education, Govt. of India. 5<sup>th</sup> January 2022
- MGNCRE Appointed as **District Sustainability Mentor** (**South East Delhi**) for conducting Higher Educational Institutional promoting Sustainability and Swachhta-Swachhta Action Plan(SAP) -2021-22 in UNIVERSITY/COLLEGE and VILLAGES conducting in South East District on 25<sup>th</sup> February 2022.
- Received a Certificate of Appreciation by Mahatma Gandhi National Council of Rural Education, Dept. of Higher Education, Ministry of Education, Govt. of India for MGNCRE District Sustainability Mentor of South East, Delhi has offered in sustainability Index aspects through conducting and completing fild visits in five higher Educational Institutions during March 2022.
- Received a Letter of Appreciation by MGNCRE, Ministry of Education, Govt. of India for Contribution to the areas of Sanitation, Hygiene, Waste Management, Water Management, Energy Management and Greenery Management working as Nodal officer Swachhta Activities -2021-22 at JMI on 9<sup>th</sup> May 2022.
- Received a Letter of Recommendation and Appreciation by Society for Health and Psychology Enabled Services (SHAPES), New Delhi "Positive Mental Health and Psychological Well-Being in the 21st Century: Discovering New Challenges and Opportunities" on 10th October 2021.

• Received a **Certificate of Appreciation by Youth Federation for World Peace –India** for contribution to the Volunteer activities of Youth for Service at JMI New Delhi, Indiaon22<sup>nd</sup> November 2015.

## **Present University Assignments:-**

- Appointed as Co-Nodal officer, Swachhata Hi Seva 2024, **Swachh Bharat Mission** (Urban) e-learning program of Ministry of Urban Development, Govt of India, Jamia Millia Islamia, since 2024.
- Appointed as a **Hony Prog. Coordinator**, National Service Scheme (NSS), Jamia Millia Islamia Since 28<sup>th</sup> May 2024 to 10 June, 2024.
- Appointed as **Assistant Dean Students Welfare (ADSW)** at Jamia Millia Islamia. Since July 2019 to July 2024.
- Appointed as Coordinator, Swachh Bharat Mission (Urban) e-learning program of Ministry of Urban Development, Govt of India, Jamia Millia Islamia, Since 2018.
- MEMBER OF 102<sup>nd</sup> Foundation Day Celebration Advisory & Recaptation committee BY V.C, JMI Since 9<sup>th</sup> April 2022.
- Member of 102<sup>nd</sup> Jamia Foundation Day Celebration Committee constitute by Vice Chancellor, JMI.
- MEMBER OF UNIVERSITY MENTAL HEALTH & COUNSELLING COMMITTEE CONSITUTE FOR STUDENTS & STAFF DURING COVID-19 BY V.C, JMI Since 9<sup>th</sup> April 2020
- Appointed as **Assistant Coordinator** of Advance Diploma in Counselling Psychology (ADCP) Programme Dept. of Psychology **at** Jamia Millia Islamia. Since July 2019 to 2020.
- Appointed as **Assistant Coordinator**, Jamia Study Center of Post Graduate Diploma in Counselling Psychology (PGDGC) Programme Center for distance and open learning at Jamia Millia Islamia. Since July 2019.
- Worked as a **Program Officer (Open Unit and regular Unit)** in National Service Scheme, Jamia Millia Islamia from 1st March 2004 to 28th May 2024.
- Team Manager of BASKETBALL Team, Faculty of Social Sciences, since 2017,
- Assistant Superintendent, of Practical Examination, 2018
- Assistant Superintendent, of odd semester (U.G & P.G) Examination, 2018
- Assistant Superintendent, of B.A Private Annual Examination, 2019.
- Assistant Superintendent, of even, Odd & ADCP semester Examination, 2019 to 2022.

• Assistant Superintendent of Odd Semester Theory (PG) and Practicum (UG and PG) Examination, 2022 to 2023.

#### **Delivered lectures:-**

- Delivered lecture on **Mental Health and Youth** in the "One Day Peace Leadership Seminar" on the occasion of Celebration of Swachhta Pakhwara 1<sup>st</sup> September to 15 September 2024 at NSS Office for Jamia Students on 14<sup>th</sup> September 2024.
- Delivered lecture on "World Environment Day-Our land. Our future" on the occasion of World Enlivenment Day Function at NSS Office for Jamia Students on 5th June 2024.
- Delivered lecture on "Understanding Gender and Mental and Emotional Health"in the Samagra-Swa Raksha Program – A Capacity Building Workshop for Women and Girls of the University, from Monday 21<sup>st</sup> to Friday 25<sup>th</sup> November 2022 organized by Political Science Department in collaboration with Delhi Police.
- Online Lecture on "Professional Career Skills" in the National webinar on the theme "Capacity Building & Personality Development Program for Female UG/PG Students "organized by SPARSH Cell Central University of Rajasthan in collaboration with National Commission for Women(NCW), New Delhi on 17<sup>th</sup> November 2021.
- Delivered Lecture on **Stress Management** for 4 Delhi Battalion NCC (Boys) at Okhla organized by 4 Delhi BN NCC, at Industrial Estate Phase III, Okhla, New Delhi-110020 on 8th October 2021.
- **Eminent Panel List and Speaker** in the National Panel Discussion on "Positive Mental Health and Psychological Well-Being in the 21<sup>st</sup> Century: Discovering New Challenges and Opportunities" organized by Society for Health and Psychology Enabled Services (SHAPES) Delhi on 10th October 2021
- A Online lecture on "Soft Skill and Counselling Stages" 5 days PGDGC Counselling Works 2020 for Post Graduate Diploma in Guidance & Counselling, Students organized by Centre for Distance and Open Learning, JMI on 20<sup>TH</sup> TO 24<sup>TH</sup> November 2020
- Lecture on "Counselling Techniques for Substance abuse" in two days workshop & Training programme on Substance Abuse Prevention and Counselling, for Jamia School teachers, organized by National Institute of Social Defense and Faculty of Social Sciences, JMI on 23-24 December, 2017.
- Lecture on Counselling Techniques in two days workshop on Substance Abuse Prevention and Counselling, for Postgraduate students, organised by National Institute of Social Defense and Faculty of Social Sciences, JMI on 25-26 August, 2017.
- Lecture on Stress Management for Medical Practitioners in the Medical Workshop organized by Medical council of Panipat, Haryana on 8<sup>th</sup> May 2016.

