## **NOTICE**

**University Counseling & Guidance Centre, JMI** 

organizes a workshop on

Stress Management

Conducted by

Lt.Col. Riyaz Khan

Tranzition Institute for Excellence, Delhi

on

11<sup>th</sup> November (Tuesday) 2014

3:00 pm

Venue: Committee Room (Nehru Guest House)

Prof. Waheeda Khan

Hony. Director