



JAMIA MILLIA ISLAMIA

Celebrates

11TH INTERNATIONAL DAY OF YOGA (YOGA SANGAM)

“Yoga for One Earth, One Health”



Prof. Mazhar Asif
Hon'ble Vice-Chancellor, JMI



Prof. Md. Mahtab Alam Rizvi
Registrar, JMI



Prof. Neelofer Afzal
Dean Students' Welfare



Prof. Nafis Ahmad
Director (Games & Sports)

PROGRAMMES

YOGA TRAINING SESSIONS

(for Staff & Students of JMI)

Date: 10.06.2025 to 20.06.2025

**Venues: Boys' & Girls' Hostels
Campus & Sports Complex, JMI**

JAMIA YOG PARIKARMA CAMPAIGN

(Yoga Awareness Sessions)

Date: 10.04.2025 to 25.06.2025

Venue: Department of Sanskrit, JMI

INTERNATIONAL DAY OF YOGA

Date: 21st June, 2025

Time: 6:30 A.M. onwards

**Practice of Yoga as per Ministry of
Ayush, Government of India Protocol**

Venue: Sports Complex, JMI

All are cordially welcome and invited to celebrate “International Day of Yoga-2025”

Scan here to register 📲