- Lecture on Career Talk & Career Counselling for Mewat Students in the Leadership workshop organized by CEQUIN-The Center for Equity and Inclusion at Rouse Avenue, ITO New Delhi on 11<sup>th</sup>February 2015.
- Lecture on Identification of Behavioral Issues & Behaviour Modification Techniques and process of Counselling and role play, for PGDGC students at Vision Institute of Advance Studies, Rohini in the workshop on 30<sup>th</sup> January 2015.
- Lecture on Leadership & Personality Development for students held under NSS & Jamia Millia Islamia, on 24<sup>th</sup> Sep. 2013
- Lecture on Leadership & Communication Skills for students held under NSS & YFHC, Jamia Millia Islamia, on 24<sup>th</sup> Sep. 2012
- Lecture on Communication Skills for students held under NSS & YFHC, ICTC Jamia Millia Islamia, on 15-16 March, 2011.
- Lecture on HIV/AIDS Awareness for students held under NSS & YFHC, ICTC Jamia Millia Islamia, on 25-26 April, 2011.
- Lecture on Group Therapy for ART Counsellors held under DSACS & SSRs AT Delhi University on 15<sup>th</sup> April 2010.
- Lecture on HIV/AIDS Awareness for Programme Students held under NSS & YFHC Jamia Millia Islamia on 25-26 May 2010.
- Lecture on Blood Donation for Students held under NSS & ICTC Jamia Millia Islamia, on 9<sup>th</sup> August 2010.
- Lecture on Personality Development for students held under NSS & YFHC,ICTC Jamia Millia Islamia, on 25<sup>th</sup> August 2010.
- $\bullet$  Lecture on Leadership for students held under NSS & YFHC,ICTC Jamia Millia Islamia, on  $11^{th}$  November , 2010

## **Research Paper Publication:-**

- Perceived Stress, Life Satisfaction and Mental Well-Being of Fishermen in Kerala in the International Journal of Psychology and Mental Health. Open Access 8(4): AUCTORES Globalize your Research, DOI10.31579/2637-8892/265, on 17<sup>th</sup> April 2024.
- A Correlation Study of Aggression and Internet Addiction Among Adolescences ,in the INTERNATIONAL Journal of Food and Nutritional Science, ISSN PRINTING & ONLINE -2319-1775 & 2320-7876, Impact Facter: 7.832 in Volume -11, Issue-12, year-, 2022 (UGC CARE Listed(Group-1).

- Job Satisfaction, Organizational Climate and Mental Health: A Comparative Study Of Private And Government School Teacher In Rampur, U.P, International Journal of Research in Management & Social Science Volume 10, Issue 4 (I) October December 2022.
- Study of Organizational Climate Among Academic Staff of Delhi NCR. Journal of Management and Entrepreneurship, (UGC-Care) XIME, Shaping Future Leaders, Bangalore, Chennai, Kochi, ISSN: 2229-5348, Volume 16, Number 3, July-September 2022.
- A Study on Relationship Between Job Satisfaction, Organizational Climate and Mental Health of School Teachers, Published in International Journal of Research, Rizvi College of Arts & Commerce Volume 11, pp 272-278, ISSN 2231-6124, SpecialIssue March 2022 IMPACT FACTOR SJIF2022 (8.694).
- Machiavellianism and Prosocial Behavior: A Study on Indian Lawyers
  Published In JETIR (www.jetir.org ) ISSN UGC Approved (Journal No: 63975) & 7.95
  Impact Factor Published in Volume 9 Issue 6, June-2022 | Date of Publication: 29-06-22.
- Machiavellianism and Career Satisfaction in Lawyers: Gender and Age Differences, Journal of Modern Thamizh Research (A Quarterly Journal) Vol 9, No. 4 (2021), pp. 28-39, ISSN: 2321984X, Published on October-December 2021.
- "EFFECTIVENESS OF COGNITIVE BEHAVIOURAL THERAPY ON THE SINGLE CASE STUDY OBSESSIVE COMPULSIVE DISORDER" NIU International Journal of Human Rights, UGC Care Listed Journal , ISSN:2394-0298, Group-1, Vol 8(X), Jan-Dec, 2021, (NIU/RSSH/0545) on Oct 2021,
- Street Harassment and Coping among Indian College Women, Demography India,(IASP) Vol. 50, No. 1 (2021), pp. 152-162, ISSN 0970-454X, January-June,2021http://demographyindia.in/articledetails/19.html)
- Mental Health and Adjustment among Public school and Govt. School of Adolescents, International Journal of Social and Allied Research(IJSAR), Delhi.p-ISSN2319-3611, e-ISSN2349-9311, Vol.5(2), February 2017.
- Self Concept and Mental Health of Adolescents Belonging to Single and Dual Career Parents, International Journal of Social and Allied Research(IJSAR), Delhi.p-ISSN 2319-3611, e-ISSN2349-9311, Vol.4(2), February 2016
- Self Concept and Mental Health Among Public and Government school Adolescents, Behavioural Research Review (National Bi-Annual Referred Research Journal of Behavioural Science) ,Patna, ISSN-0975-7198, Vol.7, No.1,March 2015.
- Self Concept and Adjustment of Adolescents Belonging to Single and Dual Career Parents, Indian Social and Psychological Studies, Bihar Psychological Association ,Patna, ISSN-0974-634X, Vol.8, No.2,Setember, 2015.
- Academic stress and Adjustment among High School students, Journal of Indian

Academy of Applied Psychology. Pondicherry. Vol.-34, Special. Issue, 70-73, 2008.

