

## **NOTICE**

**University Counseling & Guidance Centre  
Jamia Millia Islamia**

organizes a workshop on

# **Stress Management**

Conducted by

**Youth Enrichment Services (YES)**

&

**PsyIndia Foundation**

on

**15<sup>th</sup> March (Monday) 2010**

at

**2:00 pm**

**Venue: Committee Room (Nehru Guest House)**