

JAMIA MILLIA ISLAMIA

DEPARTMENT OF HISTORY AND CULTURE

SUBJECT ASSOCIATION

on

‘Fit India Week’

invites you for



YOGA & MEDITATION

Date: 29th November, 2024

Time: 9 am

Venue: Department of History and Culture

**Prof Preeti Sharma
(Students' Advisor)**

**Prof N H Jafri
(HoD)**