• Depression and Anxiety among youth smokers, Human Behaviour Vol.1, Srinagar, 2007.

## **Publication currently under review:**

- Perceived Stress, Resilience and General Self-Efficacy among University Students Pursuing Yoga and Other Courses
- Technological Interventions for Children with Autism Spectrum Disorder

## **Research Paper Presentation:**

- Paper presented online Entitled "MENTAL HEALTH AND EMOTIONAL INTELLIGENCE: ACOMPRATIVE STUDY OF BOY AND GIRL SECODARYSCHOOL STUDENTS" in Two Days Multidisciplinary International Conference "Viksit Bharat@2047:Aspirations and Challenges" organized by Marwari college Bhagalpur AConstituent Unit of T.BM.B.U, Bhagalpur in collaboration with Ixora Research Association, Jharkhand & Syama Education Research Association held on 27<sup>th</sup> -28<sup>th</sup> July 2024.
- Paper presented online Entitled "JOB SATISFACTION, ORGANIZATIONAL CLIMATE AND MENTAL HEALTH: A COMPARATIVE STUDY OF PRIVATE AND GOVERNMENT SCHOOLS SCHOOL TEACHER IN RAMPUR, U.P" in two days International Conference on Advanced Research, Tools Techniques, for Multidisciplinary Research Design organized by Eudoxia Research University USA and Eudoxia Research Centre India in collaboration with Department of Periodontology, Rama Dental College Hospital and Research Centre, Rama University, UP, India and Franklin International Business School, Nigeria, from 9<sup>th</sup> December to 10<sup>th</sup> December 2022.
- Paper Presented Entitled "A study on Relationship between Job Satisfaction, Organization Climate, and Mental Health of School Teachers" in the Online One Day International Conference on "Emerging Trends & Issues in Field of Commerce, Management, Economics & Social Science" on 19<sup>th</sup> February 2022.
- Paper presented entitled "Disability Within Contemporary Inclusion Dynamics" in National Level Webinar, CRE Programme "Understanding inclusion of persons with disabilities in Poverty Alleviation Programmes organized by Pramila Katiyar Special Education Institute, kalpi Road, Pukhrayan Kanpur Dehat, Uttar Pradesh.-209111 from 22<sup>nd</sup> November 2021 to 24<sup>th</sup> November 2021.
- Paper presented entitled "Perceived Stress, Resilience, and General Self-|Efficacy among University students pursuing yoga and other courses" in the 5<sup>th</sup> International Conference of Indian Academy of Health Psychology held at M.G. Kashi Vidyapith, Varanasi, from 20<sup>th</sup> October to 22<sup>nd</sup> October 2019.
- Research Paper presented entitled "Psychological Consequences of Street Harassment among Indian College Women" International Conference on Emerging Challenges To

Environmental and Occupational Health & Sustainability. (Under the Indo-US  $21^{\rm ST}$  Century Knowledge Initiatives Project held at Jamia Millia Islamia , New Delhi,  $17^{\rm th}$  -  $18^{\rm th}$  January, 2019.

- Research Paper presented entitled "Advertisement: It's Impact on Adolescent Consumers Behaviour". International Conference of on Multi-Disciplinary Research (ICMR-2019 Organized by Department of Education, AMU, Alighar, U.P, INDIA, October 12-13, 2019.
- Research Paper presented entitled "Suicide in India A Mental Illness its Causes and Remedies" in the 3rd International Conference of India Academy of Health Psychology, (ICIAHP-2017) held at Dept. of Psychology ,Luck now, 2017
- Research Paper presented entitled" **Mental Health and Adjustment among Public and Govt. School Adolescents.**" in the 2<sup>nd</sup> International Conference of India Academy of Health Psychology, (ICIAHP-2016) held at Dept. of Psychology and Mental Health social of Humanities & Social Science, Gautama Buddha University, Greater Noida U.P. from 16<sup>th</sup> December to 18<sup>th</sup> December 2016.
- Research Paper presented entitled" **Mental Health and Adjustment among Public and Govt. School Adolescents."** in the 2<sup>nd</sup> International Conference of India Academy of Health Psychology, (ICIAHP-2016) held at Dept. of Psychology and Mental Health social of Humanities & Social Science, Gautama Buddha University, Greater Noida U.P. from 16<sup>th</sup> December to 18<sup>th</sup> December 2016.
- Research Paper presented entitled" **Self Concept and Adjustment among Public and Govt. School Adolescents."**in the National Seminar & Annual Conference of IPA, held at Dept. of Psychology Nirmala College, Ranchi from 7<sup>th</sup> to 8<sup>th</sup> February 2016.
- Research Paper presented entitled "Self Concept and Mental Health of Adolescents Belonging to Single and Dual career Parents"in the 1<sup>st</sup> International Conference of India Academy of Health Psychology, (ICIAHP-2015) held at Dept. of Psychology University of Jammu from 6<sup>th</sup> to 8<sup>th</sup> December 2015.
- Research Paper presented entitled"Mental Health of Male and Female HIV Positive Patients"in the 11<sup>th</sup>International and 42<sup>nd</sup> National Conference of IAAP, ON Applied Psychology for a Peaceful World held at Dept. of Psychology University of Jamia Millia Islamia from 15<sup>th</sup> to 17<sup>th</sup> February 2007.

## Chaired a session/ National /International Conference/Seminar/Workshop:

- Chaired a Session on Financial Inclusion, Empowerment and Sustainability in Multidisciplinary International Conference JTACON-2020 Organized by Jamia Teachers Association (JTA), JMI -, February 16thn -18<sup>th</sup> 2020.
- Chaired a Session on "Health and Wellbeing: An Interdisciplinary inquiry" in International Conference Organized by Department of Psychology, JamiaMilliaIslamia, New Delhi on March 22-23, 2017.

## **Research Project Undertaken:**

- Conducted a study as a part of team member conducted by NSS on "Exploring the Best Practices Adopted by JamiaMilliaIslamia Neighbourhood to Control COVID -19 Pandemic" April, 2020.
- Research Team Leader for "External Evaluation of CSR-CD Programme; Impact Assessment of the project and Need assessment of villages of NTPC, Badarpur".2012
- Research Team Leader for "External Evaluation of CSR-CD Programme; Impact Assessment of the project and Need assessment of villages of NTPC, Dadri, U.P". 2009
- Research Team Leader for of Project on "Education and Society; A study of Schools of Kalgidhar Trust" 2009
- Research Team Leader for "External Evaluation of CSR-CD Programme; Impact Assessment of the project and Need assessment of villages of NTPC, Badarpur".2007
- Research Team Leader for "External Evaluation of CSR-CD Programme; Impact Assessment of the project and Need assessment of villages of NTPC, Faridabad ,Haryana".2007
- Conducted a study on **Job Satisfaction** in relation to Organization Climate with reference to the Government and the Private Sector**for M.A (Applied psychology) Dissertationin the year 2002.**
- Conducted a Survey on the level of **Job Satisfaction among the Teachers, for M.A** (Applied psychology) Field workin the year 2002.

Participated and Conducted of the Conferences/ Seminar/Training Programs/Webinar/Faculty Development Programme (NATIONAL/INTERNATIONAL LEVEL):-

- Participated in the "One Day Master Training Programme on My Bharat Portal" Sponsored by Dept. of Youth Affairs, Ministry of Youth Affairs and Sports (Government of India) at Jamia Millia Islamia, New Delhi on 15<sup>th</sup> October, 2024.
- Participated in the "One Day Master Training Programme on My Yuva Bharat Portal" Sponsored by Dept. of Youth Affairs, Ministry of Youth Affairs and Sports (Government of India) at NIIT, Delhi on 11<sup>th</sup> July, 2024
- Participated in NEP 2020 Orientation & Sensitization Program under Malaviya Mission Teacher Training Program (MM-TTP) of University Grants Commission (UGC)
   Organized by MMTTC, Jamia Millia Islamia, New Delhi from 4<sup>th</sup> March to 14<sup>th</sup> March

- Participated in 11<sup>th</sup> Higher Education & Skill Summit at Le-Meridien Hotel, New Delhi on 2nd September 2022.
- Participated and organized as a Coordination Team of the Samagra-Swa Raksha Training, a five day workshop on capacity building of Women & Girls for University Students organized by Department of Political Science in collaboration with Delhi Police at Dyare-Mir Taqi Mir, JMI on from 21<sup>st</sup> November to 25<sup>th</sup> November 2022,
- Participated at commemoration of United Nations International Youth Day 2022 (Theme: Intergenerational Solidarity) held at Conference Hall, National YMCA, New Delhi, on 6<sup>th</sup> August 2022.
- Participated in the Seven Days Virtual Faculty Development Programme on the theme "THE NEW NORMALCY: PSYCHOLOGICAL APPROACHES INTO THE TEACHING LEARNING PROCESS" organized by Department of Psychology, Sree Saraswathi Thyagaraja College, Pollachi and Department of Psychology, PSG College of Arts & Scieance, Coimbatore, from 11-07-2022 to 17-07-2022.
- Participated in the webinar on Challenges & Opportunities of the Grassroots
   Organizations in our Country organized by Indian Social Responsibility Network on 7th
   July 2022.
- Participated in the Seven Days Virtual Faculty Development Program on "COUNSELLING SKILLS FOR TEACHERS-MULTIDISCIPLINARY APPROACH" organized by SRM School of Education & Research and Development of Psychology College of Science and Humanities, SRM Institute of Science and Technology, Kattanklathr- Chengalpattu District, Tamil Nadu, India, from 20-06-2022 to 27-06-2022.
- Participated in the **Seven days online workshop on Research Methodology through SPSS** organized by Department of Lifelong Learning and Extension, in association with Aatmanthan (A Training and Development Institute), Chhatrapati Shahu Ji Maharaj University, Kanpur, from 20th June -26<sup>th</sup> June, 2022.
- Participated in the Online One Week Faculty Development Programme on "Teaching and Collaborative Learning for Business Education" organized by Faculty of Management studies and Department of Management Studies, Gurukula Kangri, (Deemed to be University), Haridwar, from 23<sup>rd</sup> -29<sup>th</sup> March, 2022.
- Participated in the **five days workshop on Data Analysis with using SPSS Software** organized by Faculty of Management studies and Department of Management Studies, Gurukula Kangri ,(Deemed to be University), Haridwar, from 21<sup>st</sup> -25<sup>th</sup> February, 2022.
- Participated in the online five days Faculty Development Programme on Mentoring for Institutional Social Responsibility and Facilitation for Community engagement for faculty of Universities, college and Higher Educational Institution organized by Mahatma Gandhi National Council of Rural Education, Dept. of Higher Education, Ministry of Education, Govt. of India (2<sup>ND</sup> -6<sup>TH</sup> February, 2022).

- Participated in **the Online International workshop on Advance Statistical Data Analysis using SPSS Software** organized by Science Tech Institute (Run by MKS Educational Society), Registered by: Govt. of UP & Ordinance No. 21 of 1860 Reg. LUC/03140/UP, India) Lucknow, UP. From January 21-27, 2021.
- Participated in National Webinar, CRE Programme theme "Understanding inclusion of persons with disabilities in Poverty Alleviation Programmes" organized by Pramila Katiyar Special Education Institute, kalpi Road, Pukhrayan Kanpur Dehat, Uttar Pradesh.-209111 from 22nd November 2021 to 24th November 2021.
- Participated in the online One week Training **Programme on Statististical Data Analysis Using "R" Software** organized by Science Tech Institute, Lucknow (Run by: Manraj Kuwar Singh Educational Society) from 21<sup>st</sup> December to 27<sup>TH</sup> December, 2021).
- Participated in the Online National webinar on theme "Role of Psychologists in Forensic Mental Health Service on World Mental Health Day Organised by Dept. Of Psychology, Gujrat University, Ahmedabad in collaboration with Indian Academy of Health Psychology, on 10<sup>th</sup> Oct. 2020.
- Conducted **5-day Online Workshop for Post Graduate Diploma in Guidance and Counseling (PGDGC)** organised by Centre for Distance and Open Learning from 20 th November 2020 to 24<sup>th</sup> November 2020.
- Participated and Conducted in the **International Faculty Development Programme on Public Health Communication**.(Under the Indo-US 21<sup>ST</sup> Century Knowledge Initiatives Project held at Jamia Millia Islamia, New Delhi, 14<sup>th</sup> -16<sup>th</sup> January, 2019.
- Participated in the **International Conference on "Prospects and Future of Health and Wellbeing"** organized by department of Psychology, held at Jamia Millia Islamia, New Delhi from of 12<sup>th</sup> to 13<sup>th</sup> March, 2019
- Attended a two day "Workshop On Health And Well-Being: An Interpretative Phenomenological Approach" under UGC-DRS (Phase-II) programme held during March 15-16, 2018.
- Participated in the National Integration Camp, organized on the occasion of Golden Jubilee of the Department of Social Work (1967-2017) held at Jamia Millia Islamia, New Delhi from 23<sup>rd</sup> to 32st December 2017.
- Participated in the workshop held on 7<sup>th</sup> June 2016 at the Indian International Centre, New Delhi, on University & College Counseling services in India (Theme: Emerging

- Needs & Challenges of Good Practices) organized by Expressions India (The National Life Skills, Values Education & Community Wellness Program).
- Participated in the course Development, Change, Dysfunction and Mitigation from Centre for Distance and Open Learning, JMI from June 1-5, 2016 organized by Global Initiative for Academic Networks.
- Participated in the **Asian Leadership Conference on "Global Pease in the Century: Asia's Responsibility**"organized by Universal Pease Federation (UPF) & Family Federation for World Pease and Unification (FFWPU), ASIA, held in Bangkok, Thailand from **27**<sup>th</sup> **Nov. to 1**<sup>st</sup> **Dec. 2015.**
- Participated in the *INTERNATIONAL LEADERSHIP CONFERENCEon "Innovative Approaches to Peace, Sustainable Development and Poverty Alleviation"* organize by Ministry of Co-operatives and Poverty Alleviation, Govt. of Nepal & Universal Peace Federation*Nepal*, *September 1-2*, *2012 at Kathmandu Nepal*.
- Participated in the 2009 ASIA-PACIFIC INTERNATIONAL LEADERSHIP CONFERENCE "Toward a New Paradigm of Leadership and Good Governance for the Development and Peace in the Asia Pacific" organize by Universal Peace Federation TAIPEI, TAIWAN JANUARY 16-19, 2009.
- Participated in the Leadership Training Program "Religious Youth Service Thailand & Cambodia Project "Building a Culture of Heart and Character through Service" Interreligious and International Federation for World Peace December 15-28, 2006.

## Participated/Attended&ConductedintheWorkshop/Seminars/Conferences/Tra ining/Orientation/Referesher Programs: (NATIONAL LEVEL)

- Participated in the Author workshop on "Know-How of Publishing in Scopus-Indexed Journals" organized by ELSEVIER Scopus in collaboration with Dr.Zakir Husain Library, Jamia Millia Islamia, held on july 25, 2024 at Dr. Zakir Husain Library, JMI, New Delhi-110025.
- Participated in the Seven days Online Workshop on Research Methodology through SPSS Programme on the theme organized by Chhatrapati Shahu Ji Maharaj University, Kanpur The Department of Lifelong Learning and Extension In association with Aatmanthan (A Training and Development Institute) from 20<sup>th</sup> June to 26<sup>th</sup> June 2022.
- Participated in the Five days Online Workshop on Data Analysis with SPSS organized by Faculty of Management Studies & Department of Management Studies, Gurukul Kangri (Deemed to be University), Haridwar, U.K., from 21-25 February, 2022.
- Organized as a Coordination Team member and Participated in Five Days Samagra-Swa Raksha Program -Capacity Building Workshop for Women and Girls of the University,

- organized by Political Science Department in collaboration with Delhi Police, from Monday 21st to Friday 25th November 2022.
- Participated in the One Week Online International Workshop on Advance Statistical Data Analysis Using SPSS ORGANISED BY Science Tech Institute Lucknow (Run by MKS Educational Society), Lucknow, U.P. India, from 21-27 January 2021.
- Participated in the One Week Online Training Program on Statistical Data Analysis Using "R" Software ORGANISED BY Science Tech Institute Lucknow (Run by MKS Educational Society), Lucknow, U.P. India, from 21-27 December, 2021.
- Participated in UGC SPONCERED FIRST ONLINE TWO WEEK REFERESHER
  COURSE IN ENVIRONMENTAL SCIENCE / EDUCATION (ID) organized by
  The UGC-HRDC, Jamia Millia Islamia, and New Delhi and obtained Grade "A" from
  7th Oct.2020 to 21st Oct.2020.
- Participated in the **124<sup>th</sup> four week Orientation Programme** organized by The UGC-HRDC, Jamia Millia Islamia, and New Delhi from 12<sup>th</sup>Feb.to 12<sup>th</sup> March, 2019 and obtained Grade "A".
- Participated in the **International Conference on "Prospects and Future of Health and Wellbeing"** organized by department of Psychology, held at Jamia Millia Islamia, New Delhi from of 12<sup>th</sup> to 13<sup>th</sup> March, 2019
- Organized Two Days Skill Lab on "Social Norm with Special Reference to Gender" conducted by Social Norms Knowledge Hub (SNKH), Faculty of Social Science, JMI, in collaboration with UNICEF India, on 24<sup>th</sup> and 25<sup>th</sup> April 2019.
- Organized Two Days Skill Lab on "Social Norm perspectives on Educational and Occupational opportunities for women in India" conducted by Social Norms Knowledge Hub (SNKH), Faculty of Social Science, JMI, on 8<sup>th</sup> and 9<sup>th</sup> August 2019.
- Organized Two Days Skill Lab on "Marginality and Social Norms" conducted by Social Norms Knowledge Hub (SNKH), Faculty of Social Science, JMI, in collaboration with UNICEF India, on 25<sup>th</sup> and 26<sup>th</sup> September 2019.
- Organized Two Days Skill Lab on "The Role of Social Norms in Women Health and Well-Being" conducted by Social Norms Knowledge Hub (SNKH), Faculty of Social Science, JMI, in collaboration with UNICEF India, on 22<sup>nd</sup> and 23<sup>rd</sup> October 2019.
- Organized and Participated in Three Days Capacity Building Workshop for Educators on Social Norms around Gender and Health Care: Perspectives on Policy and practices conducted by Social Norms Knowledge Hub (SNKH), Faculty of Social Science, JMI, in collaboration with UNICEF India, from 20<sup>th</sup> to 23<sup>rd</sup> November 2019.

- Participated in Academic Session / Youth Parliament in the National Youth Festival,
   2018 from Nehru Yuva Kendra Sangathan / National Service Scheme, from 12 to 16
   January 2018 organized by Nehru Yuva Kendra Sangathan,
   Department of Youth affairs,
   Ministry of Youth affairs and Sports, Govt. of India.
- Organized two days capacity building workshop on "Substance Abuse Prevention and Counseling" for Post Graduate students organized by Faculty of Social Sciences, Jamia Millia Islamia, New Delhi in collaboration with National Institute of Social Defence, Ministry of Social Justice and Empowerment, Government of India, from 28<sup>th</sup> to 29<sup>th</sup> August 2018.
- Participated in the International Winter School & Faculty Development Programme on Grant Proposal and Scientific Writing in Health Services Research Under the Indo-US 21<sup>st</sup> Century Knowledge Initiatives Project from February 23<sup>rd</sup> to 24<sup>th</sup>, 2017 at Department of Social Work, JMI organized by Department of Social Work (UGC Centre of Advanced Study), JMI and School of Public Health, University of Minnesota (Twin Cities Campus), Minneapolis, MN, USA.
- Participated in the post conference workshop on "Psychology & Public Health: An Interface" on 24<sup>th</sup> March 2017 organized by Department of Psychology UGC DRS programme.
- Organized two days capacity building workshop on "Substance Abuse Prevention and Counseling" for Post Graduate students organized by Faculty of Social Sciences, Jamia Millia Islamia, New Delhi in collaboration with National Institute of Social Defence, Ministry of Social Justice and Empowerment, Government of India, on 25<sup>th</sup> and 26<sup>th</sup> August 2017.
- Organized one day awareness workshop on "Substance Abuse Prevention" for undergraduate/post graduate students, organized by Faculty of Social Sciences, Jamia Millia Islamia, New Delhi in collaboration with National Institute of Social Defence, Ministry of Social Justice and Empowerment, Government of India on 24<sup>th</sup> September 2017.
- Organized two days capacity building workshop for Teachers of Jamia Schools on "Substance Abuse Prevention and Treatment" organized by Faculty of Social Sciences, Jamia Millia Islamia, New Delhi in collaboration with National Institute of Social Defence, Ministry of Social Justice and Empowerment, Government of India, between 21<sup>st</sup> and 22<sup>nd</sup> December 2017.
- Participated in the NCTE-IGNOU Orientation Workshop on Teacher Education Regulations 2014, Norms and Standards, and New Curriculum Frameworks (for OUs and DEIs) organized by NCTE, New Delhi & STAFF Training and Research Institute of Distance Education IGNOU at Dr.S.Radhakrishnan Block, IGNOU on April 23-24, 2015.

- Participated in the Workshop on Right to Education: Scope and Challenges organized by UGC Center of Advanced Study, Dept. of Social Work and National Service Scheme, Jamia Millia Islamia on 26<sup>th</sup> March 2015.
- Participated in the one day orientation programme on Open and Distance Learning System organized by CDOL JMI on 28<sup>th</sup> March 2014.
- Participated in the one day programme on Commemoration of World Blood Donor Day at Conference Center, North Campus, and Delhi University on 14<sup>th</sup> June 2012.
- Participated in the 5 Days Refresher Training Programme of counsellor under held DSACS & SSR AditiMahaVidyalaye New Delhi at Delhi University from 18<sup>th</sup> July to 22th July 2011.
- Participated in the Refresher Training for Master Trainers on Targeted Interventions conducted by SAMRAKSHA and organized by SAKSHAM, GFATM, ROUND-7 in Bngalore from 5<sup>th</sup> June to 8th June 2011.
- Participated in the One Day modular Training Program on Intensified HIV-TB at DSACS ON 6<sup>th</sup> April 2011
- Participated in the one day Sensitization Workshop on HIV/AIDS Awareness for Jamia School Teachers held under NSS ,YFHC,ICTC Jamia Millia Islamia on 18<sup>th</sup> March 2010
- Attended a Training Programme on Mental Health held under DSACS & IBHAS on 7<sup>th</sup> May,2010.
- Conducted a Two days Sensitization Workshop for students on Life Skills Communication & HIV/AIDS Awareness held under NSS & YFHC,ICTC Jamia Millia Islamia on 25-26 May 2010.
- Conducted a Workshop on Adolescents Health Issues and HIV/AIDS Awareness for students held under held under NSS & YFHC,ICTC Jamia Millia Islamia on 23-24 June, 2010.
- Conducted a Three Days Orientation of NSS,RRC & ICTC and HIV/AIDS Awareness for Students held under held under NSS & ICTC Jamia Millia Islamia on 9-11August, 2010
- Participated in the HIV/AIDS Awareness Programe for Doctors of Ansari Health Center held under NSS & Youth Friendly Health Center J.M.I on 24<sup>th</sup> June 2009.

- Participated in thePeer Educator Training Program on HIV/AIDS Awareness held under NSS, ICTC JMI in Collaboration with DSACS from 12 to 14 August, 2009.
- Participated in the Doctors Training Programme for Stabilization Youth Friendly Health Center held under NSS & YFHC Jamia Millia Islamia from 17 to 18 November 2009.
- Participated in the **TOT WORKSHOP ON HIV/AIDS** Counselling held under the Global Fund Round-7, Sub-component at Depart of Social Work Jamia Millia Islamia New Delhi from July 21 to August 01, 2009.
- Participated in the NACO Training on HIV / AIDS Counselling Conducted by the Department of Psychology Jamia Millia Islamia New Delhi from May 21 to 1 June 2009.
- Participated in the **Research & Methodology** course, sponsored by UGC, held in the Department of Political Science, Jamia Millia Islamia in the year 2005.
- 32<sup>nd</sup> Indian Social Science Congress held at Jamia Millia Islamia, December 17-22, 2008.4
- National Seminar on **Positive Perspective of Health and Behavior** at M.D.UniversityRohtak, February 1-2, 2008.
- Participated and presented a paper on the titled "Mental Health of Male and Female HIV Positive Patient" in the 11<sup>th</sup> International & 42<sup>nd</sup>National Conference of Indian Academy of Applied Psychology on Applied Psychology for a Peaceful World at Jamia Millia Islamia, New Delhion February 15-17, 2007.
- Participated in the Two day workshop on" **Latest Trends in Sexual Counselling for the Adolescents and Youth**" at Jamia Millia Islamia New Delhi, on March 29-30, 2006.
- National Seminar on **Ethnic Minorities, Terrorism and Indian Culture** held at Jamia Millia Islamia (organized by the Department of Psychology) from 8-10 October, 2004.
- Participated in the Continuing Education in Clinical Psychology organized by Indian Association of Clinical Psychologist at G.B.PANTHOSPITAL, New Delhi on 26February, 2002

- Participated in the National Seminar on Technological Development and Psycho-Social Changes organized by the Department of Psychology, Faculty of Social Sciences, Jamia Millia Islamia New Delhi on 1-3 March, 2002.
- Participated in the Seminar on Implication of HIV/AIDS Interventions in Curriculum and Practice of Social work and HRM at Jamia Millia Islamia, New Delhi, on March 10-11' 2006.
- Participated in the National Seminar on" Ageing: Perspective and Challenges" at Jamia Millia Islamia New Delhi on 9-10 march 2007
- Participated and organized various Workshops related to topics of **Personality development, Communication & Skills and Life skills 2002, 2003, 2004 & 2005.**
- Participated in the oneday modular training on **TB-HIV Coordination** at New DelhiTuberculosisCenter, 1st February2008.
- Participated in the HIV / AIDS training programme sponsored by the Ministry of Youth Affairs and Sports at Jamia Millia Islamia New Delhi on September 9-11,2004.
- Participated in the One Day **Professional Development** Workshop organized by ROTARACT DIST. 3010, NSS & PRAVAH at Jamia Millia Islamia New Delhi on 11 Oct. 2003
- Participated in the Conference on "YOUTH FOR NATURE SOUTH ASIA" organized by WWF-INDIA New Delhi on 5-6 June, 2000.

## **Extra-Curricular Activities:**

- Organized a Nationwide Voluntary Blood Donation Campaign in the Jamia Millia Islamia campus on 17<sup>th</sup> September 2022.
- Celebration and Participated of World Environment Day in the **Jamia Millia Islamia** campus on 10<sup>th</sup> June Every Year.
- Celebration and Participated of International YOGA Day in the Jamia Millia Islamia campus on 21<sup>ST</sup> June every year.
- Coordinated in the event of Nukkad Natak for observing Vigilance Awareness Week from 30<sup>th</sup> October to 4<sup>th</sup> November 2017 on the theme – "My Vision – Corruption Free India" organized by CVO, JMI.
- Participated in the Special Camp held at NCC Camping Ground, JMI, from 16<sup>th</sup> to 22<sup>nd</sup> December 2017.

- Member of Organizing Committee A "CYCLE RALLY ON BUILDING INDIA SAFE FOR WOMEN (Safety, Security and Women Empowerment) from Srinagar (Jammu and Kashmir) to JAMIA MILLIA ISLAMIA New Delhi organized by NSS Jamia Millia Islamia in collaboration with University of Kashmir J&K ON 9<sup>th</sup> Nov. to 25 Nov. 2013.
- Member of Organizing Committee "CYCLE RALLY ON "SAVE WATTER SAVE EARTH" from Narkanda Shimla, H.Pto JAMIA MILLIA ISLAMIA New Delhi organized by NSS& NCC Jamia Millia Islamia 15 TH feb. 2013 to 27 feb. 2013.
- Member, Jamia Outreach Programs, Jamia Millia Islamia since July 2009 to 2010.
- Appointed as the Ambassador for Pease by Universal Pease Federation of India in 2008
- Appointed as the *Dir. Of Professional Service of the District Administrative Council* for the Year 2003-2004
- Elected the **President** of the Rotaract Club of Delhi, Okhla for 2001-2002, 2002-2003
- Appointed in Year 1999 till the Year 2002, **National Service Volunteer** of National Service Scheme by **the Ministry of H.R.D., Department of Youth Affairs & Sports**
- Elected as the **Vice-President** of the Rotaract Club of Delhi, Okhla for 1999-2001.
- Represented **West Bengal in the Senior National Baseball Championship** held at Chandigarh in March, 2000.
- Have received the Rotary Youth Leadership Award in 1999.

## ORGANIZED (NATIONAL AND INTERNATIONAL CAMPS/ PROGRAMMES)

- Organized and Participated in the National Integration Camp for the Year 2018 at Jamia Millia Islamia.
- Organized and Participated in the National Integration Camp for the Year 2017 at Jamia Millia Islamia.
- Organized and Participated in Youth for Service Volunteers Assembly on"
   Empowering Youths: Vision ,Values & Culture of Service " organized by NSS Jamia Millia Islamia , Family Federation for World Pease AND Unification and Youth Federation for World Peace-Indiaat Jamia Millia Islamia New Delhi on 22<sup>nd</sup> Nov. 2015,
- Member of Organizing Committee a "The Little Angels Children's Folk Ballet of Korea "World Pease Tour India on the occasion of Korean War 60<sup>th</sup> Anniversary

## & Centenary Celebration of Delhi as Capital of INDIA ON 19<sup>th</sup> Nov. to 25 Nov. 2011.

- Member of Seating Arrangement Committee for the Special Convocation, 2012&13. Jamia Millia Islamia
- Member of Seating Arrangement Committee for the Annual Convocation 2010 ,2011, 2012 ,2013& 2014 Jamia Millia Islamia.
- Member of Reception-cum-Accommodation Committee for North Zone Inter University Hockey Championship, 2011-2012 Jamia Millia Islamia.
- Organized and Participated as Host NSS Republic Day Parade Camp from 1<sup>st</sup> Jan to 31<sup>st</sup> Jan 2010& 2011, at Jamia Millia Islamia New Delhi.
- Organized and Participated Debate, Poster Making competition, Blood Donation Camp & HIV/AIDS Awareness Rally on the occasion of International Youth Day Celebration on 12 August from the year 2007 till the year 2011. At Jamia Millia Islamia.
- Member of Organizing Committee a Educational Festival (TalimiMela) 29Oct, 2<sup>nd</sup>Nov., 2006, 2007, 2008, 2009&2014on the occasion of Foundation day Jamia Millia Islamia.
- Organized and Participated in the National Integration Camp for the Year 1997, 1999, 2004, 2005-06& 2008-09.
- Organized in the NSS Jamia "Admission Information, Counselling and Guidance Center" since the Year 1997, till the year 2014.
- Organized a series of 10 Days Special Camps from the Year **1999** till the Year **2011 at Jamia Millia Islamia New Delhi**.
- Organized a series of Rural & Special camps from the Year 1999 till the Year 2008.
- Organized a number of **Hepatitis-B Immunization and Awareness camps from 2000** to 2002.
- Organized the NSS sponsored **Blood donation camps in** collaboration with the **Rotary Blood bank, and AIIMS Blood Banksince the Year 1999 till the year 2015.**
- Organized and participated **HIV / AIDS** awareness programme through the medium of **Health Mela,in the Year 2004,2005, 2006, 2007, 2008, 2009 & 2010.**
- Organized Rotary Youth Leadership Awards (RYLA),23-25 December 2007 at Jamia Millia Islamia

## **Personal Information:**

Date of Birth : 1<sup>st</sup> January, 1975

Father's Name : Late I.H. Zaidi

Nationality : Indian

Marital Status : Single

Languages Known : English, Urdu and Hindi

## **Interests:**

- Surfing the Internet in order to remain aware of the Current Affairs and to enhance my General Knowledge.
- Participating in various academics activities, socio-cultural activities and programmes in order to keep myself updated with the modern day social development methods and strategies.

(ABID HUSAIN)

Date:

Place: New Delhi